

HOUSE No. 220

Bill accompanying the petition of R. F. Nelligan and another for the promotion of health education in the public schools. Education and Public Health. January 12.

The Commonwealth of Massachusetts.

In the Year One Thousand Nine Hundred and Twenty.

AN ACT

To promote Health Education in the Public Schools.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. The department of education, after con-
2 sultation with the department of public health, shall es-
3 tablish minimum rules and regulations and courses of
4 instruction for the practice and teaching of health educa-
5 tion in the public schools and the normal schools of the
6 commonwealth. This shall include instruction in personal
7 and community health, physical activities related to
8 healthful living, and normal recreation.

1 SECTION 2. The commissioner of education, with the
2 approval of the board of education, shall appoint a direc-

3 tor of health education, with necessary associates, who
4 shall be qualified to supervise and direct the work of
5 health education and physical activity.

1 SECTION 3. The director of health education shall,
2 under the supervision of the commissioner of education,
3 work in close co-operation with the school physicians, pub-
4 lic health officers and civic agencies in promoting child
5 welfare.

1 SECTION 4. The school committees in cities and towns,
2 or groups of towns, shall appoint a supervisor of health
3 education, with necessary associates, who shall, under the
4 direction of the school committee, establish, supervise and
5 direct systematic courses of instruction in health and of
6 physical activity.

1 SECTION 5. Each city and town, or groups of towns,
2 shall furnish adequate instruction and supervision to pro-
3 vide each pupil with a minimum of sixty minutes of sys-
4 tematic health instruction, physical exercise, and recess
5 play during each school day. The school committee may
6 arrange for the use of the school buildings and grounds
7 after regular school hours as community centers for the
8 promotion of healthy recreation.

1 SECTION 6. The state shall appropriate annually to
2 the state department of education a minimum of three
3 cents per year per child (six to eighteen years of age) for
4 the promotion, supervision and inspection of health in-
5 struction and directed physical activity.

1 SECTION 7. This act shall take effect on September
2 first, nineteen hundred and twenty.

