

By Ms. Melconian, a petition (accompanied by bill, Senate, No. 704) of Linda J. Melconian and John P. Burke for legislation relative to public disclosure by health insurers. Insurance.

The Commonwealth of Massachusetts

In the Year One Thousand Nine Hundred and Eighty-Seven.

AN ACT RELATIVE TO PUBLIC DISCLOSURE BY HEALTH INSURERS.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 175 of the General Laws, as appearing
2 in the 1984 Official Edition, is hereby amended by inserting after
3 Section 2B the following new section:

4 Section 2C. Disclosure by Health Insurers.

5 (a) Definitions. The following words, as used in this section,
6 unless the context otherwise requires or a different meaning is
7 specifically prescribed, shall have the following meanings:

8 "Access", the insured's admittance to a health care system or
9 to health care services within such health care system.

10 "Benefits", medical, surgical, or hospital services for which one
11 is insured under a policy or contract of health insurance.

12 "Capitation", a method of payment for health care services
13 whereby the provider is paid a fixed amount for each person
14 served irrespective of services delivered.

15 "Commissioner", the commissioner of insurance.

16 "Derived economic disincentives", financial deterrents to an
17 insured or a provider from using, performing, or ordering, or from
18 not using, performing, or ordering, as the case may be, health care
19 services, which deterrents are the implicit result of conditions
20 imposed on a health care system by a policy or contract of health
21 insurance.

22 "Derived economic incentives", financial incentives upon an
23 insured or a provider to use, perform, or order, or not to use,
24 perform, or order, as the case may be, health care services, which

25 incentives are the implicit result of conditions imposed on a health
26 care system by a policy or contract of health insurance.

27 “Explicit economic disincentives”, financial deterrents to an
28 insured or a provider from using, performing or ordering, or from
29 not using, performing, or ordering, as the case may be, health care
30 services, which deterrents are either stated or otherwise obvious
31 from the terms of a policy or contract of health insurance.

32 “Explicit economic incentives”, financial incentives upon an
33 insured or a provider to use, perform, or order, or not to use,
34 perform or order, as the case may be, health care services, which
35 incentives are either stated or otherwise obvious from the terms
36 of a policy or contract of health insurance.

37 “Fee-for-service”, a method of reimbursement for health care
38 services to a provider based on payment for each specific service
39 rendered.

40 “Health care”, medical, surgical or hospital services pertaining
41 to the health of an insured.

42 “Health care system”, the institutional framework for the
43 provision of health care services to an insured as set forth in a
44 policy or contract of health insurance.

45 “Health insurance”, policies or contracts of insurance upon the
46 health of individuals which provide medical, surgical, or hospital
47 expense benefits whether on an indemnity, reimbursement, service
48 or prepaid basis, as described in General Laws Chapter 175,
49 Section 47, Clause Sixth, Subdivision (d); or contracts to
50 subscribers of hospital service corporations subject to General
51 Laws, Chapter 176A, Section 6 or Section 8 or both; or contracts
52 to subscribers of medical service corporations subject to General
53 Laws, Chapter 176B, Section 4 or Section 6 or both; or contracts
54 to subscribers or members of medical service corporations subject
55 to General Laws, Chapter 176C, Section 8; or policies of medical
56 service corporations providing supplemental coverage to health
57 insurance under Title XVIII of the Social Security Act, to the
58 extent permitted under federal law; or policies or contracts of
59 insurance upon the health of individuals contained in benefit plans
60 which are based upon the Employee Retirement Income Security
61 Act of 1974, to the extent permitted under federal law; or policies
62 or contracts to subscribers or members of health maintenance
63 organizations subject General Laws, Chapter 176G; or contracts

64 to subscribers of any other plan for the delivery of health care
65 to an insured, such as the plan of a preferred provider
66 organization, whether or not such plan is subject to statute or
67 regulation apart from this section.

68 "Insurer", any individual, corporation, association, partner-
69 ship, reciprocal exchange, interinsurer, Lloyds, fraternal benefit
70 society, hospital service corporation, medical service corporation,
71 health maintenance organization, or preferred provider
72 organization, with whom a policy or contract of health insurance
73 is made.

74 "Policy", any policy, plan, certificate, contract, agreement,
75 statement of coverage, evidence of coverage, rider or endorsement
76 which provides health benefits or medical, surgical or hospital
77 expense benefits, whether on an indemnity, reimbursement,
78 service or prepaid basis to the insured.

79 "Preferred Provider Organization", an organization or
80 association for the provision of health care services to a defined
81 population of insureds on a fee-for-service basis at established
82 fees, which may or may not be at discount by a designated panel
83 of providers who contract with an insurance carrier, employer
84 and/or an insured for such purpose, pursuant to which contract
85 such insured enjoys enjoys a choice among providers, although
86 at a financial disincentive to such insured as to providers outside
87 the designated panel.

88 "Primary Care Physician", a physician licensed under General
89 Laws, Chapter 112, such as a general practitioner, internist,
90 obstetrician, gynecologist or pediatrician, who has first contact
91 care of an insured's medical problems.

92 "Provider", a physician licensed under General Laws Chapter
93 112, a hospital, clinic or other entity, person, partnership,
94 corporation or other organizational type which provides health
95 care services to an insured.

96 "Specialist", a physician who practices a medical or surgical
97 specialty and who generally does not have initial contact with an
98 insured in the delivery of health care services.

99 "Utilization", the use of health care services by an insured under
100 a policy or contract of health insurance.

101 "Utilization Control Mechanisms", the mechanisms and

102 conditions that control and/or restrict access or the use of health
103 care services in a health care system.

104 (b) Disclosures. Notwithstanding the provisions of any general
105 or special law to the contrary, every policy or contract of health
106 insurance delivered or issued for delivery to any person or entity
107 in the commonwealth shall have been on file for 30 days with the
108 commissioner, unless before the expiration of said 30 days the
109 commissioner shall have approved such policy or contract in
110 writing as complying with this section. If within said 30 days the
111 commissioner has not in writing approved or disapproved such
112 policy or contract as being in compliance with this section, or as
113 not being so in compliance, as the case may be, such policy or
114 contract shall be deemed approved. Such policy or contract shall
115 not be delivered or issued for delivery if the commissioner notifies
116 the insurer in writing within said 30 days that in his opinion the
117 form of said policy or contract does not comply with the
118 provisions of this section, specifying the reasons for his opinion.
119 However, any action or non-action of the commissioner as
120 provided for in the preceding three sentences shall be subject to
121 review by the Supreme Judicial Court, upon petition by the
122 insurer or by any aggrieved insured, provider, or employer, and
123 during such review such policy or contract shall not be delivered
124 or issued for delivery in the commonwealth.

125 Every policy or contract of health insurance shall disclose in a
126 clear, concise, complete, explicit and understandable manner the
127 following:

128 (1) the health care services and any other benefits to which the
129 insured is entitled;

130 (2) the restrictions on the scope of health care services and any
131 other benefits to be provided, including the non-covered services
132 and an explanation of any utilization control mechanisms which
133 may restrict the insured's access to health care services;

134 (3) the locations where, and the method in which, health care
135 services and any other benefits may be obtained;

136 (4) the financial management of the health care system
137 including;

138 (a) the method of payment to providers, whether on a fee-for-
139 service, capitation, salaried, or other basis; and

140 (b) the method of payment to specialists referred by primary
141 care physicians; and

142 (c) the financial obligations and financial risks, which
143 obligations and risks are either stated or implicit in such policy
144 or contract, upon providers in performing health care services
145 covered under such policy or contract, and in ordering or not
146 ordering such services, as the case may be; and

147 (d) the number of providers in the health care system as of
148 January first of the calendar year in which such policy or contract
149 is to be delivered.

150 (5) the effect of the financial management of the health care
151 system upon providers including:

152 (a) the explicit economic incentives and the derived economic
153 incentives, to utilize or not to utilize the health care system; and

154 (b) the explicit economic disincentives and the derived
155 economic disincentives, to utilize or not to utilize the health care
156 system; and

157 (c) the explicit economic incentives, the derived economic
158 incentives, the explicit economic disincentives and the derived
159 economic disincentives upon primary care physicians, to utilize
160 or not to utilize the services of specialists or other health care
161 services and procedures which are ancillary to those performed
162 by primary care physicians.

163 (6) the effect of the financial management of the health care
164 system upon the insured including:

165 (a) the explicit economic incentives, the derived economic
166 incentives, the explicit economic disincentives and the derived
167 economic disincentives, to utilize or not to utilize the health care
168 system, including, without limitation, utilization or non-utilization
169 of designated providers of a preferred provider organization and
170 utilization of outpatient services; and

171 (b) the financial risks upon an insured in his or her decision
172 whether to utilize or not to utilize health care services covered by
173 such policy or contract.

174 There shall accompany, or be attached to, every policy or
175 contract of health insurance, as part of the form of such policy or
176 contract, a pamphlet or brochure containing in readable and
177 understandable form, a short summary of the above disclosures.

178 Prior to contracting with a employer for the provision of

179 health insurance to employees of said employer, an insurer shall
180 make available to said employer a sufficient number of copies of
181 such brochure or pamphlet for the purpose of distributing same
182 to each such employee and said employer shall give to such
183 employees written and reasonable timely notice of such
184 availability.

185 The commissioner shall promulgate rules and regulations as are
186 necessary to carry out the provisions of this section. He shall also
187 promulgate rules and regulations to require that, to the extent
188 reasonably practicable and not otherwise prohibited by law, the
189 advertising of policies or contracts of health insurance shall
190 contain the disclosures required by this section.

191 Rules and regulations made pursuant to the authority of this
192 section shall be adopted in accordance with the procedures of
193 General Laws, Chapter 30A, Section 2 and shall be subject to
194 review as set forth said Chapter 30A, Section 7.

1 SECTION 2. Section 14 of Chapter 176B of the General Laws,
2 as so appearing, is hereby amended by inserting in the third
3 sentence after the word “chapter”, the words: “or in General Laws,
4 Chapter 175, Section 2C”.

1 SECTION 3. Section 2 of Chapter 176G of the General Laws,
2 as so appearing, is hereby amended by inserting immediately after
3 the words “Except as hereinafter provided in this chapter” the
4 words: “or in General Laws, Chapter 175, Section 2C”.

