

ALCOHOL AND DRUG TREATMENT: A DIRECTORY OF RESOURCES FOR MASSACHUSETTS RESIDENTS

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Merrimack Valley Region

MBA



A collaborative effort
of
**Governor Michael S. Dukakis
and the
Massachusetts Bar Association
1985-1986**

**ALCOHOL AND DRUG TREATMENT:
A DIRECTORY OF
RESOURCES FOR
MASSACHUSETTS RESIDENTS**

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This volume lists agencies and groups that provide services to individuals with alcohol and/or drug related problems. It should not, however, be taken as a recommendation or warranty of an agency or group by the Commonwealth of Massachusetts or the Massachusetts Bar Association, or their officers, agents or employees, or by any of the contributors to this volume.



THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE DEPARTMENT

STATE HOUSE • BOSTON 02133

MICHAEL S. DUKAKIS
GOVERNOR

November, 1985

An Open Letter to Users of This Directory:

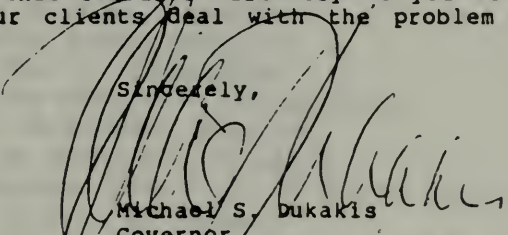
Most of us are all too aware of the damage and pain wrought by alcohol on the lives of the men, women and children of Massachusetts. Over 70 percent of all highway deaths are alcohol-related. Alcohol is involved in more than 60 percent of the incidents of physical violence. Countless family, business and other personal problems are attributable in large part to alcohol.

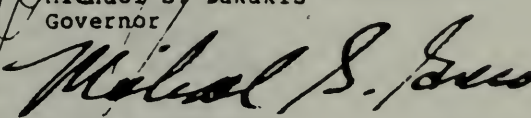
People in trouble with the law and people with business or family problems often turn to lawyers for help. Lawyers thus have a significant opportunity to provide valuable assistance to clients whose problems appear to be alcohol-related.

In recognition of this opportunity, I invited the Massachusetts Bar Association to join me in a cooperative effort to explore ways in which lawyers can provide relevant information and advice to clients suffering from alcohol or drug abuse. Together, we have formed the MBA/Governor's Committee on the Alcoholic Client. One of the first orders of business of the Committee has been to put together the directory in front of you--a directory of resources available in Massachusetts to identify and treat people with alcohol and drug problems.

Michael S. Greco, President of the Massachusetts Bar Association, and I commend this resource directory to you as a valuable tool for helping your clients deal with the problem of alcohol abuse.

Sincerely,


Michael S. Dukakis
Governor


Michael S. Greco, President
Massachusetts Bar Association

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INTRODUCTION

The Massachusetts Bar Association/Governor's Committee on the Alcoholic Client has developed this directory as a guide for attorneys and others interested in referring individuals for alcoholism treatment. Most public and private treatment programs in Massachusetts are listed, as well as private programs in nearby states.

Besides its utility to lawyers, this resource directory should be of assistance to human service agencies, hospitals, schools and other organizations which interact with alcohol and drug abusing clients.

The Committee acknowledges the assistance and cooperation provided by the Massachusetts Division of Alcoholism in compiling the enclosed information. The Committee also extends its thanks and appreciation to the Kemper Group for printing this publication.

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Governor's Committee on the Alcoholic Client

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HOW TO USE THIS RESOURCE DIRECTORY

This resource directory is published in two formats. The first is a statewide directory, which lists treatment programs and resources for the information of attorneys, courts, human services agencies, hospitals and others likely to refer individuals to treatment programs throughout Massachusetts. The second is a series of five regional directories listing such services in the following Massachusetts regions:

- 1) Western Massachusetts (gold)
- 2) Central Massachusetts (orange)
- 3) Merrimack Valley (blue)
- 4) Metropolitan Boston (green)
- 5) Southeastern Massachusetts (yellow)

The statewide directory and the five regional directories list available programs such as private inpatient and outpatient, public inpatient and outpatient, and certain other selected resources within and outside Massachusetts. The regional directories should be most helpful to attorneys wishing to identify local resources for their clients. Attorneys in communities near the border of the regions may find it helpful to obtain two regional directories.

The directories differentiate privately and publicly funded programs. Privately-funded programs generally accept only clients who have third party reimbursement. The publicly-funded programs generally serve medically indigent clients, but also accept insured clients.

Frequently, attorneys may not be certain whether a client has a drinking problem or what type of treatment is appropriate for a client acknowledging a problem. In these instances, we recommend that clients be referred to an outpatient program for an assessment. The assessments generally indicate the level of impairment and the appropriate treatment resource.

The statewide and regional directories provide a comprehensive list of available resources but do not provide evaluations of the programs included. We suggest that anyone using the directories should become familiar with a program before making a referral to it.

Any attorney having a question with respect to the resource directories or in need of advice or assistance may write to members of the Massachusetts Bar Association's Chemical Dependency Committee, c/o Massachusetts Bar Association, 20 West Street, Boston, MA 02111.

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A. RESIDENTIAL ALCOHOLISM SERVICES

Private rehabilitation programs provide treatment for withdrawal (detoxification). This is followed by rehabilitation services, consisting of education, group and individual counseling, family intervention and meetings of Alcoholics Anonymous, as well as other self-help groups. The programs vary in length from ten to twenty-eight days. These programs are focused primarily on the employed individual and usually anticipate a return to community living.

1. PRIVATE REHABILITATION PROGRAMS (Out-of-State Programs Serving Mass. Residents)

Seaborne Hospital, Seaborne Dr., Dover, NH 03820,
603-742-9300

Parkside Lodge of Connecticut, P.O. Box 668, Canaan, CT
06108, 203-824-5426

Silver Hill Foundation, P.O. Box 1177, New Canaan, CT
06840, 203-966-3561

Beech Hill Hospital, Inc., Beech Hill St., Dublin, NH
03444, 603-563-8511

Seminole Point, Woodland Rd., Sunapee, NH 03782,
603-763-2545

Spofford Hall, RTE. 9A, Spofford, NH 03462, 603-363-4545

Hampstead Hospital, East Rd., Hampstead, NH 03841,
603-329-5311 ext. 272

Edgehill, 200 Harrison Ave., Newport, RI 02840
401-849-5700

High Point, 1950 Tower Hill Rd., Kingston, RI 02852
401-295-2511

Brattleboro Retreat, 75 Linden St., Brattleboro, VT 05301,
802-257-7785

Conifer Park, 150 Glenridge Rd., Schenectady, NY 12302,
518-399-6446

Arms Acres, Box X, Carmel, NY 10512, 914-225-3400

2. PRIVATE REHABILITATION PROGRAMS (Massachusetts)

McLean Hospital, Appleton Treatment Center, 115 Mill St.,
Belmont, MA 02178, 617-855-2781 (IVA)

Gosnold Treatment Center, 200 Ter Huen Dr., Falmouth, MA
02540, 617-548-7118

Athol Memorial Hospital, 2033 Main St., Athol, MA 01331,
617-249-3511

Quarry Hill Alcoholism Rehab Center, 136 E. Mountain Rd.,
Westfield, MA 01085, 413-568-1695

Hillcrest Hospital, 165 Tor Court, Pittsfield, MA 02101,
413-443-4761

Doctors Hospital, 107 Lincoln St., Worcester, MA 01605,
617-799-9000

Naukeag, 216 Lake Rd., Ashburnham, MA 01430, 617-827-5115

Baldpate, Baldpate Rd., Georgetown, MA 01833, 617-352-2131

Central Hospital, 26 Central St., Somerville, MA 02143,
617-625-8900

Spaulding Rehabilitation Hospital, 125 Nashua St., Boston,
MA 02114, 617-720-6400

St. Elizabeth's Hospital, 736 Cambridge St., Brighton, MA
02135, 617-789-3000

MARCAP, 57 Union St., Marlboro, MA 01752, 617-485-1121,
ext. 270

NORCAP, Walnut St., Foxboro, MA 02035, 617-543-6500

Fuller Memorial Hospital, 231 Washington St., S. Attleboro,
MA 02703, 617-761-8500

Mt. Pleasant Hospital, 60 Granite St., Lynn, MA 01904,
617-581-5600

N.E. Memorial Hospital, 5 Woodland Rd., Stoneham, MA
02180, 617-665-1740

Mentor, 99 State St., Boston, Ma 02109, 617-523-8093

3. 14-DAY DUIL PROGRAMS

These mandated 14-day residential programs provide a preparation for treatment through assessment, education and motivational counseling to clients convicted of DUIL offenses. Virtually all clients are referred for follow-up care when they complete the 14 days. Although most clients attending the programs are second offenders, first offenders may be sent to these programs. Clients must be referred by a court.

S.T.A.R.T. Program, Lakeville Hospital, Lakeville, MA
02346, 617-947-1231

Rutland Hospital DUI Program, Maple Ave., Rutland, MA
01543, 617-886-4711

Middlesex County Hospital DUI Program, 775 Trapelo Rd.,
Waltham, MA 02154, 617-894-4600

Tewksbury Hospital DUI Program, East St., Tewksbury, MA
01876, 617-851-7321

4. YOUTH RESIDENTIAL TREATMENT PROGRAMS

Youth Residential Treatment Services provide a therapeutic milieu for 14-19 year old adolescents who are becoming seriously involved with alcohol and drugs. Services include individual, group and family counseling, diagnostic services, educational and pre-vocational services and after-care planning.

Providence Hospital Adolescent Program, 253 King St.,
Springfield, Ma 01107, 413-737-8186

Youth Experiencing Sobriety, Rutland Heights Hospital,
Rutland, Ma 01543, 617-886-4711

Greater Lawrence Psychological Center, Residential Program
for Youth, Pegasus, 488 Essex St., Lawrence, MA 01840,
617-685-1337

Volunteers of America, 441 Centre St., P.O. Box 188,
Jamaica Plain, MA 02130, 617-522-8086

Attleboro Area Youth and Family Services, The Road Back, 11
Peck St., P.O. Box 2037, Attleboro, MA 02701, 617-222-0491

Emerson House, CCAIRU, Inc., 165 Woods Hole Rd., P.O. Box
318, Falmouth, MA 02541, 617-540-1554 (Females only)

5. SHORT-TERM INTENSIVE PROGRAMS

These Programs provide post-detoxification services which consist of education, group and individual counseling, family intervention, and meetings of Alcoholics Anonymous. The programs vary in length from eight to twenty-eight days.

Alcoholism Services of Greater Springfield, Quarry Hill Rehabilitation Center, 137 E. Mountain Rd., Westfield, MA 01085, 413-568-1695

North Shore Council on Alcoholism, Residential Intermediate Care Facility, 110 Green St., Lynn, MA 01902, 617-598-1270

6. DETOXIFICATION CENTERS

The detoxification programs provide medical assessment, treatment for withdrawal, counseling and referral services. The purpose of the detoxification facilities is to medically supervise the patient in the safe withdrawal from the acute phase of intoxication and to develop and implement a follow-up plan. Most clients stay for three to five days; many are referred to Halfway Houses or outpatient programs.

Lowell General Hospital, 295 Varnum St., Lowell, MA 01854, 617-936-6767 (III)

North Shore Council on Alcoholism, Danvers State Hospital, 450 Maple St., Danvers, MA 01923, 617-777-2121 (VI)

7. HALFWAY HOUSE PROGRAMS

Halfway Houses provide residential rehabilitation services to individuals who need a supervised environment in order to strengthen recently acquired sobriety. These services provide individual, group and employment counseling as well as guidance in the activities of daily living. The programs prepare clients for eventual return to community.

Link House, 37 Washington St., Newburyport, MA 01950, 617-462-7341 (III)

Lowell House, 102 Appleton St., Lowell, MA 01852, 617-458-3371 (III)

Foundation House Recovery Home, 10 Haverhill St., Lawrence, MA 01840, 617-687-1658 (III)

Eastern Middlesex Halfway House, 12 Cedar St., Malden, MA 02148, 617-324-5897 (VI)

COPE, Women's Half Way House, 117 N. Common St., Lynn, MA 01902, 617-598-0505 (VI)

Ryan Rehabilitation Center, 100 Green St., Lynn, MA 01902,
617-593-9434 (VI)

8. PUBLIC INEBRIATE PROGRAMS (PIP)

A Public Inebriate Program provides shelter, food, placement services and medical triage to homeless persons and public inebriates. Clients are assisted in obtaining further services to help them in functioning to the full extent of their capabilities.

Greater Lawrence Psychological Center Public Inebriate Program, Naval Air Station, North Parrish Rd., Lawrence, MA 01841, 617-685-1337 (III)

B. NON-RESIDENTIAL ALCOHOLISM SERVICES

1. DRIVER ALCOHOL EDUCATION PROGRAMS

Driver Alcohol Education (DAE) programs serve first offenders convicted of Driving Under the Influence of Liquor (DUIL). Components of the driver alcohol education programs include three assessment interviews, eight two-hour educational classes and aftercare management. Clients are assigned to DAE programs by the court.

Greater Lawrence Psychological Center, 488 Essex St., Lawrence, MA 01840, 617-685-1337 (III)

Lowell General Hospital Driver Education Program, 295 Varnum Ave., Lowell, MA 01854, 617-458-0181 (III)

Northern Essex CMH, 21 Water St., Newburyport, MA 01950, 617-462-4644 (III)

2. OUTPATIENT ALCOHOLISM PROVIDERS

Outpatient programs provide assessment and, if necessary, counseling for alcoholics, alcohol abusers and those whose lives have been affected by someone else's drinking. No distinction is made between public and private programs because virtually all programs can accept third-party payment. The Commonwealth contracts with a majority of programs on this list in order to assure services to medically indigent clients. The programs with an asterisk (*) are approved by the Division of Alcoholism to provide Aftercare Treatment to individuals completing the Driver Alcohol Education programs.

*Alcohol Safety Action Program, Lawrence General Hospital, Parker House, One General St., Lawrence, MA 01842, 617-683-4000, ext. 2703 (III)

*Bay Colony Health Services, 2 Court House Square, Chelmsford, MA 01824, 617-453-7589 (III)

*Greater Lawrence Psychological Center Outpatient Alcoholism Services, 488 Essex St., Lawrence, MA 01854, 617-685-1337 (III)

*Lowell General Hospital Alcoholism Outpatient Unit, 295 Varum Ave., Lowell, MA 01854, 617-454-7301 (III)

*North Essex Health Resource Center, 194-R Main St., Amesbury, MA 01913, 617-388-5652 (III)

*Northern Essex Community Mental Health Services, 100 Winter St., Haverhill, MA 01830, 617-373-1126 (III)

*Lowell House, Inc., Women's Alcohol Center, 29 Hank St., Lowell, MA 01852, 617-458-0821 (III)

*Cutler Counseling, 10 Cottage St., Norwood, MA 02062, 617-769-6592 (VI)

*Adult/Adolescent Counseling in Development, Inc., One/Ten Pleasant St., Malden, MA 02148, 617-324-2218 (VI)

*Eastern Middlesex Outpatient Services, 333 Bryant St., Malden, MA 02148, 617-321-2600 (VI)

*Health and Education Services, North Shore Community Health Center, 162 Federal St., Salem, MA 01970 (VI)

*North Shore Council on Alcoholism Outpatient Program, 183 Newbury St., Danvers, MA 01923, 617-777-2664 (VI)

*Mental Health Center of Cape Ann, 298 Washington St., Gloucester, MA 01930, 617-283-0296 (VI)

Mount Pleasant Hospital, 60 Granite St., Lynn, MA 01904, 617-581-5600 (VI)

*Valle Associates, 183 North Common St., Lynn, MA 01905, 617-596-2224 (VI)

*Project Cope, 9 Nahant St., Lynn, MA 01902, 617-581-9270 (VI)

3. PRIMARY PREVENTION PROGRAMS

Primary Prevention Centers provide a regionally based resource for the prevention of substance abuse problems. These centers do not provide services to individual clients but offer training and resource material to schools and organizations engaged in substance abuse prevention.

The Psychological Center, 488 Essex St., Lawrence, MA 01841, 617-685-1337 (III)

North Shore Council on Alcoholism, Inc., Primary Prevention Program, 183 Newbury St., Danvers, MA 01923, 617-777-2664 (VI)

4. SELF-HELP GROUPS AND OTHER RESOURCES

Alcoholics Anonymous (A.A.), Al-Anon and Alateen are available to all alcohol abusing individuals and their families.

Information on these self-help organizations can be obtained by calling hot-lines available to the public. The following numbers are usually manned by volunteers on a 24-hour basis. They are trained to respond to crisis situations or to make referrals.

Alcoholics Anonymous, Central Office, 286 Summer St.,
Boston, MA 02210
617-426-9444

" " Lowell, 617-565-4354

Al-Anon Family Groups of Mass. Inc., Central Office,
460 Washington St., Room 9,
Braintree, 617-843-5300

Narcotics Anonymous 617-569-9782

Cocaine Hotline 1-800-COCAINE

C. RESIDENTIAL DRUG TREATMENT SERVICES

1. RESIDENTIAL DETOXIFICATION PROGRAMS

These programs provide a twenty-one day medically supervised detoxification and medical exam, individual and/or group counseling, and referral to continued drug rehabilitation treatment.

Baldpate, Inc., Baldpate Rd., Georgetown, MA 01833,
617-352-2131 (III)

North Shore Council on Alcoholism, North Shore
Detoxification Center, 450 Maple St., Danvers, MA 01923,
617-777-2121 or 617-595-2121 (VI)

Union Hospital Alcoholism and Drug Services, 500 Lynnfield
St., Lynn, MA 01904, 617-581-9200 (V)

2. RESIDENTIAL DRUG-FREE TREATMENT PROGRAMS

These programs provide long-term rehabilitation services to persons suffering from social, psychological, or physical dysfunction due to the use/abuse of drugs. Services include education and individual and group counseling.

Pegasus, 482 Lowell St., Lawrence, MA 01840, 617-687-5367
(III)

Team Coordinating Agency, Phoenix East, 8 Howard St., P.O.
Box 844, Haverhill, MA 01830, 617-373-1181 (III)

Mt. Pleasant Hospital, 60 Granite St., Lynn, MA 01904,
617-581-5600 (VI)

Project Cope, 117 North Common St., Lynn, MA 01905,
617-581-9270 (VI)

Whidden Memorial Alcoholism Services, 103 Garland St.,
Everett, MA 02149, 617-389-6270 (VI)

3. RESIDENTIAL YOUTH TREATMENT PROGRAMS

Pegasus, 482 Lowell St., Lawrence, MA 01840, 617-687-4257
(III)

D. NON-RESIDENTIAL DRUG TREATMENT PROGRAMS

1. METHADONE DETOXIFICATION PROGRAMS (OUTPATIENT)

This program provides detoxification from opiates. Medical screening and evaluation, individual and/or group counseling, and referral for continued treatment are also provided.

North Charles Institute for the Addictions, 260 Beacon St.,
Somerville, MA 02143, 617-661-5700 (IVA)

2. METHADONE MAINTENANCE PROGRAMS (OUTPATIENT)

This service provides medical support to opiate addicted individuals who require the additional support of methadone maintenance chemotherapy beyond detoxification. Services also include medical screening and evaluation, and individual group or family counseling.

North Charles Institute for the Addictions, 260 Beacon St.,
Somerville, MA 02143, 617-661-5700 (IVA)

3. DRUG-FREE COUNSELING SERVICES (OUTPATIENT)

These programs provide individual, group, and family counseling to individuals suffering social, psychological and physical dysfunction due to the use of drugs. Ancillary services such as information and referral, screening and case management are also provided.

Greater Lawrence Psychological Center, 488 Essex St.,
Lawrence, MA 01840, 617-685-1337 (III)

SHARE, Inc., Center for Counseling Services, 660 Middlesex
St., Lowell, MA 01853, 617-459-2306 (III)

Team Coordinating Agency Community Outreach Center, 8
Howard St., P.O. Box 844, Haverhill, MA 01830,
617-373-1181 (III)

Turning Point, Inc., 5 Middle St., Newburyport, MA 01950,
617-462-8251 (III)

Mount Pleasant Hospital, 60 Granite St., Lynn, MA 01904,
617-581-5600 (VI)

NUVA, 3 Emerson Ave., Gloucester, MA 01930, 617-283-0000
(VI)

Project Cope, Inc., 117 North Common St., Lynn, MA 01905,
617-745-8966 (VI)

Tri-Town Council on Youth and Family Services, 458 Old
Boston Rd., Topsfield, MA 01983, 617-887-6512 (VI)

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