

## Winchester Hospital - FY2004

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### Summary Narratives

#### **Community Benefits Mission Statement**

To ensure that the highest quality health care continues to be delivered through the coordination of available resources for the purpose of improving the health of the communities we serve.

#### **Program Organization and Management**

Winchester Hospital senior management is involved in the planning and execution of the Community Benefit Program.

The Osteoporosis Early Detection and Prevention team, comprised of an RN and administrative assistant, reports to the Associate Director of the Community Health Institute who reports to the Director of the Community Health Institute who reports to the Vice President for Human Resources/Legal who reports to the President and CEO. The Osteoporosis Community Benefit Advisory Board is instrumental in assessing the needs of the community and planning interventions.

#### **Key Collaborations and Partnerships**

Council on Aging Directors from Woburn, Burlington, and Medford; Wilmington Director of Elder Services; Salter Healthcare system; Executive Director, Reading YMCA; Reading Board of Health; Minuteman Senior Services; Medford VNA; Woburn Senior Center; advisory boards

#### **Community Health Needs Assessment**

The process included gathering information from Yankee Alliance, Miser, DPH and it's Division of Health Care Quality, and hospital discharge data. Next we met with several community groups - seniors, community organizations, community leaders, and open sessions to find out the perceived needs of the community members. Results of our findings indicated a need to focus on our senior population. The seniors desired education on HMO's, legislation, and medical terminology. Their medical needs included flu immunization access, chronic disease management, education and screenings.

#### **Community Benefits Plan**

The target population is the seniors. The priority is the Osteoporosis Early Detection and Prevention Program. The program's effectiveness will be evaluated by looking at the number of participants in the program and the success of the community advisory committee. Long term strategic plans include meeting on a regular basis with our community advisory groups to identify health needs. Through this process we will be able to identify future community benefit programs.

#### **Key Accomplishments of Reporting Year**

The Osteoporosis Early Detection and Prevention Program screened 3,784 participants and found 30% with osteopenia and 7% with osteoporosis. The Senior Outreach Initiative held 60 events which reached 9,000 seniors from 9 towns within Winchester Hospital's PSA. The Home Blood Draws program had 4,560 participants this year. The Pediatric Asthma Program has seen 126 children with only two having hospital readmissions. The Outpatient Heart Failure began in March and currently has 82 participants with only one being readmitted to the hospital.

#### **Plans for Next Reporting Year**

The Osteoporosis Prevention and Early Detection Program will continue screening. With education, early detection and treatment, we can decrease the number of breaks and fractures which will result in decreased hospitalizations.

The Pediatric Asthma Program will continue to see referred children. This type of program will decrease unnecessary emergency department visits, inpatient admissions and preventable physician office visits while improving the overall management of the asthma population.

The new Outpatient Heart Failure Program will continue to provide education as well as early identification and intervention of heart failure exacerbation and close follow-up of heart failure management.

The Senior Outreach Initiative and home blood draws will continue in order to meet the needs of the elderly within Winchester Hospital PSA.

## Select Community Benefits Programs

### The Osteoporosis Early Detection and Prevention Program

<b>Brief Description or Objective</b>	To provide community screening, risk assessment and education on osteoporosis
<b>Program Type</b>	Community Education
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Not Specified</li> <li>• <b>Health Indicator:</b>Other: Osteoporosis/Menopause</li> <li>• <b>Sex:</b>Female</li> <li>• <b>Age Group:</b>All Adults</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• businesses, schools, YMCA's, churches, advisory board</li> </ul>
<b>Contact Information</b>	Cathy Wrotny RN, MS, CS  <a href="mailto:cwrotny@winhosp.org">cwrotny@winhosp.org</a>
<b>Detailed Description</b>	Not Specified

### Senior Outreach

<b>Brief Description or Objective</b>	To assess and meet the needs of the senior population
<b>Program Type</b>	Direct Services
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Not Specified</li> <li>• <b>Health Indicator:</b>Access to Health Care</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>Adult-Elder</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• Councils on Aging, advisory groups</li> </ul>
<b>Contact Information</b>	Marylou Hardy <a href="mailto:mhardy@winhosp.org">mhardy@winhosp.org</a>
<b>Detailed Description</b>	Not Specified

### Home Blood Draws

<b>Brief Description or Objective</b>	To provide community blood draws for participants unable to come to a lab
<b>Program Type</b>	Direct Services
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Not Specified</li> <li>• <b>Health Indicator:</b>Access to Health Care</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>All</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	Not Specified
<b>Contact Information</b>	Larry Pickering <a href="mailto:lpickering@winhosp.org">lpickering@winhosp.org</a>
<b>Detailed Description</b>	Not Specified

### Pediatric Asthma Program

<b>Brief Description or Objective</b>	To ensure the effective control of asthma by encouraging a partnership among patients, family, physician, and other health professionals through treatment and education
<b>Program Type</b>	Community Benefits Planning Process
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Not Specified</li> <li>• <b>Health Indicator:</b>Other: Asthma/Allergies</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>All Children</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• schools, families, advisory group</li> </ul>
<b>Contact Information</b>	Debra King RN 7 Alfred Street, Suite 270 Woburn, MA 01801 <a href="mailto:daking@winhosp.org">daking@winhosp.org</a>
<b>Detailed Description</b>	Not Specified

### Outpatient Heart Failure Program

<b>Brief Description or Objective</b>	To provide education, early identification and intervention of heart failure exacerbation and close follow-up of heart failure management.
<b>Program Type</b>	Health Screening
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Winchester</li> <li>• <b>Health Indicator:</b>Other: Cardiac Disease</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>All Adults</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• physicians</li> <li>• families</li> </ul>

**Contact Information** Sheila Shelley RN, BS

[sshelley@winhosp.org](mailto:sshelley@winhosp.org)

**Detailed Description** Not Specified

<b>Program Type</b>	<b>Estimated Total Expenditures for FY2004</b>	<b>Approved Program Budget for 2005</b>
Community Benefits Programs	<a href="#">Direct Expenses</a> \$512,820	\$671,649 <small>* Excluding expenditures that cannot be projected at the time of the report.</small>
	<a href="#">Associated Expenses</a> \$228,592	
	<a href="#">Determination of Need Expenditures</a> \$0	
	<a href="#">Employee Volunteerism</a> \$0	
	<a href="#">Other Leveraged Resources</a> \$115,780	
Community Service Programs	<a href="#">Direct Expenses</a> \$192,000	
	<a href="#">Associated Expenses</a> \$0	
	<a href="#">Determination of Need Expenditures</a> \$0	
	<a href="#">Employee Volunteerism</a> \$0	
	<a href="#">Other Leveraged Resources</a> \$0	
Net Charity Care	\$3,558,064	
Corporate Sponsorships	\$0	
	<b>Total Expenditures</b> \$1,049,192	
<b>Total Patient Care-Related Expenses for FY2004</b>		\$160,356,640
Comments: None		