



Welcome to the MHVI Covid-19 Resource Digest, volume 15. We're departing from our usual content to bring you resources for these times. *Think a friend or colleague should be getting this newsletter? Share [this link](#) with them to sign up.*

The Massachusetts Department of Public Health (DPH) continues to work closely with the Centers for Disease Control and Prevention (CDC), other Federal agencies and our local Boards of Health to share the most up to date information available. The DPH website is updated continuously with the latest guidance, including printable fact sheets in multiple languages at mass.gov/covid19.

Information about coronavirus, the virus that causes COVID-19 can be found at the Massachusetts Department of Public Health website, by calling 2-1-1 or visiting mass211.org where you are able to live chat. [The CDC Coronavirus \(Covid-19\) website](#)

In this volume: Information for supporting families during the Covid-19 pandemic, other news towards Racial Justice, more news for maternal and child health professionals, distance learning and open meeting opportunities, reminders of select past posts with updated resources, and an expanded listing of Racial Justice compendiums.

Information for supporting families during Covid:

- **Boston Globe:** [New data on state's coronavirus cases, deaths show stark racial divide](#). The breakdown shows that the virus has significantly and disproportionately hit Black and Hispanic communities.
- **HRSA:** [The Hidden Pandemic Behind COVID-19](#)
- **USDA:** [USDA Ensures All Kids Can Get Free Meals This Summer as Nation Reopens](#). Department Extends Additional Flexibility for Feeding Children
- **US News:** [COVID-19 Has Heightened the Threat of Child Hunger, While Efforts to Prevent It Have Fallen Short](#). Soaring levels of food insecurity during the pandemic have placed millions of children at risk of hunger and other serious consequences.
- **National Research Center on Hispanic Children and Families:** [The majority of low-income Hispanic and Black households have little-to-no bank access, complicating access to COVID relief funds](#)
- **CDC:** [Well-Child Visits Are Essential](#)
- **CNN:** [Homeowners and renters catch a break: Evictions and foreclosures are on pause for another two months](#) To better understand the protections and assistance that the government is offering homeowners and renters because of coronavirus, several agencies including HUD, FHFA and the Consumer Financial Protection Bureau have developed an information website, cfpb.gov/housing.
- **Washington Post:** [How the coronavirus exposed health disparities in communities of color](#)
- **The Conversation:** [Quarantine bubbles – when done right – limit coronavirus risk and help fight loneliness](#)

- **New York Times:** [How to Get Your Kids to Stay 6 Feet Away... From Everything](#). Social distancing is hard — especially for the very young. Here are some ways to get children to care about wearing masks and avoiding germs.
- **New York Times:** [When Can Grandparents Meet the Newborn?](#) With precautions in place you may be able to see — and even hold — the newest addition to your family.
- **New York Times:** [When Child Care Centers Close, Parents Scramble to Adapt](#). As lockdowns and quarantines stretch on, reports of child care facility closures have been coming in from coast to coast.
- **Medical Xpress, U. of Oxford:** [Children show increase in mental health difficulties over COVID-19 lockdown](#)
- **NPR:** ['Dear NPR': In Postcards From The Shutdown, Kids Show Us Life — And Learning](#)
- **Washington Post:** ['Covid baby bust' could lead to half a million fewer births next year](#)
- **Greater Good Science Center:** [How to Support the People You Lead in Times of Uncertainty](#). Those in any kind of leadership position right now are called to find compassion for the people they serve.
- **NPR:** [Drinking Has Surged During The Pandemic. Do You Know The Signs Of Addiction?](#)
- **NPR:** [Coronavirus, Racism And Kindness: How NYC Middle-Schoolers Built A Winning Podcast](#), winning podcast: [Masked Kids](#)
- **The Conversation:** [Domestic abusers use tech that connects as a weapon during coronavirus lockdowns](#)
- **New York Times:** [Bike Spills, Trampoline Falls and Sips of Sanitizer: How Kids Are Getting Hurt at Home](#). Doctors report an increase in broken bones and poisonings among children sheltering at home during the coronavirus shutdown.
- **Washington Post:** [The ultimate parents' guide to summer activity resources](#)
- **HuffPost:** [Welcome To The Weird Summer Of Parenting During COVID-19](#). With no clear guidance from the top, American parents are making very different choices for their families right now.
- **New York Times:** [Worried About Your Kids' Social Skills Post-Lockdown?](#) Try not to fret. There's much to be gained from time with family, or even on their own.

Other news, towards racial justice:

- **New York Times:** A [collection of historical photos, poetry and articles](#) about Juneteenth, commemorating the end of slavery in the U.S.
- **Lifehacker:** [Transcribe Anti-Slavery Letters to Help Historians](#) (They're at our BPL!)
- **Boston Globe:** [What we celebrate this Juneteenth](#)
- **Black Excellence:** [Juneteenth- 5 Things You Didn't Know | The 5](#), 5 minute video
- **The New Yorker:** [Juneteenth and the Meaning of Freedom. Emancipation is a marker of progress for white Americans, not black ones.](#)
- **The Conversation:** [From grandfather to grandson, the lessons of the Tulsa race massacre.](#)
- **The New Yorker:** [The History That James Baldwin Wanted America to See. For Baldwin, the past had always been bent in service of a lie.](#) Could a true story be told?
- **Greater Good Science Center:** Part 1: [When Are Kids Old Enough to Talk About Racism?](#) Very young children can begin to understand race—so Dr. Riana Elyse Anderson suggests starting early. 2 minute video
- **Greater Good Science Center:** Part 2: [How to Overcome the Fear of Talking to Your Kids About Race.](#) Psychologist Riana Elyse Anderson, Ph.D., offers three tips for talking to your kids about race. 2 minute video

- **PBS Kids:** [How to Talk Honestly With Children About Racism](#)
- **HuffPost:** [White Parents, Want To Raise Anti-Racist Kids? Be Mindful Of Your Actions](#). Yes, parents must talk about racism early and often. But children also watch what you do.
- **The Conversation:** [3 Things Schools Should Teach About America's History of White Supremacy](#). Schools do a poor job of teaching about America's legacy of white supremacy, according to a scholar who researches racial discrimination.
- **Medical News Today:** [Everything you need to know about white fragility](#).
- **NPR:** ['Interrupt The Systems': Robin DiAngelo On 'White Fragility' And Anti-Racism](#), 11 minute podcast
- **The New Yorker:** [A Personal Story: The Trayvon Generation](#), 20 minute podcast.
- **The Lily:** [The odds have always been against me. This is what being black in America is](#). I was born with trauma encoded into my DNA and I will take trauma to the grave with me.
- **PEW:** [Racism Is a Public Health Crisis, Say Cities and Counties](#)
- **Washington Post:** [Black people are tired of trying to explain racism](#)
- **Code Switch:** [Why Now, White People?](#) 28 minute podcast
- **Child Mind Institute:** [A Clinical Perspective on Talking to Kids About Racism](#). How to speak openly and tackle hard questions
- **New York Times:** [Talking With Relatives Across the Political Divide](#). For those who are engaging in difficult conversations about political differences with family members, here are some ways to keep the dialogue as meaningful as possible.
- **NPR:** ['Interrupt The Systems': Robin DiAngelo On 'White Fragility' And Anti-Racism](#), 20 minute podcast
- **Pop Sugar:** [10 Things Parents Should Know About Talking to Kids About Systemic Oppression](#)
- **Center for American Progress:** [Systemic Inequality: Displacement, Exclusion, and Segregation](#). How America's Housing System Undermines Wealth Building in Communities of Color
- **Center for American Progress:** [Mass Incarceration, Stress, and Black Infant Mortality. A Case Study in Structural Racism](#)
- **The New Yorker:** [My Mother's Dreams for Her Son, and All Black Children](#). She longed for black people in America not to be forever refugees—confined by borders that they did not create and by a penal system that killed them before they died. 34 minute podcast
- **Washington Post:** [Perspective: My daughter reminded me that black joy is a form of resistance](#)
- **Washington Post:** [What five black fathers are saying to their children about this historic moment](#)
- **U.S. Civil Rights Trail:** Pay a virtual visit to the [U.S. Civil Rights Trail \(USCRT\)](#), which is a collection of churches, schools and museums across America that played a significant role in the civil rights movement. The website features ten different experiences, including [Representative John Lewis](#), [Marching for the Vote](#), [Risking it All and Riding for Freedom](#), [Separate Is Not Equal](#), [Discovering Civil Rights History](#), [Sitting Down to Take a Stand](#), [The Birmingham Campaign](#), [Follow the Mississippi Freedom Trail](#), [Martin Luther King Jr.](#) and [Remembering Emmett Till](#). The official site also has a timeline of the movement, along with an interactive map, which can be helpful for visual learners.

Other news:

- **CLASP:** [Supreme Court Rules DACA Cancellation Was Illegal: Over 250,000 American Children Can Sleep Tonight](#)
- **New York Times:** [Climate Change Tied to Pregnancy Risks, Affecting Black Mothers Most](#). Women exposed to high temperatures or air pollution are more likely to have premature, underweight or stillborn babies, a look at 32 million U.S. births found.

- **Pediatrics:** Dramatic Increase in Emergency Department Visits for Pediatric Mental Health. [Pediatric emergency mental health care visits have increased over time and strained limited ED](#)
- **Journal of Children and Poverty:** [Children from Families Who Struggle Economically Have Increased Odds of Mental Health Conditions](#)
- **Greater Good Science Center:** [What Is Your Purpose as a Father?](#) New studies suggest that having a sense of purpose makes dads healthier, happier—and stronger in the face of challenges we're all facing.
- **Science Daily:** [Is Santa real? Examining children's beliefs in cultural figures and 'non-real' people](#)
- **What's Up Moms:** [10 Ways to Teach Kids Empathy](#)
- **HuffPost:** [Childhood Drownings Are Up. Here's How Parents Can Keep Kids Safe.](#) Drowning is a leading cause of death among children — and it's on the rise. Here's how to minimize risks this summer.
- **Medical Xpress, Great Western Reserve U.:** [Study of 'downstream' effects of childhood lead poisoning reveals racial, economic disparities in adulthood](#)
- **National Research Center on Hispanic Children and Families:** [Resident Hispanic Fathers Report Frequent Involvement in the Lives of Their Children](#)

Printables/PDFs for families & staff:

- **NIHCM:** [Infographic: The State of Homelessness in the US](#)
- **NICHM:** [Infographic: The Current State of Food Insecurity in America](#)
- **National Child Traumatic Stress Network:** [Coping in Hard Times: Fact Sheet for Parents](#)
- **National Child Traumatic Stress Network:** [Secondary Traumatic Stress: A Fact Sheet for Organizations Employing Community Violence Workers](#)
- **Children's Community School:** [Infographic: They're not too young to talk about race](#)
- **CDC:** [Did You Know Your Child Can Get Free Vaccines?](#) Vaccines for Children Can Help The Vaccines for Children (VFC) program provides free vaccines to children who qualify. About half of American children less than 19 years old receive VFC vaccine. [Spanish](#)

For Self-care:

- **Outside:** [Walking Is Making a Major Comeback.](#) Many of us have long dismissed this gentle, approachable activity for more adrenaline-pumping forms of exercise. We've been missing out—big-time.
- **Washington Post:** [Going back to the office? What public health experts say about using the elevator.](#)
- **New York Times:** [The Poems That Poets Turn to in a Time of Strife.](#) Sixteen poets tell us about the verses and books they are reading, or that they hope others seek out.
- **HuffPost:** [Working From Home Indefinitely? Here's How To Keep Some Work-Life Balance.](#) It sounded like a dream but with the lines between work and home life blurring, it's time to set boundaries.
- **HuffPost:** [How To Separate Your Week From Your Weekend During Lockdown.](#) Don't succumb to the idea that there's "no point of weekends" – make an active choice to have a good one.
- **Fast Company:** [5 habits of people who are especially productive working from home.](#) Effective remote work involves these five habits, which prevent feelings of burnout and isolation.
- **MIT Technology Review:** [A guide to negotiating a covid "bubble" with other people.](#) Planning to widen your social circle to stop yourself going stir crazy? Here's how to have the conversation
- **Greater Good Science Center:** [How Hope Can Keep You Happier and Healthier.](#) Hope is more than just positive thinking.

- **Lifehacker:** [How to Help Your Memory When Stress Is Taking Its Toll](#)
- **Boston Globe:** [On the couch the past three months? Here's how this sedentary period may have affected your health](#)
- **MHA:** [Why Am I So Irritable?](#) 20 minute podcast
- **WBUR:** [Infectious Disease Expert Weighs In On Safety Of Group Biking, Running](#) 5-minute podcast
- **USA Today:** [How to road trip safely during a pandemic: Tips for navigating rest stops, gas stations and hotels.](#) Plan ahead and bring gloves for handling gas pumps and a mask in case they're required where you're going. Find resources for checking what's open.
- **Greater Good Science Center:** [Four Ways to Feel Good on a Hard Day in Lockdown.](#) New research suggests how people are bouncing back from the daily challenges of living with the COVID-19 pandemic.
- **New York Times:** How to Have a Safe Family Bike Ride. Some cities are closing off streets so families can safely cruise. On the road or the trail, here's how to have a successful adventure on wheels.
- **Washington Post:** [Is it safer to fly or drive this summer? 5 health experts weigh in.](#)
- **HuffPost:** [6 Easy Ways To Make Your Coffee Taste Like It Came From The Coffee Shop.](#) From equipment to techniques, here are a few ways to make shop-worthy java at home.
- **CNN:** [Everything you need to make ice cream in a Mason jar](#)
- **HuffPost:** [What You Should Know Before Raising Backyard Chickens. More people are buying hens for eggs during the coronavirus pandemic.](#) Here's what to know before you decide to try it at home.
- **Wired:** [11 Levels of Origami: Easy to Complex](#)
- **CNN:** Travel to a place of pure imagination: The [Miniatur Wunderland](#) in Hamburg, Germany, which is the biggest, most intricate tiny town you'll ever see.
- **CNN:** [Live jazz at this NYC apartment every week.](#) There's a story behind these smooth sessions.
- **New York Times:** With baseball shut down, the Red Sox organist isn't playing at Fenway Park, but he is playing [a concert online every afternoon.](#)
- **NPR:** A [video of an impromptu duet singing the National Anthem](#) on the empty campus of Portland State University is going viral. Graduate Madisen Hallberg was recording the national anthem for her virtual commencement ceremony when she was joined by opera singer Emmanuel Henreid, who goes by the name Onry, as she recorded. The result is as uplifting as it was unexpected.

For Distance Learning (new opportunities added in blue)

Live webinars & open meetings:

- **Brazelton Touchpoints Center:** [5-part webinar series on Strengths-Based Family Engagement](#), beginning June 23
- **MDPH/Suicide Prevention:** [Widening the Lens 101: Setting the Stage for Social Justice and Racial Equity in Suicide Prevention](#), June 24
- **MDPH/BSAS/HRIa:** [Overdose Rescue and Prevention](#), June 17, [June 24](#)
- **Early Childhood National Centers:** [Effective Ways to Work with Families in Challenging Times: A Facilitated Series for CCR&Rs](#) , Jun18, July 30, August 20
- **Raising Race Conscious Children:** [Interactive Webinar for White people](#) June 21 & 28
- **Boston Globe Town Hall:** [What will it take for you to feel safe when schools reopen?](#) June 24
- **Brazelton Touchpoints:** [Mindful Self-Compassion: Co-creating Heart Skills in Early Childhood Programs and Systems](#) June 24

- **RWJF: County Health Rankings & Roadmaps:** [COVID-19: Disproportionate Impact on Black Communities](#)
- **Mass AIMH:** [Everyday Heroes: Child Care is No Small Matter](#), film screening, June 25
- **Embrace Race:** ["Lives in Limbo": What's next for 600,000 Dreamers?](#) June 25
- **Boston Globe Op-Talks:** [Images of Protests: What will be in the archives of the future?](#), June 25
- **The Boston Foundation:** [Green Space, White Space: Racial Equity and Public Places](#), June 25
- **New England Public Health Training Center:** [Aligning Intergenerational Expectations: Creating Joy and Productivity in the Workplace](#), June 25
- **IECMHC:** [Culture, Identity, History as Sources of Strength and Resilience for African American Children and Families](#) June 25
- **National Children's Traumatic Stress Network:** [Culturally-Responsive Approaches to Serve Latin American Children who Experience Traumatic Separation](#), June 26
- **Boston Association for Childbirth Education and Nursing Mothers' Council (BACE):** [Breastfeeding Foundations for Perinatal Health Workers](#), June 26
- **MHA:** [A New Report: Catalyzing Mental Health Support for Moms Through Specialized Peer Support Training](#), June 26
- **MHA:** [Technology Based Outreach to Increase Access to Care and Support in Times of Crisis](#), June 30
- **MDPH/BSAS/HRIA:** [Supervising Staff in Times of Crisis](#), June 30
- **Office of Head Start:** [Home Visiting Series: Behavior Has Meaning](#), June 30
- **Office of Head Start:** [Understanding Meaning in Behaviors That Challenge Us](#), June 30
- **MCH Workforce Development Center:** [National Maternal and Child Health Workforce Development Center Summer Seminar Series](#). Register now and join your peers from across the country in a series of webinars to be offered **each Wednesday in July 2020**.
- **Newborn Behavior International (NBI):** [Leaders in the Field First Friday Webinar Series](#), July 3 and every Friday.
- **MDPH/Suicide Prevention:** [Intro to Trauma-Informed Treatment with Adolescents](#), July 7
- **Story Center:** [Strategic Distribution Of Public Health Stories](#), July 8
- **Office of Head Start:** [BabyTalks Series: Supporting Infants and Toddlers with Disabilities and Suspected Delays](#), July 9
- **The Boston Foundation:** [Racial Equity in Housing in the COVID-19 Era, July 14](#)
- **Office of Head Start:** [Inclusion Series: Resources at Your Fingertips – Inclusion Professional Development Simplified!](#), July 21
- **Office of Head Start:** [Coaching Corner Series: Coaching Supports to Address Behavior Management](#), July 22
- **IECMHC:** [Culture, Identity, History as Sources of Strength and Resilience for Latino Children and Families](#), July 30
- **Office of Head Start:** [Spotlight on Innovative Practices Series: Implementation Strategies and Reflections on Practice-Based Coaching in State Early Childhood Professional Development Systems](#), August 11
- **Office of Head Start:** [Home Visiting Series: Curriculum and Ongoing Assessment in Home-Based Programs](#), August 12
- **Office of Head Start:** [Front Porch Series: Elevating the Role of Cultural Responsiveness in Effective Teaching Practices](#), September 3
- **Bridgewell:** [Resilient Survivors: Strong at Broken Places](#), September 18
- **BACE:** [4 Day DONA Approved Birth Doula Training](#), Sept. 18, 25, Oct. 2, 9, in person, in Fall River

- **Children's Trust:** 28th Annual A View from All Sides, October 15, virtual event.
- **Bridgewell:** Behavioral and Therapeutic Tips and Tools from the Trenches for Teachers and Clinicians, October 21

Recorded webinars, courses and other learning opportunities:

- **National Child Traumatic Stress Network:** Strengthening family resilience and coping with traumatic stress webinars: [Family Resilience](#), [Family Resilience and Traumatic Stress: A Guide for Mental Health Providers](#), [Child Trauma, Race, and Urban Identity](#), [Complex Trauma: In Urban African American Children, Youth, and Families](#), [Building Resiliency: Supporting Youth Affected by Trauma and Community Violence](#)
- **Children's Healthwatch:** [Shareable Anti-racism Resource Guide](#)
- **NAEYC:** Virtual Institute, Beginning June 1. Free. Six weeks of newly recorded presentations to support your professional development. The Virtual Institute is open to anyone who is interested in some of the latest research and best practices in early childhood education.
- **Center for Early Childhood Mental Health Consultation:** Recognizing and Addressing Trauma in Infants, Young Children, and their Families, multipart tutorial
- **ECLKC:** Head Start Heals Campaign focuses on healing and addresses topics such as resilience, recovery, how to incorporate mental health consultation effectively, how to address challenging behaviors, and ways to have difficult conversations with families.
- **Neurosequential Network**, Dr. Bruce Perry: COVID-19 Stress, Distress & Trauma Series 9 part video series
- **The Institute for Family Support Professionals:** Rapid Response Virtual Home Visiting, multiple recorded webinars, including: Home Visiting Models and COVID 19 Response, Virtual Visit Readiness, Engaging Families in Virtual Visits: A Protective Factors' Approach, Screening in Virtual Visits, Using ASQ-3 in a Virtual Environment
- **Community Health Training Institute:** Health Equity Tool Kit
- **Children's Trust:** Online Resources For Family Support Professionals
- **Center for the Developing Child**, Harvard U., COVID-19 Resources: Guides, Activities, Infographics, E-books and podcasts; some in multiple Languages.
- **Brazelton Touchpoints:** New Catalogue
- **Perinatal-Neonatal Quality Improvement Network of Massachusetts (PNQIN)** and the **Betsy Lehman Center for Patient Safety:** past virtual town halls for maternal health care professionals confronting the challenges of COVID-19.
- **NCTSN:** Health Care Toolbox - Addressing the Psychological and Emotional Impact of the COVID-19 Pandemic for Children, Families, and Healthcare Staff
- **Center for Creative Leadership**, On Demand Webinars
- **The Center for Early Childhood Mental Health:** Introduction to the Best Practice Tutorial Series, 10 modules
- **New England Public Health Training Center**, a wide range of training programs and services that strengthen the public health workforce.
- **Office of Head Start**, My Peers is a virtual learning network where you can brainstorm, exchange ideas, and share resources with early childhood colleagues from across the country. It was created by the Office of Head Start (OHS) to help you connect and learn with people who share your interests and program responsibilities.

- **The Ounce**, trainings designed specifically with the needs of home visitors and supervisors in mind. Developed by home visitors for home visitors. Applicable across all national models.
 - **SAMHSA Center of Excellence for Infant and Early Childhood Mental Health Consultation, podcasts and webinars**
 - **HRSA: The MCH Navigator** is a centralized portal for pursuing continuous learning in maternal and child health (MCH) and is designed to help emerging and established MCH professionals and students map professional growth pathways. (New trainings added)
 - **The Best Start in Life: Early Childhood Development for Sustainable Development**
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Reminders of past postings and updated resources:

- **Mass.gov:** [COVID-19 Food Assistance](#)
 - **National Alliance on Mental Illness, MA:** [Mental Health Resources](#), including Navigating a Mental Health Crisis; Peer Support; Parenting; Housing; Employment, Legal, Insurance, and much more
 - **Boston Public Library:** [COVID-19 Mutual Aid Resources](#)
 - **MA 211:** [HelpSteps](#)
 - **Project Bread:** [Fliers in English, Spanish, and Portuguese on how to PIN P-EBT card](#)
 - **MA Law Reform Institute:** [SNAP & rules for reporting UI in Massachusetts](#)
 - **MA Immigrants & Refugees Advocacy Coalition:** [Resources](#)
 - **MassLegalHelp:**
 - If you need an emergency 209A restraining order or 258E harassment prevention order, see [Asking the court for a restraining order or harassment prevention order during COVID-19](#)
 - Evictions and foreclosures are on hold! See [COVID-19 and Housing](#)
 - Your landlord cannot lock you out or shut off your utilities, See [Illegal Eviction](#)
 - For other public services affected by COVID-19, see our [novel coronavirus](#) webpage.
 - [You have the right to an interpreter](#)
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Racial Justice Resource Compendiums:

- **Appleseed Centers:** [Resources & Tools Regarding Racism & Anti/Blackness and How to be a Better Ally](#)
- **Appleseed Centers:** [Anti-Racism Resource for White People](#)
- **Anti-Defamation League:** [Anti-Bias Education](#)
- **Greater Good Science Center:** [Key Readings from Black Educator-Leaders and Other Leaders of Color](#)
- **Greater Good Science Center:** [Anti-Racist Resources from Greater Good](#)
- **Washington Post:** [Understanding racism and inequality in America](#)
- **Embrace Race:** [Webinars, Articles and Action Guides in English and Spanish](#)
- **Pocket:** [Black Voices at the Mic: Great Podcasts on Love, Sci-Fi, and Radical Honesty](#)
- **America & Moore, Diversity Education, Research and Consulting:** [21-Day Racial Equity Habit Building Challenge](#) ©
- **Smithsonian Magazine:** 158 Resources to Understand Racism In America. These articles, videos, podcasts and websites from the Smithsonian chronicle the history of anti-black violence and inequality in the United States
- **National Museum Of African American History And Culture:** [Our American Story Online Series](#) showcases individuals and events in the African American experience and places them in the context of a larger story—our American story.

- **New York Times:** A [collection of historical photos, poetry and articles](#) about Juneteenth, commemorating the end of slavery in the U.S.
 - **30 Seconds Mom:** [Education As an Agent of Change: A Racial Justice Reading List & Resource Guide](#)
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Free Massachusetts Department of Public Health education publications and other materials are available at the [Massachusetts Health Promotion Clearinghouse](#).

Previous volumes of the MHVI Covid-19 Digests can be found in the [State Library of Massachusetts](#) archives.

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