

Milford Regional Medical Center - FY2005

Summary Narratives

Community Benefits Mission Statement

To offer a variety of community programs which target the specific healthcare needs and concerns identified in our service area.

Program Organization and Management

The Community Benefits Coordinator reports directly to the Director of PR/Marketing who reports directly to the President/CEO. The Community Benefits Coordinator meets twice each year with the Community Benefits Advisory Group to determine programs and events for the following six months. Following review of information provided by the Community Benefits Coordinator, the Community Benefits plan is approved by the Director of PR/Marketing.

Key Collaborations and Partnerships

A key collaboration continues to be Milford Regional's active participation in Community Partners for Health, CHNA-6. Programs are planned in conjunction with Milford Regional clinicians and other hospital staff and representatives from collaborating partners to present a well-rounded package of free lectures and programs. Other key partnerships include the American Cancer Society, Blackstone Valley Regional Vocational Technical High School, Tri-Valley Elder Services, the Division of Preventive and Behavioral Medicine at Umass Medical School and Wayside Youth and Family Support Network.

Community Health Needs Assessment

In order to choose a Community Benefits Focus for fiscal year 2005, we reviewed the needs, as identified by CHNA as well as statistical information available for our service area. "Facing the Golden Years" was chosen as the focus of our 2005 Community Benefits Plan in order to formally address pertinent and important issues of concern to our senior population and their families and caregivers. Once setting the focus, the Community Benefits Coordinator met with hospital staff to plan programs and further pinpoint specific areas to address. The result was a further narrowing of our focus to address three specific areas of concern within the general focus. Consequently, our Community Benefits Plan for 2005 addresses the medical, social and financial concerns of the seniors in our service areas.

Community Benefits Plan

Based on our community needs assessment, our target population for fiscal year 2005 continued to be adults of our service area. Our process for evaluating the effectiveness of our programs has been through participant feedback (written evaluations including suggestions). The evaluations are reviewed by the Community Benefits Coordinator and the Community Benefits Advisory Committee and used to determine future programs. For the future, we will continue to pursue partnerships with community groups, such as CHNA, so we may continue to offer programs that meet the needs of our service area.

Key Accomplishments of Reporting Year

Our Lecture Series and our "Society for Healthy Living" programs were major accomplishments during fiscal year 2005. The free lectures and programs were very successful and provided an opportunity to bring community members from our service area together with Milford Regional Medical Center staff and physicians as well as representatives of local social service agencies and medical facilities. We continued to offer our popular wellness programs, including yoga, t'ai chi, pilates and senior exercise. Successful additions to our community education program offerings in 2005 were a series of nutrition classes for those looking for more information about living with celiac disease an intermediate yoga class and an afternoon diabetes support group.

Plans for Next Reporting Year

For fiscal year 2006, Milford Regional has chosen "Helping Yourself to Heart, Mind and Body Health" as the focus of its Community Benefits Plan. We will further our 2005 mission by continuing to offer lectures and programs

addressing issues of concern to senior citizens as well as exercise and wellness classes. Lecture and program topics will include prostate cancer, hormones and breast cancer, stroke education, eating disorders, irritable bowel syndrome, bladder disorders and acid reflux diseases. Topics will continue to be developed to meet the needs of the community while addressing current trends in health and wellness. We will continue to offer programs on a variety of nutrition issues, as well as our popular diabetes education series. New programs added in fiscal year 2005 include an support group for new dads and a stress management program for cancer patients.

Select Community Benefits Programs

Community Benefits Programs

No community benefits programs identified.

Program Type	Estimated Total Expenditures for FY2005	Approved Program Budget for 2006
Community Benefits Programs	<u>Direct Expenses</u> \$24,339 <u>Associated Expenses</u> Not Specified <u>Determination of Need Expenditures</u> \$49,126 <u>Employee Volunteerism</u> Not Specified <u>Other Leveraged Resources</u> Not Specified	\$37,239 * Excluding expenditures that cannot be projected at the time of the report.
Community Service Programs	<u>Direct Expenses</u> \$15,092 <u>Associated Expenses</u> Not Specified <u>Determination of Need Expenditures</u> \$0 <u>Employee Volunteerism</u> Not Specified <u>Other Leveraged Resources</u> Not Specified	
Net Charity Care	\$2,992,769	
Corporate Sponsorships	Not Specified	
	Total Expenditures \$3,081,326	
Total Patient Care-Related Expenses for FY2005		\$114,290,649
Comments: None		