

## Clinton Hospital - FY2008

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### Summary Narratives

#### **Community Benefits Mission Statement**

Clinton Hospital is committed to improving the health status of all those it serves and to addressing the health problems of the poor and other medically underserved populations. In addition, nonmedical conditions that negatively impact the health and wellness of our community are addressed.

#### **Program Organization and Management**

Community Benefit activities are overseen by the Manager of the Community Benefit Program. The Manager reports to the President and Chief Executive Officer of Clinton Hospital.

#### **Key Collaborations and Partnerships**

The Community Benefit Department worked very closely with community-based agencies, which included the service area senior centers and councils on aging, school departments, and community agencies. This approach yielded the programs that were implemented in 2007. The Community Benefit Advisory Committee is comprised of members of a diverse group of community based organizations, faith community and public agencies that work collaboratively with the hospital. They include the Clinton School Department, Community Healthlink, the Sterling Senior Center, West Boylston Freedom Worship Center, Head Start, Clinton Parent/Child Home Program, and Clinton Housing Authority

#### **Community Health Needs Assessment**

The Community Benefit Advisory Committee, with representatives from community organizations within the service area, meets regularly to identify community needs for consideration by Clinton Hospital and its Board of Trustees. The Committee prioritizes needs and recommends the programs on which to focus initially. Clinton Hospital then leads the effort to ensure the needs are addressed and, to the extent possible, remedied.

The Community Benefit Department continued some of the programs that addressed needs previously identified. In addition, new programs were developed to address the needs of the senior community, community at-large, school-age children, the uninsured and underinsured, and the immigrant and underserved populations.

#### **Community Benefits Plan**

Community Benefit Program activities are based on local needs identified by the Community Benefit Advisory Committee, community agencies and other groups serving targeted populations. The Manager of Community Benefit is responsible for establishing contacts with community agencies and groups and gathering their input in the planning process. The Community Benefit Program works cooperatively with community stakeholders to ensure that services provided address the needs identified in specific target populations.

The CB Program priorities are focused on activities contributing communities served, reducing disparities in access to health care including behavioral services, and contributing to a safe community environment.

#### **Key Accomplishments of Reporting Year**

Improving access to quality health care service for individuals with Limited English Proficiency and the uninsured/underinsured, programing for school children and seniors, supporting efforts for the Healthy Communities Initiative, and developing partnerships and relationships with non-profit organizations and other agencies.

#### **Plans for Next Reporting Year**

Clinton Hospital will continue to develop and support the major initiatives and programs described in this report, through outreach activities and new partnerships and creative ways to maximize resources, to improve access to health care for the uninsured/underinsured.

Programs that will be continued or expanded next year include:

- Community outreach
- Cultural and linguistic activities
- Community health education and prevention programs
- Community-based specialty services to increase access to quality health care for the uninsured/underinsured
- The Healthy Communities Initiative

## Select Community Benefits Programs

### School Children

<b>Brief Description or Objective</b>	Several programs were developed to provide health and safety education targeting elementary schools. (See Full Report)
<b>Program Type</b>	Community Education, Prevention
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Berlin, Bolton, Clinton, Lancaster, Other-Central MA, Sterling</li> <li>• <b>Health Indicator:</b>Other: Alcohol and Substance Abuse, Substance Abuse</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>All Children</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Portuguese , Spanish</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• Public Schools</li> </ul>
<b>Contact Information</b>	Henry Vera-Garcia Manager, Community Benefits and Interpreter Services Clinton Hospital 201 Highland Street Clinton, MA 01510 Tel: 978-368-3716 Fax: 978-368-3763 <a href="mailto:Henry.Vera-Garcia@umassmemorial.org">Henry.Vera-Garcia@umassmemorial.org</a>
<b>Detailed Description</b>	Not Specified

### Elderly

<b>Brief Description or Objective</b>	These programs provided services that insured a healthy lifestyle for seniors.
<b>Program Type</b>	Community Education, Health Screening, Prevention
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Berlin, Bolton, Clinton, Lancaster, Other-Central MA</li> <li>• <b>Health Indicator:</b>Mental Health, Other: Asthma/Allergies, Other: Hearing, Other: Nutrition, Other: Osteoporosis/Menopause, Other: Safety - Home</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>Adult-Elder</li> <li>• <b>Ethnic Group:</b>Not Specified</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• Council on Aging</li> </ul>
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**Detailed Description** Not Specified

### Community Garden Program

**Brief Description or Objective** Clinton Hospital allowed the use of hospital land for garden beds to be planted and cultivated by needy families to feed themselves in a healthy way. Forty (40) needy individuals were fed.

**Program Type** Community Participation/Capacity Building Initiative, Healthy Communities Partnership

**Target Population**

- **Regions Served:**Berlin, Bolton, Clinton, Lancaster, Other-Central MA
- **Health Indicator:**Other: Nutrition
- **Sex:**All
- **Age Group:**All Adults, All Children
- **Ethnic Group:**Not Specified
- **Language:**Not Specified

**Partners**

- Growing Places Garden Project
- Parent-Child Home Program

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**Detailed Description** Not Specified

### Healthy Heart/Fitness Initiative

**Brief Description or Objective** To expose participants to exercise and stress control as part of the Healthy Heart/Fitness Initiative.

**Program Type** Community Participation/Capacity Building Initiative

**Target Population**

- **Regions Served:**Other-Central MA
- **Health Indicator:**Other: Stress Management, Physical Activity
- **Sex:**All
- **Age Group:**All Adults
- **Ethnic Group:**Not Specified
- **Language:**Not Specified

**Partners** Not Specified

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**Detailed Description** Not Specified

## Healthy Cooking for the Holidays

<b>Brief Description or Objective</b>	Cooking program under the direction of culinary chef taught the community how to avoid foods high in dietary fat and create nutritional meals with low fat foods. Cooking demonstration and sampling provided.
<b>Program Type</b>	Community Education, Community Participation/Capacity Building Initiative
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b>Other-Central MA</li> <li>• <b>Health Indicator:</b>Other: Nutrition</li> <li>• <b>Sex:</b>All</li> <li>• <b>Age Group:</b>All Adults</li> <li>• <b>Ethnic Group:</b>All</li> <li>• <b>Language:</b>Not Specified</li> </ul>
<b>Partners</b>	<ul style="list-style-type: none"> <li>• Atlantic Union College</li> </ul>
<b>Contact Information</b>	Henry Vera-Garcia Clinton Hospital 201 Highland St. Clinton, MA 01510 978-368-3716 <a href="mailto:Henry.Vera-Garcia@umassmemorial.org">Henry.Vera-Garcia@umassmemorial.org</a>
<b>Detailed Description</b>	Not Specified

Program Type	Estimated Total Expenditures for FY2008	Approved Program Budget for 2009
Community Benefits Programs	<u>Direct Expenses</u> \$95,090 <u>Associated Expenses</u> Not Specified <u>Determination of Need Expenditures</u> Not Specified <u>Employee Volunteerism</u> Not Specified <u>Other Leveraged Resources</u> \$207	\$67,613  * Excluding expenditures that cannot be projected at the time of the report.
Community Service Programs	<u>Direct Expenses</u> \$58,832 <u>Associated Expenses</u> Not Specified <u>Determination of Need Expenditures</u> Not Specified <u>Employee Volunteerism</u> Not Specified <u>Other Leveraged Resources</u> Not Specified	
Net Charity Care	\$181,419	
Corporate Sponsorships	\$1,770	
	<b>Total Expenditures</b> \$337,318	

<b>Total Patient Care-Related Expenses for FY2008</b>	<b>\$23,064,707</b>
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Comments: The following Community Benefit Expenditures include the Massachusetts Attorney General Guidelines Expenditures from above plus additional expenditures that play an important role in the delivery of care.

Community Benefits Program:

Direct Program Expenses \$95,090

Other Leveraged Resources \$207

Community Service:

Direct Expenses \$58,832

Other Leveraged Resources \$0

Other Contributions \$1,770

Charity Care HSN/Hospital \$181,419

Unreimbursed HSN Services (UC Cost) \$327,172

Payment/Hospital's Operation Assessment of DHCFP \$16,304

Hospital Bad Debt Non-Emergency Care \$194,587

Medicare Shortfall \$1,500,000

Total Broader Definition \$2,375,381