

Milton Hospital - FY2010

Community Benefits Mission Statement

Milton Hospital's community benefits mission is to provide free or low-cost programs that address unmet health and wellness needs of racially, ethnically and linguistically diverse communities of Milton, Randolph, Quincy, Dorchester, Hyde Park, Braintree and Canton, in a manner shaped by community input, aligned with hospital resources, and guided by our objective to delivery high quality care with compassion, dignity and respect.

Target Populations

Name of Target Population	Basis for Selection	
Senior population of hospital's primary and secondary service area towns	"Health issues of senior citizens" identified as unmet need in 29% of responses in needs assessment	
School-aged population of hospital's primary and secondary service area towns	"Access to after-school programs" identified as unmet need in 19% of responses in needs assessment; formal interactions with local school districts further indentified a need to address health/wellness education deficits at schools	
Medically underserved population of hospital's primary and secondary service area towns	Statewide health priority; "Access to affordable care" identified as unmet need in 53% of responses in needs assessment	

Publication of Target Populations

Marketing Collateral, Website

Hospital/HMO Web Page Publicizing Target Pop.

www.miltonhospital.org/cb2010

Key Accomplishments of Reporting Year

Below are highlights of our 2010 Community Benefits Programs:

Improving access to affordable care:

In addition to offering over two dozen wellness education seminars and health screenings, Milton Hospital held its first annual Diabetes Assessment Fair in April, in partnership with the physicians of New England Quality Care Alliance (NEQCA). Attendees received valuable information and tools for managing their diabetes, took part in an exercise demonstration, and heard from a physician panel of diabetes experts.

Health issues for senior citizens:

Through our partnership with Beth Israel Deaconess Medical Center, Milton Hospital's Geriatrics Program is committed to improving care for our community's seniors. By partnering with many local rehabilitation and senior living facilities, the program improves communication between these facilities and the hospital. In addition, Milton Hospital offered several senior-focused education programs in 2010. We hosted the AARP Safe Driver driving refresher course, and provided educational opportunities for community seniors on topics such as nutrition, stroke and chronic obstructive pulmonary disease (COPD).

By providing grant funding, Milton Hospital helped Kit Clark Senior Services in Dorchester expand its "Fit-4-Life" program. This program provides Zumba®, Tai Chi and dance classes to reduce the burden of age-associated chronic disease among lower-income seniors. Over 80 seniors from various cultural backgrounds participated in the program. Kit Clark's "Fit-4-Life" program received the 2011 Network for Multi-Cultural Aging Award from the American Society on Aging.

School Partnerships:

In conjunction with the Randolph Public Schools, Milton Hospital has pioneered an innovative job shadowing program for Randolph High School students. The program gives students a taste of real-world career building, by encouraging them to choose between job opportunities, submit a resume and participate in a job interview. Students applied for shadowing opportunities in our laboratory, security department, radiology, facility maintenance, rehabilitation services and public relations,

among other departments.

A partnership with the Milton Public Schools provided funding to track key health indicators for 1,300 Milton students in grades 1, 4, 7 and 10. By identifying students at risk for health issues, the school system is able to intervene at an early stage and help students learn to live a healthier lifestyle.

With financial assistance from Milton Hospital, Canton Public Schools built this "Adventure Challenge" course, aimed at improving students' cardiovascular levels, social and emotional health, and self-esteem.

Cardiovascular Health:

In June, Milton Hospital held its first annual Community Health Walk, a 5-kilometer walk throughout the picturesque streets of Milton. In addition to highlighting the benefits of walking as a cardiovascular exercise, the walk raised funds for six community organizations to support a range of health programs. From schools to senior centers, funding helped launch health programs that touch many lives throughout our neighboring cities and towns.

In addition, the hospital partnered with Milton Public Schools to purchase defibrillator units for each of its public schools, and provided training to its school nursing staff on the proper use of these life-saving devices.

Plans for Next Reporting Year

In 2011, we have continuing to work toward the same goals that guided our 2010 programming. In addition, we are currently working toward completion of our most recent needs assessment (last assessment completed in 2008). Working in conjunction with graduate students from Boston University School of Public Health, this assessment, when completed, will incorporate public data, market statistics and survey results, hospital discharge data, and one-on-one guidance from community leaders.

Community Benefits Process

Select Community Benefits Process

Community Benefits Leadership/Team

Milton Hospital's Community Benefits Committee is a board-recognized committee, with representation from the hospital's senior leadership (including the President, VP of Finance and Chief Nursing Officer), patient advocacy, medical staff (including President of Medical Staff and Director of Geriatrics), and public relations, as well as community representation. Day-to-day operations of the Community Benefits program is overseen by the Public Relations Department, with guidance from the hospital president and Community Benefits Committee.

Community Benefits Team Meetings

The Community Benefits Committee meets approximately once per quarter, with additional meetings of online group discussions held as needed.

Community Partners

Our partners in delivering Community Benefits programs in 2010 included:

- American Association of Dermatology
- American Diabetes Association
- Beth Israel Deaconess Healthcare
- Beth Israel Deaconess Medical Center
- BMC HealthNet
- Canton Public Schools
- Curry College
- Fallon Ambulance Service
- Fruit Center Marketplace, Milton

Glory Daze Consignment, Milton
 Kit Clark Senior Services, Dorchester
 Massachusetts Department of Public Health
 Milton Chiropractic
 Milton Council on Aging
 Milton Early Childhood Alliance
 Milton Parks and Recreation
 Milton Primary Care
 Milton Public Schools
 Milton Youth Office
 Neilsen Eye Care
 New England Quality Care Alliance
 Prostate Conditions Education Council
 Randolph Public Schools
 South Shore Plaza, Braintree

Community Health Needs Assessment

Date Last Assessment Completed and Current Status

Our most recent needs assessment was completed in October 2008. We are currently working on completing a 2011 assessment, which we expect to complete during the summer of 2011.

Consultants/Other Organizations

Our 2008 assessment was completed using data collected from over 600 residents of the hospital's primary and secondary service area towns, in collaboration with RKM Research and Communications, Inc. of Portsmouth, NH. Our current assessment underway is being conducted with assistance from graduate students from Boston University School of Public Health.

Data Sources

Consumer Group, Interviews, Surveys

Select Community Benefits Programs

AARP Safe Driver Program

Brief Description or Objective

Sponsored by the American Association of Retired Persons (AARP) and hosted at Milton Hospital, this program is a comprehensive "refresher" driving course developed for drivers aged 50 and over. In total, 26 seniors attended.

Program Type

Community Education

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Other: Safety - Auto/Passenger
- **Sex:** All
- **Age Group:** Adult-Elder
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Provide health and wellness

Goal Status

Part of ongoing initiative

programming for seniors

Partners**Partner Name, Description** **Partner Web Address**

American Association of Retired Persons www.aarp.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Blood Screening Fair**Brief Description or Objective**

Blood is tested for glucose, calcium, protein and indicators of kidney and liver function. In addition, a complete "lipid profile" tests blood for cholesterol, triglycerides, HDL and LDL ("good" and "bad" cholesterol).

Program Type

Health Screening, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Access to Health Care, Other: Diabetes
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

Goals**Statewide Priority:** Not Specified**Goal Description**

Provide access to affordable health care opportunities

Goal Status

Part of an ongoing initiative

Provide blood screening (blood chemistry and total cholesterol) to 75 or more people at two blood screening events

63 total individuals were screened at 2 blood screening events

Partners**Partner Name, Description** **Partner Web Address**

Not Specified

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Adventure Programming: Adventure Fitness and Fun for Everyone**Brief Description or Objective**

Through our Community Health Walk, Milton Hospital raised funds to support this Canton Public Schools initiative. The schools built an innovative Adventure Challenge Low-Element Course to increase cardiovascular levels, social/emotional skills and self-esteem.

Program Type

Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Canton
- **Health Indicator:** Physical Activity
- **Sex:** All
- **Age Group:** Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** All
- **Language:** English

Goals**Statewide Priority:** Not Specified

Goal Description

Distribute grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.

Develop programming that addresses health education deficits at local schools

Goal Status

In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. This program received \$1,500. The Community Health Walk grants program is an ongoing initiative.

The fitness challenge is available to students of all Canton Public Schools. CPS data shows 99% of instructors feel the program achieves fitness and collaborative goals.

Partners**Partner Name, Description**

Canton Public Schools

Partner Web Address

www.cantonma.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

[Download/View Attachment](#) (54.30 KB)
File Name: Walk1Pager.pdf

Community Health Walk**Brief Description or Objective**

The Community Health Walk raised funds for six health programs designed by local organizations to promote physical fitness and wellness. Our 2010 walk resulted in \$7,750 raised and distributed to local organizations. Over 100 walkers participated in the walk.

Program Type

Community Health Needs Assessment, Community Participation/Capacity Building Initiative, Grant/Donation/Foundation/Scholarship, Outreach to Underserved, School/Health Center Partnership

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Raise funds to distribute as grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.

Provide education on the health benefits of walking and encourage community members to participate as a means of getting active.

Create an opportunity to gather direct feedback from the community agents regarding their view of unmet health needs.

Goal Status

In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. The Community Health Walk grants program is an ongoing initiative.

Over 100 walkers participated. The Community Health Walk is an ongoing initiative.

15 grant applications were received, which provided a unique opportunity for Milton Hospital to gather information from local health agencies regarding actual health needs

among their constituents.

Partners

Partner Name, Description	Partner Web Address
Fallon Ambulance Service, Sponsor	www.fallonambulance.com
Fruit Center Marketplace, Sponsor	www.fruitcentermarketplace.com
Milton Primary Care, Sponsor	
Neilsen Eye Care, Sponsor	www.golasik.net
Milton Chiropractic & Rehabilitation, Sponsor	www.miltonchiropractic.com

Contact Information Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description [Download/View Attachment](#) (358.02 KB)
File Name: Walk3pagerpdf.pdf

Community Education Lecture Series

Brief Description or Objective Provide access to free health education opportunities. Topics were selected based on needs assessment data and disease prevalence, and included chronic obstructive pulmonary disease, stress management, heart health for women, cholesterol management, stroke education and irritable bowel syndrome.

Program Type Community Education

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Access to Health Care, Other: Cardiac Disease, Other: Nutrition, Other: Pulmonary Disease/Tuberculosis, Other: Stress Management, Other: Stroke
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
Provide access to affordable health care opportunities	On average, each lecture drew 10 participants. The community education series is part of an ongoing initiative.
Offer health and wellness programming to seniors	On average, over 70% of attendees are age 60 or over.
Provide cardiovascular education	Three lectures covered cardiovascular topics, as well as two lectures which touched on cardiac health issues via a discussion of stress management

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description Not Specified

CPR Training

Brief Description or Objective To teach emergency procedures for cardiopulmonary resuscitation (CPR) and response to choking. (Re)certification by the American Heart Association upon successful completion. Courses were provided both at Milton Hospital, and through the Milton Public Schools Adult Education program.

Program Type Community Education

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Other: Safety, Other: Safety - Home
- **Sex:** All
- **Age Group:** All Adults
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
o Providing CPR training to 100 or more community members	103 students were certified though the hospital's CPR program.

Partners

Partner Name, Description	Partner Web Address
Milton Public Schools Adult Education	www.miltonps.org

Contact Information Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description Not Specified

Diabetes Health Assessment Fair

Brief Description or Objective Milton Hospital held its first annual Diabetes Assessment Fair in April, in partnership with the physicians of New England Quality Care Alliance (NEQCA). Attendees received valuable information and tools for managing their diabetes, took part in an exercise demonstrations and learned more about their disease from a panel of physicians.

Program Type Community Education, Health Screening, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** County-Norfolk
- **Health Indicator:** Access to Health Care, Other: Diabetes
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English , Haitian Creole

Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
• Provide access to affordable health care opportunities	Over 60 diabetic individuals attended. This effort is part of an ongoing initiative

Partners

Partner Name, Description	Partner Web Address
New England Quality Care Alliance	www.neqca.org
American Diabetes Association	www.diabetes.org
Curry College	www.curry.edu

Contact Information	Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
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Detailed Description	Not Specified
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Kit Clark Senior Services Fit-4-Life

Brief Description or Objective	Through our Community Health Walk, Milton Hospital raised funds to support this Kit Clark Senior Services initiative. Kit Clark provided fitness options for low-income seniors participating to promote healthy aging.
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Program Type	Grant/Donation/Foundation/Scholarship
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Target Population	<ul style="list-style-type: none"> • Regions Served: Boston-Dorchester, Boston-Jamaica Plain, Boston-Mattapan, Boston-Roxbury • Health Indicator: Access to Health Care, Other: Elder Care, Physical Activity • Sex: All • Age Group: Adult-Elder • Ethnic Group: Asian, Black/African American, Hispanic/Latino, White • Language: English
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Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
Distribute grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.	In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. This program received \$1,500. The Community Health Walk grants program is an ongoing initiative.
Offer health and wellness programming to seniors	The Fit-4-Life program drew 87 multi-cultural participants, and received the 2011 Network for Multi-Cultural Aging Award from the American Society on Aging.

Partners

Partner Name, Description	Partner Web Address
Kit Clark Senior Services, Inc.	www.kitclark.org

Contact Information	Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
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Detailed Description	Download/View Attachment (54.30 KB) File Name: Walk1Pager.pdf
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Milton Council on Aging "Healthy Lunches"

Brief Description or Objective	Provide health/wellness education to Milton seniors at lunch events.
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Program Type	Community Education
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Target Population	<ul style="list-style-type: none"> • Regions Served: Milton • Health Indicator: Access to Health Care • Sex: All • Age Group: Adult-Elder • Ethnic Group: All • Language: English
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Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
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offer health and wellness programming to seniors

5 lunch seminars were held, reaching an average of 50 seniors per event. This program is part of an ongoing initiative.

Partners

Partner Name, Description Partner Web Address

Milton Council on Aging www.miltoncouncilonaging.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Milton Schools Defibrillator Donation and Training

Brief Description or Objective

Milton Hospital partnered with Milton Public Schools to purchase defibrillator units for each of its public schools, and provided training to its school nursing staff on the proper use of these life-saving devices.

Program Type

Direct Services,Health Professional/Staff Training

Target Population

- **Regions Served:** Milton
- **Health Indicator:** Access to Health Care, Other: Cardiac Disease
- **Sex:** All
- **Age Group:** All Children
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Develop programming that addresses health education deficits at local schools

Goal Status

Part of an ongoing initiative.

Partners

Partner Name, Description Partner Web Address

Milton Public Schools www.miltonps.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Milton Early Childhood Alliance: "Dealing with Children's Health Issues"

Brief Description or Objective

Through our Community Health Walk, Milton Hospital raised funds to support this initiative. This three-part professional development series for early education and care professionals provided information on important children's health issues.

Program Type

Community Education,Health Professional/Staff Training

Target Population

- **Regions Served:** County-Norfolk
- **Health Indicator:** Access to Health Care, Other: Asthma/Allergies, Other: Child Care
- **Sex:** All
- **Age Group:** Adult, All Children
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Distribute grants to community In total, \$7,750 in grant funds

Goal Status

health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.

raised through the Community Health Walk were distributed. This program received \$1,500. The Community Health Walk grants program is an ongoing initiative.

develop programming that addresses health education deficits at local schools

In total, 48 child care professionals took part in these educational programs, representing 6 towns.

Partners

Partner Name, Description

Partner Web Address

Milton Early Childhood Alliance	www.miltonearlychildhoodalliance.org
Hyde Park Pediatrics	www.hydeparkpedi.com
Asthma and Allergy Foundation of America	www.aafa.org
Fallon Ambulance Service	www.fallonambulance.com

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

[Download/View Attachment](#) (645.59 KB)
File Name: MECA.pdf

Milton High School "Wellness Intervention for Milton High School Students"

Brief Description or Objective

Through our Community Health Walk, Milton Hospital raised funds to support this initiative. MPS students in grades 1, 4, 7 and 10 receive a health screening and ongoing support to improve wellness and encourage long-term health.

Program Type

Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Milton
- **Health Indicator:** Access to Health Care, Overweight and Obesity
- **Sex:** All
- **Age Group:** All Children
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Goal Status

Distribute grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.

In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. This program received \$1,500. The Community Health Walk grants program is an ongoing initiative

Develop programming that addresses health education deficits at local schools

Through BMI screening and exercise and nutrition education, over 1,300 Milton students received access to this wellness program.

Partners

Partner Name, Description

Partner Web Address

Milton Public Schools	www.miltonps.org
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Contact Information Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description [Download/View Attachment](#) (54.30 KB)
File Name: Walk1Pager.pdf

Town of Milton Youth Office "Walk and Talk with Your Elected Officials"

Brief Description or Objective Through our Community Health Walk, Milton Hospital raised funds to support this initiative. This organization will develop a forum to exercise, ask questions/impart health related information and have a heart healthy lunch with Milton elected officials.

Program Type Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Milton
- **Health Indicator:** Physical Activity
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
Distribute grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.	In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. This program received \$500. The Community Health Walk grants program is an ongoing initiative.

Partners

Partner Name, Description	Partner Web Address
Town of Milton Youth Office	www.townofmilton.org

Contact Information Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description [Download/View Attachment](#) (54.30 KB)
File Name: Walk1Pager.pdf

Prostate Cancer Screening

Brief Description or Objective Prostate cancer education and screening provided at a September event free of charge.

Program Type Health Screening

Target Population

- **Regions Served:** County-Norfolk
- **Health Indicator:** Other: Cancer - Prostate
- **Sex:** Male
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** English , Spanish

Goals

Statewide Priority: Not Specified

Goal Description	Goal Status
• Provide access to affordable health care opportunities	Part of an ongoing initiative
o Screen 50 or more men for prostate cancer during September screening	23 men took part in this screening

Partners

Partner Name, Description **Partner Web Address**

Mass Bay Urologic Associates none
Prostate Conditions Education Council www.prostateconditions.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186
617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Randolph High School "Eat Healthy, Get Active"

Brief Description or Objective

Through our Community Health Walk, Milton Hospital raised funds to support this initiative. Three after-school health education/physical activity courses for implementation in the Randolph Public Schools; includes Zumba and Healthy Eating/Cooking.

Program Type

Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Randolph
- **Health Indicator:** Access to Health Care, Other: Nutrition, Overweight and Obesity, Physical Activity
- **Sex:** All
- **Age Group:** All Children
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Not Specified

Goal Description

Distribute grants to community health service providers whose proposed use of funds align with one or more of Milton Hospital's Community Benefits goals.

Goal Status

In total, \$7,750 in grant funds raised through the Community Health Walk were distributed. This program received \$1,500. The Community Health Walk grants program is an ongoing initiative.

Partners

Partner Name, Description **Partner Web Address**

Randolph Public Schools www.randolph.k12.ma.us

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186
617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

[Download/View Attachment](#) (54.30 KB)
File Name: Walk1Pager.pdf

Randolph School Job Shadowing Partnership

Brief Description or Objective

Following a work based learning plan, the program offers students real-world career building experience, by encouraging them to choose between job opportunities, submit a resume and participate in a job interview. Students applied for shadowing opportunities in our laboratory, security department, radiology, facility maintenance, rehabilitation services and public relations, among other departments.

Program Type

Community Participation/Capacity Building Initiative, Mentorship/Career Training/Internship, School/Health Center Partnership

Target Population

- **Regions Served:** Randolph
- **Health Indicator:** Other: Education/Learning Issues
- **Sex:** All
- **Age Group:** Child-Teen
- **Ethnic Group:** All
- **Language:** English

Goals**Statewide Priority:** Not Specified**Goal Description**

o Enrollment of 12 or more students in an after-school job shadowing program

Goal Status

Over 60 students took part in 2 "career fair" events. Over 25 submitted applications for a shadowing opportunity, and approximately 15 students were selected for job shadowing opportunities.

Partners**Partner Name, Description**

Randolph Public Schools
South Shore Workforce Investment Board

Partner Web Address

www.randolph.k12.ma.us
www.southshorewib.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

[Download/View Attachment](#) (458.84 KB)
File Name: page 8 proof.pdf

Safe Sitter**Brief Description or Objective**

Safe-Sitter is a one-day course for young persons, ages 11-13, before they begin actively baby-sitting. Safe-Sitter uses discussion, practice and role-playing to teach participants more about: how to handle emergencies, safety precautions, etc.

Program Type

Community Education

Target Population

- **Regions Served:** Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** Child-Preteen
- **Ethnic Group:** All
- **Language:** English

Goals**Statewide Priority:** Not Specified**Goal Description**

• Identify opportunities and create programs to address a deficit in health and wellness opportunities for school-aged children

Goal Status

In total, three classes were held, and approximately 70 students completed this course

Partners**Partner Name, Description**

Safe Sitter, Inc.

Partner Web Address

www.safesitter.org

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Skin Cancer Screening**Brief Description or Objective**

Provide free skin cancer screening to community

Program Type

Health Screening

Target Population	Regions Served: Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph <ul style="list-style-type: none"> • Health Indicator: Access to Health Care, Other: Cancer - Skin • Sex: All • Age Group: All • Ethnic Group: All • Language: English , Spanish
Goals	
Statewide Priority: Not Specified	
Goal Description	Goal Status
o Screen 90 or more people for skin cancer during June screening	Approximately 85 participants were screened at this event.
Partners	
Partner Name, Description	Partner Web Address
South Shore Skin Surgeons	none
South Shore Dermatology	none
American Academy of Dermatology	www.aad.org
Contact Information	Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
Detailed Description	Not Specified

Tai Chi

Brief Description or Objective	In this six-week course students learn the first third of the movements, as well as related Chi Gung exercises and principles of relaxation and healthy posture.
Program Type	Direct Services
Target Population	Regions Served: Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph <ul style="list-style-type: none"> • Health Indicator: Physical Activity • Sex: All • Age Group: Adult • Ethnic Group: All • Language: English
Goals	
Statewide Priority: Not Specified	
Goal Description	Goal Status
Provide access to affordable health care opportunities	Part of an ongoing initiative.
Partners	
Partner Name, Description	Partner Web Address
Ron Marcotte, Instructor	none
Contact Information	Jason Bouffard Public Relations Manager Milton Hosiptal 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
Detailed Description	Not Specified

Yoga

Brief Description or Objective	Breathing, stretching and relaxation techniques offered to students of all ages.
Program Type	Direct Services

Target Population	Regions Served: Boston-Dorchester, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph <ul style="list-style-type: none"> • Health Indicator: Physical Activity • Sex: All • Age Group: Adult • Ethnic Group: All • Language: English
Goals	
Statewide Priority: Not Specified	
Goal Description	Goal Status
provide access to affordable health care opportunities	Part of an ongoing initiative
Partners	
Partner Name, Description	Partner Web Address
Fern Ross Israel, MA, LMHC, Instructor	none
Contact Information	Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
Detailed Description	Not Specified

Colorectal Cancer Awareness Campaign

Brief Description or Objective	Awareness print campaign held at South Shore Plaza, aimed at increasing awareness of the importance of screenings to reduce the risk of colorectal cancer
Program Type	Community Education
Target Population	<ul style="list-style-type: none"> • Regions Served: County-Norfolk, County-Plymouth • Health Indicator: Other: Cancer - Colo-rectal • Sex: All • Age Group: Adult • Ethnic Group: All • Language: English
Goals	
Statewide Priority: Not Specified	
Goal Description	Goal Status
To provide educational materials and increase awareness of preventable measures available to reduce the risk of colorectal cancer	Campaign completed in April, 2010
Partners	
Partner Name, Description	Partner Web Address
South Shore Plaza, Braintree	www.southshoreplaza.com
CDC - Screen for Life: National Colorectal Cancer Action Campaign	www.cdc.org/screenforlife
Contact Information	Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org
Detailed Description	Download/View Attachment (2688.07 KB) File Name: couric_17x22_poster.jpg

"On Call" educational articles

Brief Description or Objective	Five articles included in our community newsletters offered health/wellness education on the topics of stroke, safe driving for seniors, childhood obesity, sleeping disorders and treatment
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for irritable bowel syndrome.

Program Type

Community Education

Target Population

- **Regions Served:** Boston-Downtown, Boston-Hyde Park, Boston-Mattapan, Braintree, Canton, Milton, Quincy, Randolph
- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Reducing Health Disparity

Goal Description

To provide health/wellness education to residents of Milton Hospital's primary and secondary services area towns.

Goal Status

The five articles were distributed to approximately 125,000 area households. This effort is part of an ongoing initiative.

Partners**Partner Name, Description**

Milton Hospital Medical Staff

Partner Web Address

none

Contact Information

Jason Bouffard Public Relations Manager Milton Hospital 199 Reedsdale Road Milton, MA 02186 617-313-1557, jason_bouffard@miltonhospital.org

Detailed Description

Not Specified

Expenditures

Program Type	Estimated Total Expenditures for FY2010	Approved Program Budget for 2010
Community Benefits Programs	Direct Expenses \$90,962 Associated Expenses \$0 Determination of Need Expenditures \$0 Employee Volunteerism \$13,060 Other Leveraged Resources \$6,618	\$60,547 *Excluding expenditures that cannot be projected at the time of the report.
Net Charity Care	HSN Assessment \$833,267 HSN Denied Claims \$59,948 Free/Discount Care \$113,009 Total Net Charity Care \$1,006,224	
Corporate Sponsorships	\$7,896	
	Total Expenditures \$1,124,760	
Total Patient Care-Related Expenses for FY2010		\$61,507,061
Comments: None		

Optional Information

Expenditures	Amount		
Community Service Programs	Direct Expenses	Not Specified	
	Associated Expenses	Not Specified	
	Determination of Need	Not Specified	
	Expenditures		
	Employee Volunteerism	Not Specified	
	Other Leveraged Resources	Not Specified	
Total Community Service Programs	Not Specified		
Bad Debt:	\$2,070,871 Certified		
IRS 990:	\$104,572 2010		