

Mount Auburn Hospital - FY2012

Community Benefits Mission Statement

Mount Auburn Hospital is committed to improving the health and wellbeing of community members by collaborating with community partners to reduce barriers to health, increase prevention and/or self management of chronic disease and increase the early detection of illness.

Target Populations

Name of Target Population	Basis for Selection
Homeless	Request from local homeless shelters
Underserved Members served by Community Health Network Areas	Community Needs Assessment, DoN Funding
Waltham Youth and Families	Community Assessment in Waltham
Arlington Youth	Request from Arlington Public Schools
Community Members who suffer from hunger	Community Assessment, Request from community
Community members served by Joseph M. Smith Community Health Center	Requests from Joseph M. Smith Community Health Center
Elders	Community Needs Assessment, Requests from Councils on Aging, Homecare providers, Homebound elders and their families
Immigrants	ESOL providers, Community Needs Assessment
Community Members at Risk for Domestic Violence without Safe Disposition	Cambridge Police Department and MAH Clinicians
Youth	Community Needs Assessment, DoN Funding
Community Members Suffering with Mental Health	Community Needs Assessment, DoN Funding
Community Members At Risk For Abusing Substances	Youth Risk Behavior Survey, Emergency Room and Treatment Program Data, Data from local police and universities
Community Members at Risk for Experiencing Crime	Community Needs Assessment, DoN Funding

Publication of Target Populations

Website

Hospital/HMO Web Page Publicizing Target Pop.

www.mountauburnhospital.org

Key Accomplishments of Reporting Year

To serve our most vulnerable community members, Mount Auburn Hospital has developed the Listen and Learn community health model of community engaged collaborations that aim to address health disparities by bridging the gap between community members and clinicians. In each Listen and Learn program, community members affected by a health disparity share their beliefs and perceptions and participate in a planning process. In FY12 there were 3 Listen and Learn programs. To address the increased rate of Type 2 diabetes among immigrant community members, MAH staff worked with ESOL students enrolled in Waltham Family School and the Breaking Barriers program at WATCH in Waltham. The students learned about health disparities and how to reduce their risk of developing diabetes. Similar programs at the Cambridge Learning Center diabetes and in addressed immigrant women's barriers to breast cancer screening and involved oncology nurses as well as mammography therapists. Additionally MAH worked with Healthy Waltham, Waltham Family School and Power Program to develop a broad curriculum for providing ESOL teachers with tools to teach about obesity and active living. Immigrant health was also addressed more broadly in the Bridge to Healthcare program which provides Health Education at local ESOL providers.

Elder Health was addressed within the following programs: 1) Medical House Calls, 2) community based blood pressure screenings, 3) Matter of Balance Fall Prevention, 4) Listen and Learn Stroke with underserved elders at the Cambridge Salvation Army 5) My Life My Health Chronic Disease Self Management Program and 6) Informal Caregiver needs assessment .

Mount Auburn Hospital continued to support Joseph M. Smith Community Health Center to serve its clients by providing financial counselors, midwifery and men's urology programs.

Substance abuse was addressed through the work of the Community Health Network Area 17, the Regional Center for Healthy Communities, and projects with the OPEN (Overdose Prevention and Education Network). In collaboration with the Arlington Public Schools MAH utilized Photovoice to build the students capacity to impact local policy.

Youth were also served through the Waltham Wellness, program which addresses obesity prevention using school and community gardens and target work with school cafeteria staff.

Additional programs which addressed the needs of vulnerable populations included: 1) educational sessions to build the capacity of homeless community members to develop self care skills, 2) food pantry drives, 3) systems to enroll community members in Supplemental Nutrition Program Assistance (SNAP) and 4) systems to provide transportation to medical services.

By working closely with members of CHNA 17 MAH has provided funding for grant programs aimed at improving community health and wellbeing. There are two multi-year grant programs. The first, for three years, addresses Youth Access to Services. The second, for two years, addresses Food and Activity. Each program requires grantees to participate in Communities of Learning where successes and challenges are shared. Mental Health is address through scholarship for Mental Health First Aid trainings. Focus groups have been designed to gather more information on possible activities to address crime and safety in these communities.

Community Members received support through our many Support Groups and related programming.

In FY 2012 Mount Auburn Hospital worked closely with community members and members of local public health departments to complete a Community Health Needs Assessment and Implementation Plan.

Plans for Next Reporting Year

In FY13 we will continue to utilize the Listen and Learn Model to address Health Disparities. In particular we will work with community partners in Watertown to develop a curriculum for ESOL students enrolled in Project Literacy. Listen and Learn Breast Health will expand to include immigrant women in local communities and work to develop their skills as health leaders.

Immigrant health will continue to be addressed more broadly in the Bridge to Healthcare program which provides Health Education at local ESOL partners. We will work with Healthy Waltham, a Mass In Motion partner, to improve the health of immigrants in Waltham.

Elder Health will continue to be addressed by decreasing barriers to health care by maintaining a Medical House Calls Program, and continuing the Matter of Balance fall prevention program and the Stanford Chronic Disease Self Management Program; My Life, My Health. MAH will work with partners in Cambridge who serve elders to complete a needs assessment of caregiver education and support.

Mount Auburn Hospital will continue to support the capacity of Joseph M. Smith Community Health Center to serve its clients by providing financial counselors, men's urology programs and midwifery support. We will work with Jewish Family and Children's Services, and WIC to improve breast feeding support and pilot a Centering program.

Substance abuse is address through the work of the Community Health Network Area 17, the Regional Center for Healthy Communities, and projects with the OPEN (Overdose Prevention and Education Network). As part of a social norms campaign with Arlington middle school children MAH will work with Arlington High School to design and implement trainings that can be incorporated into existing curriculum.

Programs which continue to address the needs of vulnerable populations will include: 1) educational sessions to build the capacity of homeless community members to develop self care skills, 2) food pantry drives, 3) systems to enroll patients in Supplemental Nutrition Program Assistance (SNAP) 4) systems to provide transportation to medical services, and the creation of an opioid overdose prevention work team.

Mount Auburn Hospital will continue to work closely with Community Health Network Area members to implement and evaluate programs by serving on the CHNA 17 Steering Committee and participating fully in the general membership. Priority areas identified are: Youth Substance Abuse, Mental Health and Elders, Food and Fitness Council and Crime and safety.

Community Benefits Process

Select Community Benefits Process

Community Benefits Leadership/Team

The Director of Community Health is responsible for the development and implementation of MAH's community benefits program. As supervisor to the Metrowest Regional Center for Healthy Communities (RCHC) staff, the director has continuous dialogues with those who work closely with local Community Health Network Areas (CHNAs). The Director reports to the Vice President of Marketing and Strategic Planning, who ensures that community benefit priorities are monitored by senior management. The CEO of the hospital is actively involved in initiating activities and relationships with community partners.

Only the costs that relate directly to the Community Benefit portion of programs are counted as expenditures.

Community Benefits Team Meetings

Annually the Board of Trustees approves the Community Benefit's mission statement and plan. The VP of Marketing and Strategic Planning and the Director of Community Health meet regularly to discuss community benefit programming. Amendments to the plan during the year are approved by the VP of Marketing and Strategic Planning. A hospital-wide Diversity Committee, aimed at keeping the organization focused on the needs of patients and employees from different cultural and linguistic backgrounds, is chaired by the Director of Community Health and includes representatives from many hospital disciplines.

The Community Benefits Plan was presented to the Patient and Family Advisory Council. Copies of the Community Benefits Plan were sent to everyone involved in the community needs assessment. Community Health staff members meet monthly to review community programs. Community members are invited to an open Community Benefits meeting. The Metrowest Regional Center for Healthy Communities, a Mount Auburn Hospital program has a Community Advisory Board that provides suggestions and feedback.

Community Partners

Alcoholics Anonymous
American Cancer Society
Arlington Enrichment Collaborative
Arlington Public Schools
Arlington Youth Health and Safety Coalition
Belmont Council on Aging
Breaking Barriers at Waltham Alliances to Create Housing
Cambridge and Somerville Program for Alcohol and Drug Rehabilitation -CASPAR
Cambridge Council on Aging
Cambridge Learning Center
Cambridge Prevention Coalition
CHNA 15
CHNA 16
CHNA 17
CHNA 18
CHNA 20
CHNA 7
Door to Door Community Transportation

Heading Home
Healthy Waltham
Institute of Community Health
Joseph M. Smith Community Health Center
Medford Health Matters
On the Rise
Overdose Prevention and Education Network
Power Program
Project Bread
Project Literacy
Salvation Army Cambridge
SMART Recovery
Somerville Care About Prevention
Somerville Center for Adult Learning Experiences
Somerville Department of Public Health
Somerville/Cambridge Eldercare Services
Springwell
U Mass Memorial Tobacco Free Initiative
VNA Care Network and Alliance
Waltham Alliance to Create Housing
Waltham Council on Aging
Waltham Family School
Waltham Fields Community Farm
Waltham Interagency Council
Waltham Partnership for Youth
Waltham Public Schools
Watertown Council on Aging
Watertown Department of Public Health
Watertown Youth Coalition
YWCA Cambridge

Community Health Needs Assessment

Date Last Assessment Completed and Current Status

Mount Auburn Hospital (MAH) addresses the broad health issues in the community and provides community residents with a wide range of services consistent with our community health mission statement:

Mount Auburn Hospital is committed to improving the health and wellbeing of community members by collaborating with community partners to reduce barriers to health, increase prevention and/or self management of chronic disease and increase the early detection of illness.

A formal community needs assessment was last conducted from May 2009-September 2009 and was shared broadly with community organizations and individual members. Programs and activities included in this report are based on the 2009 assessment and corresponding plan.

The most current Community Health Plan was completed in July 2012 and has been developed in response to both the Massachusetts Attorney General's and Federal guidelines. This current assessment incorporates a review of:

- Population data
- Health indicators
- Current community benefit programming at Mount Auburn Hospital
- Health Services in the area
- Input from Community Members and Public Health Departments

Pertinent assessment material was reviewed with community members including those affiliated with public health departments, community based organizations and with Community Health Network Areas (CHNA) with a focus on the Steering Committees of CHNAs 7, 15, 17, 18, and 20 as well as the those members who are part of the CHNA17 which serves Arlington, Belmont, Cambridge, Somerville, Waltham and Watertown.

Priorities for the Community Benefit plan were developed by reviewing the current programs and resources, information obtained from the Community Health Needs Assessment, input from CHNA steering committees and CHNA17 membership and considering the Attorney General's recommended state wide priorities. The programs and activities that are a result of this careful prioritization will be reported for fiscal year 2013.

Recognizing that community benefit planning is ongoing and will change with continued community input the Mount Auburn Hospital Community Benefit plan will evolve. Senior Management and the Board of Trustees are committed to assessing information and updates as needed.

Mount Auburn Hospital Community Benefits starting in FY13 are aimed at serving community members who live Arlington, Belmont, Cambridge, Waltham, Watertown and Somerville, community members served by Joseph M. Community Health Center and Community Health Network Areas (CHNA) 7,15, 17, 18 and 20.

This decision was made by reviewing MAH primary discharge data, the needs of the Community Health Network Areas and the needs of the closest federally qualified community health center-Joseph M. Smith Community Health Center (JMSCHC). Towns that represented more than 5% of Mount Auburn Hospital discharges are Arlington, Belmont, Cambridge, Somerville, Watertown and Waltham.

Data Sources

A review of public health data for MAH community benefit towns was done in collaboration with the Institute of Community Health. Health indicators were Substance Abuse, Mental Health, Sexual Health, Diabetes, Cardiovascular Disease and Cancer, and Maternal Child Health. Data sources reviewed included:

- Bureau of Health Information, Statistics, Research, and Evaluation, Division of Research and Epidemiology, "Massachusetts Births 2009", MDPH
- Bureau of Substance Abuse Services (BSAS), Substance Abuse Treatment Programs, MDPH
- Epidemiology Program, Bureau of Communicable Disease Control Registries, MDPH
- HIV/AIDS Surveillance Program, Bureau of Communicable Disease Control Registries, MDPH
- Massachusetts Division of Health Care Finance and Policy Uniform Hospital Discharge Dataset System
- Registry of Vital Records and Statistics, Bureau of Health Information, Statistics, Research and Evaluation, MDPH (MassChip)
- Sexually Transmitted Disease Program, Bureau of Communicable Disease Control Registries, MDPH
- US Census Bureau, Decennial Census 2000 & 2010

Additionally community members and members of local departments of Public Health were included in the assessment.

Consultants/Other Organizations

Alice Knowles (Institute for Community Health)
Charlene Julien (Regional Center for Healthy Communities)
Coleen Leger (Arlington Youth and Safety Coalition)
Deborah Levine Goodman (Cambridge Learning Center)
Eileen Levin (CAPS)
Elizabeth Aguilo (Paine Senior Services)
Emily Bhargava (Regional Center for Healthy Communities)
Emily Chiasson (Institute for Community Health)
Felipe Vaquerano (Cambridge Learning Center)
Frank Connelly (Cambridge Prevention Coalition)
John Gatto (Cambridge Cares About AIDS)
Judy Fallows (Healthy Waltham)
Laura Kurman (Wayside Multiservice Center/ Watertown Youth Coalition)
Lea Susan Ojamaa (Mass Department of Public Health)
Lisa Brukilacchio (Somerville Community Health Agenda)
Marsha Lazar (Cambridge Public Health Department)
Mary DeCoursey (Mount Auburn Hospital)
Mary Johnson (Mount Auburn Hospital)
Rebecca Harmer (RCHC Intern)
Sadie Simone (CHNA 17)
Stacy Carruth (Regional Center for Healthy Communities)
Susan Kilroy-Ames (Cambridge Public Health Department)

Liz Daube (CAH)
 Phyllis Brown (Arlington)
 Lynn Horgan (Arlington)

Data Sources

Community Focus Groups, Hospital, Consumer Group, Interviews, MassCHIP, Public Health Personnel, Surveys, CHNA

Select Community Benefits Programs

Regional Center for Healthy Communities

Brief Description or Objective MAH has secured Bureau of Substance Abuse funding (most recent 2007) to provide services to the Metrowest region through the Regional Center for Healthy Communities to address health promotion and prevention concerns. Specific programs are aimed at reducing alcohol, tobacco and other drug use.

Program Type Community Participation/Capacity Building Initiative, Healthy Communities Partnership

Target Population

- **Regions Served:** Cambridge, Somerville, Watertown
- **Health Indicator:** Other: Alcohol and Substance Abuse, Substance Abuse, Tobacco Use
- **Sex:** All
- **Age Group:** All, Child-Teen
- **Ethnic Group:** All
- **Language:** English

Goals
Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description **Goal Status**

LTG: Increase community-level protective factors Ongoing

LTG: Reduce the rates of substance use and abuse among youth ages 13-24 Ongoing

STG: Conduct annual coalition assessments to measure changes in capacity of local substance abuse coalitions Completed

STG: Provide coalitions with tools and trainings to build their capacity Completed

STG: Provide new TA provider with information about each coalition Completed

LTG: Reduce the number of opioid overdose in the Cambridge area Ongoing

Partners

Partner Name, Description **Partner Web Address**

Watertown Youth Coalition <http://www.watertownyouthcoalition.org/>

Somerville Cares About Prevention <http://www.somervillema.gov/Division.cfm?orgunit=SCAP>

Waltham Partnership for <http://www.walthampartnershipforyouth.org/>

Youth
Cambridge Prevention Coalition <http://www2.cambridgema.gov/dhsp2/cpc.cfm>

Contact Information Mary Hunt Johnson RN, Director Community Health Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722 , mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#) (199.86 KB)
File Name: RCHC Brochure 2010.pdf

Bridge to Healthcare

Brief Description or Objective Bridge is targeted to uninsured/underinsured and LEP residents. Materials and presentations are translated into other languages. Health education topics are coordinated with ESOL program directors.

Program Type Outreach to Underserved

Target Population

- **Regions Served:** Cambridge, Somerville, Waltham, Watertown
- **Health Indicator:** All
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals
Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Improve health literacy and understanding of the US health care system among ESOL students to reduce barriers to health.	Ongoing
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STG: Create module to incorporate Healthy Eating and Exercise into Waltham Family School Curriculum	Completed
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STG: Pilot module with Waltham Family School	Completed
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STG: Design and implement programs for ESOL partners based on identified needs.	Ongoing
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STG: Support for Massachusetts Alliance of Portuguese Speakers	Completed
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STG: Corporate sponsorship for YMCA Cambridge	Completed
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STG: Corporate sponsorship for YWCA Cambridge	Completed
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Partners

Partner Name, Description	Partner Web Address
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Power Program	http://walthampp.org/
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Cambridge Learning Center	http://www2.cambridgema.gov/dhsp2/clc.cfm
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Breaking Barriers at Waltham Alliance To Create Housing	www.watchcdc.org
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Waltham Family	www.walthampublicschools.org/fam.cfm
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School

Healthy Waltham www.healthy-waltham.org

Contact Information Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#) (2862.13 KB)
File Name: Mount Auburn Hospital H1N1 ESOL.pdf

Listen and Learn: Type 2 Diabetes, Breast Health, Stroke

Brief Description or Objective Listen and Learn programs bring clinicians and community members together to "listen and learn" from each other about barriers to the prevention and early detection of illness. Community members are encouraged to share their beliefs about illness and barriers to prevention and early detection guidelines. Information learned is shared with appropriate clinical teams at Mount Auburn Hospital.

Program Type Community Education, Community Participation/Capacity Building Initiative, Health Professional/Staff Training, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** Cambridge, Waltham
- **Health Indicator:** Other: Cancer - Breast, Other: Diabetes, Other: Stroke, Other: Uninsured/Underinsured
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All, Hispanic/Latino
- **Language:** All , Spanish

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Reduce Health Disparities	Ongoing
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STG: Learning Communities with immigrant community members and Mount Auburn Hospital clinicians to learn together about prevention and early detection of illnesses.	Ongoing
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STG; Design and implement new Stroke Listen and Learn	Completed
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Partners

Partner Name, Description	Partner Web Address
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Waltham Alliance To Create Housing	watchcdc.org/
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Waltham Family School	www.walthampublicschools.org/fam.cfm
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Cambridge Learning Center	http://www.cambridgema.gov/DHSP/programsforadults/communitylearningcenter.aspx
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Salvation Army Cambridge	http://www.uss.salvationarmy.org/cambridge
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Contact Information Mary Hunt Johnson 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#) (460.09 KB)
File Name: Diabetes Listen and Learn.pdf

Waltham Wellness

Brief Description or Objective

The Waltham Wellness program fills a vital role for the health and well-being of students in the Waltham community. By working with school food personnel and others strategies are aimed to increase availability and accessibility of healthy food option in Waltham schools. Ultimate goals are to improve nutrition and exercise among Waltham youth to prevent illness.

Program Type

Prevention

Target Population

- **Regions Served:** Waltham
- **Health Indicator:** Other: Nutrition
- **Sex:** All
- **Age Group:** All Children
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description

Goal Status

LTG: To support health promotion and obesity prevention for Waltham youth and families

Ongoing

STG: Community members participate in the upkeep of 5 gardens

Ongoing

STG: Waltham Family School students are able to demonstrate the Plate Method

Completed

STG: Translate and print Let's Move Waltham Brochures

Completed

Partners

Partner Name, Description

Partner Web Address

Healthy Waltham

<http://www.healthy-waltham.org>

Waltham Public Schools

www.walthampublicschools.org

Joseph M. Smith Community Health Center

www.jmschc.org

Waltham Partnership for Youth

www.walthampartnershipforyouth.org

Waltham Fields Community Farm

communityfarms.org/

Waltham Family School

www.walthampublicschools.org/fam.cfm

Contact Information

Judy Fallows Program Director Judy Fallows, Healthy Waltham Project Director (617) 924-5273 (home office) , jfallows@healthy-waltham.org

Detailed Description

Not Specified

Promoting Health of the Homeless

Brief Description or Objective

Brings basic health education to the homeless. These encounters foster relationships with health care providers and improve health seeking behaviors.

Program Type

Community Education

Target Population

- **Regions Served:** Cambridge, Somerville
- **Health Indicator:** Other: Homelessness
- **Sex:** All
- **Age Group:** Adult

- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease morbidity from preventable and detectable illnesses.	Ongoing
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STG: Increase self care skills- prevention of illness, early detection through 10 education programs	Completed
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STG: Provide corporate sponsorship for On The Rise	Completed
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Partners

Partner Name, Description	Partner Web Address
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Heading Home	www.headinghomeinc.org/
CASPAR	www.casparinc.org/
Salvation Army Cambridge	www.uss.salvationarmy.org/cambridge
On The Rise	www.ontherise.org/
YWCA	http://www.ywcacam.org/

Contact Information

Mary Hunt Johnson RN 330 Mount Auburn Street Cambridge, MA 02138, mjohnso1@mah.harvard.edu

Detailed Description

Not Specified

Addressing Hunger

Brief Description or Objective

In an effort to address hunger this program conducts food drives, supplies fruit to On The Rise and provides opportunities for SNAP enrollment to improve nutritional status in vulnerable populations.

Program Type

Direct Services

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown
- **Health Indicator:** Other: Nutrition
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease hunger in community members.	Ongoing
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STG: MAH Financial Counselors to enroll community members in SNAP.	Ongoing
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STG: Conduct food drive for Salvation Army-Cambridge Food Pantry	Completed
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STG: Provide bi-weekly fresh fruit to On The Rise day shelter	Completed
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STG: Sponsorship for Food For Free Cambridge	Completed
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Partners

Partner Name, Description	Partner Web Address
Salvation Army	www.uss.salvationarmy.org/cambridge
Project Bread	www.projectbread.org/
On The Rise	www.ontherise.org

Contact Information Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#) (67.33 KB)
File Name: SNAP-Mount Auburn Hospital.pdf

Medical House Calls to homebound seniors

Brief Description or Objective In response to a working group consisting of homecare providers, home bound elders and their families, and geriatricians; this program addresses barriers to health care by taking geriatricians out of the office to care for vulnerable elders in their own homes.

Program Type Direct Services

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown
- **Health Indicator:** Access to Health Care, Other: Elder Care, Other: Homebound
- **Sex:** All
- **Age Group:** Adult-Elder
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease Elder morbidity and mortality associated with being homebound.	Ongoing
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STG: Provide at least 200 medical visits to homebound seniors.	Completed
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Partners

Partner Name, Description	Partner Web Address
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Homebound seniors and their families	
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Contact Information Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description Not Specified

Lack of Transportation

Brief Description or Objective Explores ways to address transportation when it is a barrier to medical care.

Program Type Direct Services

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown
- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** Adult-Elder
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Eliminate transportation as a barrier to medical care.	Ongoing
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STG: Social Workers and other clinicians identify patients in need of transportation.	Ongoing
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STG: Provide financial support to Belmont Council on Aging transportation services	Completed
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Partners

Partner Name, Description	Partner Web Address
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SCM Community Transportation	www.scmtransportation.org/
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Contact Information

Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description

Not Specified

Midwifery Program at Joseph M. Smith Community Health Center

Brief Description or Objective

This program improves birth outcomes by improving access to peri-natal care.
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Program Type

Direct Services

Target Population

- **Regions Served:** Boston-Allston, Waltham
- **Health Indicator:** Other: Pregnancy
- **Sex:** Female
- **Age Group:** All Adults
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG-Improve birth outcomes by improving access to peri-natal care.	Ongoing
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STG: Provide doulas to at least 30 Latinas during childbirth.	Completed
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STG: Provide support staff to midwifery program onsite at Joseph M. Smith Community Health Center	Ongoing
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Partners

Partner Name, Description	Partner Web Address
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Joseph M. Smith Community Health Center	www.jmschc.org
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Contact Information

Tamara Jessiman, CNM 330 Mount Auburn Street Cambridge, MA 02138 617-499-5130, tjessima@mah.harvard.edu

Detailed Description

Not Specified

Financial Counselors at Joseph M. Smith Community Health Center

Brief Description or Objective

Provides financial counselors to augment health care center staff.
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Program Type

Health Coverage Subsidies or Enrollment

Target Population

- **Regions Served:** Waltham

- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Address Unmet Health Needs of the Uninsured, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Increase access to health care for underserved community members.	Completed
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STG: Maintain Financial Counselors (2FTEs) at JMSCHC	Ongoing
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Partners

Partner Name, Description	Partner Web Address
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Joseph M. Smith Community Health Center	www.jmschc.org
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Contact Information

Angelo Diorio, 330 Mount Auburn Street, Cambridge, MA 02138 617-499-5566, adiorio@mah.harvard.edu

Detailed Description

Not Specified

Men's Urological Health

Brief Description or Objective

Provides urological health services to men who otherwise would not have access to these services.

Program Type

Direct Services

Target Population

- **Regions Served:** Boston-Allston, Waltham
- **Health Indicator:** Access to Health Care, Other: Cancer - Other, Other: Cancer - Prostate
- **Sex:** Male
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease urological morbidity for male patients from JMSCHC	Ongoing
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STG: Provide navigation support for JMSCHC patients.	Ongoing
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STG: Provide at least 15 urology clinics for JMSCHC patients.	Completed
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Partners

Partner Name, Description	Partner Web Address
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Joseph M. Smith Community Health Center	www.jmschc.org
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Contact Information

Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description

Not Specified

Community Health Network Areas

Brief Description or

MAH staff works closely with the local CHNAs to promote the provision of primary and

Objective	preventative health care services for underserved populations in the CHNA's service area.
Program Type	Community Participation/Capacity Building Initiative
Target Population	<ul style="list-style-type: none"> • Regions Served: Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown • Health Indicator: All • Sex: All • Age Group: All • Ethnic Group: All • Language: All

Goals
Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
LTG: Improve community health through a health promotion and prevention infrastructure that is accessible and impactful for the most underserved populations within the hospital's service area.	Ongoing
STG: Provide TA for CHNAs 7, 15, 17,18 & 20	Ongoing
STG: MAH staff to serve on CHNA 17 steering committee	Ongoing
LTG: Support community health assessments, community planning and priority setting, and other services to support the community health initiatives in CHNA 17	Ongoing

Partners

Partner Name, Description	Partner Web Address
CHNA 17	http://www.healthier-communities.org/chna17
Healthy Waltham	healthy-waltham.org/

Contact Information Mary Hunt Johnson RN Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#)(71.55 KB)
File Name: CHNA 17 Summary.pdf

Institute of Community Health-Support

Brief Description or Objective	Support Institute of Community Health goals. "The goals of ICH are to advance community health research; promote community health education and training; develop community action programs and policy; and forge linkages among health care systems, community partners, and academic institutions with shared community health objectives."
Program Type	Community Participation/Capacity Building Initiative,Grant/Donation/Foundation/Scholarship,Healthy Communities Partnership
Target Population	<ul style="list-style-type: none"> • Regions Served: Cambridge, Somerville • Health Indicator: Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Public Safety, Other: Rape, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Overweight and Obesity, Physical Activity, Responsible Sexual Behavior, Substance Abuse, Tobacco Use • Sex: All • Age Group: All • Ethnic Group: All • Language: All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Support ICH mission	Ongoing
STG: Provide financial support to ICH	Completed
STG: MAH physicians to serve on ICH board	Ongoing

Partners

Partner Name, Description	Partner Web Address
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Institute of Community Health	http://www.icommunityhealth.org/
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Contact Information

Mary Hunt Johnson RN 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description

[Download/View Attachment](#) (835.48 KB)
File Name: ICommBrochure.pdf

Tobacco Free Peer Leader Development-A Social Norms Approach

Brief Description or Objective

Mount Auburn Hospital works closely with the Arlington Enrichment Collaborative (AEC) and the Arlington Youth Health and Safety Coalition (AYHSC) to bring tobacco awareness as well as educational tools and materials to develop middle school peer leader educators, building essential steps in developing an ongoing tobacco-free social norm for middle school students.

Program Type

School/Health Center Partnership

Target Population

- **Regions Served:** Arlington
- **Health Indicator:** Other: Smoking/Tobacco
- **Sex:** All
- **Age Group:** Child-Primary School, Child-Teen
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease tobacco use among Arlington youth and young adults.	Ongoing
STG: Create Photovoice projects with Tobacco Free Peer Leaders	Completed

Partners

Partner Name, Description	Partner Web Address
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Arlington Public Schools	www.arlington.k12.ma.us/
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Arlington Enrichment Collaborative	www.arlingtonenrichment.org/
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Arlington Youth Health and Safety Coalition	http://www.town.arlington.ma.us/Public_Documents/ArlingtonMA_HServe/AYHSC/index
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Contact Information	Mary DeCoursey, MS 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mdecourc@mah.harvard.edu
Detailed Description	Download/View Attachment (1430.53 KB) File Name: Mount Auburn Hospital Social Norms Tobacco.ppt

Smoking Cessation

Brief Description or Objective	This free program provides Smoking Cessation education to those in need of quitting.
Program Type	Direct Services
Target Population	<ul style="list-style-type: none"> • Regions Served: Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown • Health Indicator: Other: Smoking/Tobacco • Sex: All • Age Group: Adult • Ethnic Group: All • Language: English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
STG: Provide 2 smoking cessation courses free to community members	Completed
LTG: Decrease number of community members who smoke	Ongoing

Partners

Partner Name, Description	Partner Web Address
U Mass Memorial Tobacco Free Initiative	www.umassmemorial.org/TobaccoFreeInitiative

Contact Information	Laura M. Beaton Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, lbeaton@mah.harvard.edu
Detailed Description	Download/View Attachment (84.48 KB) File Name: smokingcessationflyermountauburnhospital.doc

Matter of Balance

Brief Description or Objective	To improve the health of seniors, Mount Auburn Hospital offers this evidenced based program to senior community members at risk for falls.
Program Type	Prevention
Target Population	<ul style="list-style-type: none"> • Regions Served: Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown • Health Indicator: Injury and Violence, Physical Activity • Sex: All • Age Group: Adult-Elder • Ethnic Group: All • Language: English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
LTG: Prevent falls in seniors	Ongoing

STG: Offer Matter of Balance Ongoing
programming free to vulnerable
seniors

Partners

Partner Name, Description	Partner Web Address
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Somerville Cambridge Elder Services	www.eldercare.org/
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Contact Information	Laura Beaton Community Health Mount Auburn Hospital 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, lbeaton@mah.harvard.edu
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Detailed Description	Download/View Attachment (192.20 KB) File Name: Matter Of Balance Flyer.pdf
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Salvation Army Support

Brief Description or Objective	MAH staff provides support to Salvation Army initiatives.
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Program Type	Community Participation/Capacity Building Initiative
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Target Population	<ul style="list-style-type: none">• Regions Served: Cambridge• Health Indicator: Other: Alcohol and Substance Abuse, Other: Homelessness, Other: Nutrition• Sex: All• Age Group: Adult• Ethnic Group: American Indian/Alaskan Native• Language: All
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Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Support Salvation Army mission	Ongoing
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STG: Provide support for Salvation Army Bell Ringing	Completed
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Partners

Partner Name, Description	Partner Web Address
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Salvation Army	http://www.salvationarmyusa.org/ndos/app/zipcode.jsf?zip=02138
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Contact Information	Mary Hunt Johnson Director, Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu
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Detailed Description	Not Specified
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Social Worker Support for Watertown Community Members

Brief Description or Objective	MAH Social Workers meets regularly with Watertown DPH and Social Worker to provide optimum communication about the needs of Watertown Community Members.
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Program Type	Community Participation/Capacity Building Initiative
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Target Population	<ul style="list-style-type: none">• Regions Served: Watertown• Health Indicator: Other: Elder Care• Sex: All• Age Group: Adult-Elder• Ethnic Group: All• Language: All
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Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Promote wellness of vulnerable community members in Watertown	Ongoing
STG: MAH Social Worker to attend monthly meetings with Watertown Community Group	Ongoing

Partners

Partner Name, Description	Partner Web Address
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Watertown Department of Public Health	www.ci.watertown.ma.us/ -
Springwell Elder Services	www.springwell.com/

Contact Information

Kathy Howard Director of Social Work 330 Mount Auburn Hospital Cambridge, MA 02138 617-499-5050, kahoward@mah.harvard.edu

Detailed Description

Not Specified

Bereavement Support Group

Brief Description or Objective

This support group is open to any adult community member who has experienced the death of someone significant in their life.

Program Type

Support Group

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown
- **Health Indicator:** Other: Bereavement
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Community members cope effectively with grief.	Ongoing
STG: Provide Bereavement Support Groups for Community Members	Ongoing

Partners

Partner Name, Description	Partner Web Address
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Not Specified

Contact Information

Rev. Beth Loomis Pastoral Care Director 330 Mount Auburn Street Cambridge, MA 02138 617-499-5110 x8606, bloomis@mah.harvard.edu

Detailed Description

Not Specified

Support for Community Members with Cancer

Brief Description or Objective

This program works with cancer patients to create a sense of support, confidence, courage, and community among cancer patients.

Program Type

Support Group

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown
- **Health Indicator:** Other: Cancer - Other
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All

- **Language:** English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description

LTG: Provide support to community members with cancer.

Goal Status

Ongoing

STG: Host Look Good Feel Better sessions for community members.

Ongoing

STG: Hold Breast Cancer Support Groups for community members diagnosed with breast cancer.

Ongoing

Partners

Partner Name, Description

American Cancer Society

Partner Web Address

www.cancer.org

Contact Information

Beth Roy, LICSW Breast Center Coordinator 330 Mount Auburn Street Cambridge, MA 02138 617-499-5755 , Eroy@mah.harvard.edu

Detailed Description

Not Specified

In Kind space for local Alcohol Support Groups

Brief Description or Objective

Provide handicapped accessible space for AA and SMART recovery programs to meet.

Program Type

Community Participation/Capacity Building Initiative, Support Group

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown
- **Health Indicator:** Other: Alcohol and Substance Abuse
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description

LTG: Provide space for AA and SMART recovery in handicapped accessible location

Goal Status

Ongoing

Partners

Partner

Name, Description

AA <http://www.aabosmeetings.org/results-town.aspx>

Smart Recovery http://www.smartrecovery.org/meetings_db/view/showalpha_state.php?search=M

Partner Web Address

Contact Information

Michael O'Connell VP 330 Mount Auburn Street Cambridge, MA 02138 617-499-5699, moconnel@mah.harvard.edu

Detailed Description

Not Specified

Overdose Prevention Program

Brief Description or Objective

Work with OPEN to increase awareness about overdoses in Cambridge. Facilitate Photovoice project.

Program Type Community Participation/Capacity Building Initiative

Target Population

- **Regions Served:** Cambridge
- **Health Indicator:** Substance Abuse
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Decrease overdoses in Cambridge	Ongoing
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STG: Design Photovoice project for OPEN	Completed
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STG: Facilitate Photovoice project.	Ongoing
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Partners

Partner

Name, Description	Partner Web Address
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Overdose Prevention and Education Network	http://www2.cambridgema.gov/DHSP2/cpcopen.cfm
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Harvard University Health Services	http://huhs.harvard.edu/Home.aspx
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Contact Information

Mary Hunt Johnson Director, Community Health 330 Mount Auburn Street Cambridge, MA 02138
617-499-5722, mjohnso1@mah.harvard.edu

Detailed Description

Not Specified

Emergency Response Systems to Underserved Elders and Disabled Adults

Brief Description or Objective

This program provides personal emergency response services (Lifeline) to underserved Elders and disabled adults.

Program Type

Direct Services

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Somerville, Waltham, Watertown
- **Health Indicator:** Injury and Violence, Other: Elder Care, Other: Homebound, Other: Safety - Home
- **Sex:** All
- **Age Group:** Adult, Adult-Elder
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Improve health of elders and disabled adults by helping them to remain home as long as possible.	Ongoing
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STG: Work with local Elder Services providers to provide	Ongoing
--	---------

personal response systems for underserved elders and disabled adults.

Partners

Partner Name, Description	Partner Web Address
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Somerville Cambridge Elder Services	www.eldercare.org
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Springwell	www.springwell.com
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Contact Information

Kathy Howard Director, Social Work 330 Mount Auburn Street Cambridge, MA 02138 617-499-5050 , kahoward@mah.harvard.edu

Detailed Description

Not Specified

Safe Beds

Brief Description or Objective

In partnership with the local Police Departments Mount Auburn Hospital provides temporary "Safe Beds" for victims of domestic violence. The expenses associated with this program are in-kind by MAH.

Program Type

Direct Services

Target Population

- **Regions Served:** Belmont, Cambridge, Somerville, Watertown
- **Health Indicator:** Other: Domestic Violence
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
------------------	-------------

LTG: Connect victims of domestic violence with safe and appropriate resources.	Ongoing
--	---------

STG: Provide short term emergent safe bed for community members experiencing domestic violence.	Ongoing
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Partners

Partner Name, Description	Partner Web Address
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Cambridge Police Department	www.cambridgema.gov/cpd
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Contact Information

Kathy Howard 330 Mount Auburn Street Cambridge, MA 02138 617-499-5050, kahoward@mah.harvard.edu

Detailed Description

Not Specified

Elder Cardiovascular Health

Brief Description or Objective

In this program MAH nurses reach out to elders in the community and provide blood pressure screenings and heart healthy education.

Program Type

Community Education, Health Screening

Target Population

- **Regions Served:** Belmont, Waltham, Watertown
- **Health Indicator:** Other: Cardiac Disease, Other: Hypertension, Other: Stroke
- **Sex:** All
- **Age Group:** Adult-Elder
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations

Goal Description	Goal Status
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STG: Provide free blood pressure clinics in Belmont, Watertown and Waltham	Ongoing
LTG: Reduce morbidity and mortality from cardiovascular disease in elder community members.	Ongoing

Partners

Partner Name, Description	Partner Web Address
Watertown Council on Aging	www.ci.watertown.ma.us
Waltham Council on Aging	www.city.waltham.ma.us/council-on-aging
Belmont Council on Aging	www.town.belmont.ma.us/

Contact Information	Mary Hunt Johnson RN 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu
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Detailed Description	Not Specified
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Rooming In

Brief Description or Objective	MAH works with local social service agencies to ensure that when a caregiver of an elder is admitted as a patient. The elder is admitted until safe care can be arranged. The expenses associated with this program are offered in-kind by Mount Auburn Hospital.
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Program Type	Direct Services
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Target Population	<ul style="list-style-type: none">• Regions Served: Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown• Health Indicator: Other: Elder Care• Sex: All• Age Group: Adult-Elder• Ethnic Group: All• Language: All
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Goals	Statewide Priority: Promoting Wellness of Vulnerable Populations
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Goal Description	Goal Status
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STG: Admit elders whose caregiver is being admitted.	Ongoing
LTG: Decrease vulnerability of elders who are at risk because caregiver becomes ill	Ongoing

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information	Kathy Howard, MSW Director of Social Work 330 Mount Auburn Street Cambridge, MA 02138 617-499-5050, kahoward@mah.harvard.edu
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Detailed Description	Not Specified
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Caregiver Needs Assessment

Brief Description or Objective	MAH partnered with agencies serving Cambridge seniors to pilot a needs assessment of informal caregivers. The partners reviewed current support for informal caregivers and strategies about how to improve support.
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Program Type	Community Participation/Capacity Building Initiative
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Target Population

- **Regions Served:** Cambridge
- **Health Indicator:** Other: Elder Care
- **Sex:** All
- **Age Group:** Adult-Elder
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
LTG: Provide support for informal caregivers of Cambridge elders.	Ongoing
STG: Convene task group of experts in Cambridge who work with elders.	Completed
STG: Design survey for informal caregivers of Cambridge elders	Completed
STG: Design Key Informant Interview of Cambridge elders	Completed
STG: Design focus group guide of Cambridge agencies that serve elders	Completed
STG: Conduct survey of informal caregivers of Cambridge elders	Ongoing

Partners**Partner**

Partner Name, Description	Partner Web Address
Paine Senior Services	www.paineseniorservices.org
Somerville Cambridge Elder Services	www.eldercare.org
Windsor House	www.windsorhouse.org
Cambridge Council on Aging	http://www.cambridgema.gov/boardsandcommissionsdirectory/boardsandcommissionsdirectory/councilonaging.aspx
Cambridge Health Alliance	www.cha.org

Contact Information

Mary Hunt Johnson RN, Director Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu

Detailed Description

[Download/View Attachment](#) (75.14 KB)
File Name: #3 Informal Caregiver Survey.pdf

Chronic Disease Self Management**Brief Description or Objective**

To improve the health of community members with chronic disease, Mount Auburn Hospital offers this evidenced based program to all community members.

Program Type

Direct Services

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Lexington, Medford, Somerville, Waltham, Watertown

- **Health Indicator:** Other: Chronic Pain , Other: Stress Management, Physical Activity
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
STG: Offer My Life My Health to community members at no cost	Ongoing
LTG: Improve Self Management skills for community members with chronic disease	Ongoing
STG: Train MAH staff to run Stanford Chronic Disease Self Management program	Completed

Partners

Partner Name, Description	Partner Web Address
Elder Services of the Merrimack Valley	http://esmv.org/

Contact Information	Mary Hunt Johnson RN Director Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5722, mjohnso1@mah.harvard.edu
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Detailed Description	Download/View Attachment (1255.01 KB) File Name: My Life My Health Flyer.pdf
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Tobacco Free Campus

Brief Description or Objective	Because tobacco use, and second hand smoke are a leading cause of death in the U.S. Mount Auburn Hospital will be a Tobacco Free Campus in 2013.
Program Type	Prevention
Target Population	<ul style="list-style-type: none"> • Regions Served: Cambridge • Health Indicator: Other: Smoking/Tobacco • Sex: All • Age Group: Adult • Ethnic Group: All • Language: All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
LTG: Mount Auburn Hospital Cambridge Campus will be Tobacco Free in 2013	In Progress
STG: Create task force.	Completed

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information	Michael O'Connell, VP Marketing and Strategic Planning 330 Mount Auburn Street Cambridge, MA 02138 617-499-5699, moconnel@mah.harvard.edu
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Detailed Description	Download/View Attachment (1078.95 KB) File Name: Mount Auburn Hospital Tobacco Free Campus Initiative.pdf
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Addressing Youth Issues

Brief Description or Objective Youth issues, in particular mental health, substance abuse, dating violence, bullying, and access to services for youth, were some of the top issues identified in the community needs assessment. MAH has worked with the members of CHNA 17 to make funds available to address these issues.

Program Type Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown
- **Health Indicator:** Mental Health, Other: Parenting Skills, Substance Abuse, Tobacco Use
- **Sex:** All
- **Age Group:** Child-Primary School, Child-Teen
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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LTG: Increase effectiveness of youth services and programs across violence, bullying, substance abuse and mental health to reduce harmful behaviors in towns of CHNA 17	Ongoing
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STG: Design and implement Communities of Learning between grantees-at least 2 annually	Ongoing
--	---------

STG: Document that youth are involved in program planning and implementation of each project	Completed
--	-----------

STG: Award 5 three year grants in CHNA 17 towns.	Ongoing
--	---------

Partners

Partner Name, Description	Partner Web Address
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CHNA 17	www.chna17.org
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Contact Information Mary Hunt Johnson RN, Director Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu

Detailed Description [Download/View Attachment](#)(26.91 KB)
File Name: Youth RFP.pdf

Food and Activity Policy Councils

Brief Description or Objective Through the most recent community needs assessment, obesity, access to healthy foods, and opportunities for active living were identified as a combined priority area for the CHNA. MHA has worked with members of the CHNA to make funds available to promote policy change.

Program Type Grant/Donation/Foundation/Scholarship

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown
- **Health Indicator:** Overweight and Obesity, Physical Activity
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
------------------	-------------

LTG: Reduce obesity in CHNA	Ongoing
-----------------------------	---------

17 towns

LTG: Funded food and activity policy councils are successful in implementing recommendations with municipalities and school systems that result in greater access to healthy foods and more opportunities for active living

STG: Fund 3 2 year Food and Activity Councils Completed

LTG: Design and implement Communities of Learning for FACP grantees Ongoing

STG: Each FACP will research, assess and identify resources and areas of need in their communities and share them with the community. Completed

Partners

Partner Name, Description	Partner Web Address
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CHNA 17	www.chna17.org
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Contact Information

Mary Hunt Johnson RN Director, Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu
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Detailed Description

Download/View Attachment (26.19 KB) File Name: FAPC.pdf
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Mental Health First Aid

Brief Description or Objective

Through a community needs assessment in 2011 Mental Health was identified as a priority area for the CHNA. MAH has worked with CHNA members to create scholarships to train community members in Mental Health First Aid.

Program Type

Grant/Donation/Foundation/Scholarship

Target Population

- | |
|---|
| <ul style="list-style-type: none">• Regions Served: Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown• Health Indicator: Mental Health• Sex: All• Age Group: Adult• Ethnic Group: All• Language: All |
|---|

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
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STG: Increase the number of first responders and community members who have been trained in MHFA.	Ongoing
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STG: Create scholarships for MHFA training	Completed
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STG: Increase awareness of MHFA among community members	Ongoing
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LTG: Core community agencies have a greater understanding of mental health issues and are better able to respond to the mental health needs of their community members utilizing	Ongoing
--	---------

knowledge from MHFA training.

Partners

Partner Name, Description	Partner Web Address
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CHNA 17	www.chna17.org
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Contact Information

Mary Hunt Johnson RN Director, Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu

Detailed Description

[Download/View Attachment](#) (37.12 KB)
File Name: Mental Health First Aid.pdf

Crime and Safety

Brief Description or Objective

During the 2011 community needs assessment Crime and Safety was prioritized as an area of concern. Without a clear consensus on which activities would be most beneficial the CHNA decided to conduct focus groups in each town.

Program Type

Community Health Needs Assessment

Target Population

- **Regions Served:** Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown
- **Health Indicator:** Injury and Violence, Other: Public Safety
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
------------------	-------------

LTG: To improve safety for community members in CHNA 17	Ongoing
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STG: Design focus group guide for discussions in CHNA 17 towns	Completed
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STG: Identify participants in each town to include representatives from police, housing, elder services, domestic violence organizations, school systems, department of public health and community members.	Completed
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STG: Identify participants in each town to include representatives from police, housing, elder services, domestic violence organizations, school systems, department of public health and community members	Completed
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Partners

Partner Name, Description	Partner Web Address
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CHNA 17	www.chna17.org
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Contact Information

Mary Hunt Johnson RN Director, Community Health 330 Mount Auburn Street Cambridge, MA 02138 617-499-5625, mjohnso1@mah.harvard.edu

Detailed Description

[Download/View Attachment](#) (14.31 KB)
File Name: CHNA 17 focus group question Crime and Safety.pdf

Expenditures

Program Type	Estimated Total Expenditures for FY2012	Approved Program Budget for 2012
Community Benefits Programs	Direct Expenses	\$468,767
	Associated Expenses	\$0
	Determination of Need Expenditures	\$453,432
	Employee Volunteerism	\$1,483
	Other Leveraged Resources	\$720,341
Net Charity Care	HSN Assessment	\$4,908,528
	HSN Denied Claims	\$57,180
	Free/Discount Care	\$557,162
	Total Net Charity Care	\$5,522,870
Corporate Sponsorships	\$43,700	
	Total Expenditures	\$7,210,593
Total Patient Care-Related Expenses for FY2012		\$269,863,838
Comments: None		

Optional Information

Expenditures	Amount
Community Service Programs	Direct Expenses Not Specified
	Associated Expenses Not Specified
	Determination of Need Expenditures Not Specified
	Employee Volunteerism Not Specified
	Other Leveraged Resources Not Specified
Total Community Service Programs	Not Specified
Bad Debt:	\$2,789,173 Certified
IRS 990:	Not Specified