

St. Elizabeth's Medical Center - FY2016

Community Benefits Mission Statement

St. Elizabeth's Community Benefits mission and guiding philosophy is to establish a data driven, evidence-based community benefits program that improves the health status of the communities we serve through the development of collaborative, partnership-based health, wellness, social and environmental improvement initiatives.

Target Populations

Name of Target Population	Basis for Selection
Children and adolescents who are prone to being overweight or who are overweight	Community Health Needs Assessment; Community Benefits Advisory Committee
Adults who are overweight or obese	Community Health Needs Assessment; Community Benefits Advisory Committee
Individuals who are living with, or are at risk for developing, diabetes	Community Health Needs Assessment; Community Benefits Advisory Committee
Individuals who are living with, or are at risk for developing, cardiovascular disease	Community Health Needs Assessment; Community Benefits Advisory Committee
Individuals who are living with, or are at risk for developing, any form of cancer	Community Health Needs Assessment; Community Benefits Advisory Committee
Poor, disadvantaged, or medically underserved individuals and families	Community Health Needs Assessment; Community Benefits Advisory Committee
Underinsured and uninsured	Community Health Needs Assessment; Community Benefits Advisory Committee
Adolescents and adults who are living with, or are at risk for developing, a substance abuse disorder	Community Health Needs Assessment; Community Benefits Advisory Committee
Adolescents and adults who are living with, or are at risk for developing, behavioral health disorders	Community Health Needs Assessment; Community Benefits Advisory Committee

Publication of Target Populations

Marketing Collateral, Annual Report, Website

Hospital/HMO Web Page Publicizing Target Pop.

<https://www.semc.org/about-us/community-health-outreach>

Key Accomplishments of Reporting Year

- Offered 3 free blood pressure screenings as well as a free skin cancer screening
- Held or attended 6 breast cancer awareness events.
- Held regular diabetes support group meetings.
- Maintained a bi-monthly presence at the Oak Square Farmers Market, which is funded through St. E's community benefits program, to promote and address healthy nutrition within the local community.
- Sponsored the Teens-Empowerment-Exercise-Education-Nutrition (TEEEN) Program, which promotes healthy lifestyle choices and exercise programs for adolescents and their families.
- Worked with and sponsored the Allston-Brighton Substance Abuse Task Force on numerous campaigns aimed at educating the local school community and the community at-large on the dangers of underage drinking, prescription drug use, and narcotics.
- In partnership with the BPHC, offered a substance abuse navigator to assist those seeking substance abuse treatment or resources.
- Assisted 23 families through legal consults from the Medical Legal Partnership.

Plans for Next Reporting Year

In 2017, SEMC aims to successfully implement comprehensive programs to address access to health care, behavioral health, chronic disease, and substance abuse prevention and intervention in the community with the support of our Community Benefits Advisory Committee, the Board of Directors, hospital administration leadership, staff, and community partners and in response to our 2015-2016 community health needs assessment.

Community Benefits Process

Select Community Benefits Process

Community Benefits Leadership/Team

Beth Hughes, President

Tim Daugherty, Chief Operating and Strategy Officer

Michael Bakerman, MD, Vice President of Medicine

Barbara Eusebio, RN, JD, CPHQ, NEA-BC, Chief Nursing Officer and Vice President, Patient Care

Joseph Nocie, MBA, Chief Financial Officer

Erika Wakefield, MBA, Vice President, Operations

Nikkie Mulkern, Director of Community Health

Community Benefits Team Meetings

Held quarterly

Community Partners

Sister Pat Andrews, Director, Sisters of St. Joseph of Boston

Elizabeth Browne, Director, Charles River Community Health Center

Mark Ciommo, City Councilor

Helen Connolly, Program Director, Allston Brighton Substance Abuse Task Force

Maria DiChiappari, Director, Boston College Neighborhood Center

Millie McLaughlin, Director, Veronica Smith Senior Center

Kevin Honan, State Representative

Jason Desrosier, Manager, Allston Brighton Community Development Corporation

Rosie Hanlon, Director, Jackson Mann Community Center

William Brownsberger, State Senator

Samantha Cowan, Program Director, FriendshipWorks

Warren O'Reilly, Neighborhood Coordinator, Boston City Mayor's Office

Anna Leslie, Program Coordinator, Allston Brighton Health Collaborative

Tom Myers, Executive Director, Oak Square YMCA

Nicole Sanders-O'Toole, Account Representative, American Cancer Society

Bernadette Reid, Executive Director, Presentation School Foundation

Jo-Ann Barbour, Executive Director, Charlesview, Inc.

Elizabeth Brusie, Esq., Staff Attorney, MLPB

Community Health Needs Assessment

Date Last Assessment Completed and Current Status

St. Elizabeth's Medical Center (SEMC) conducted a 2015-2016 Community Health Needs Assessment to help more clearly define the critical health needs and concerns of our surrounding communities. St. Elizabeth's started to use the information found in this assessment to drive our community benefits programming beginning in 2016.

The assessment examined major health trends in the towns and neighborhoods that comprise the medical center's local service area. In particular, a review of demographics in the Allston-Brighton, Back Bay, and West Roxbury neighborhoods as well as the towns of Brookline, Newton, Waltham, and Watertown revealed that the populations in these areas are 80% White, 5% African-American and 11% Asian. 30% of the SEMC service area spoke another language other than English at home. Allston-Brighton/Boston has the youngest population, with over 40% of the population between the ages of 20-29 while Watertown and West Roxbury have the largest populations over 65 years (~15%). The results of the 2015-2016 Needs Assessment indicated that the major health issues facing our patients are: obesity and chronic disease, health insurance and access to care, underserved populations, behavioral health, and substance abuse.

Behavioral health issues, particularly in the elderly population, are a concern for this community according to focus group data. Lack of caretaker support and knowledge of available resources were also cited as issues within SEMC's primary service area. In the SEMC catchment area, substance abuse has been on the rise in all towns except Watertown, where the rate has declined slightly. Similarly, although below the state rate, rates of hospitalizations due to opioid-related injuries increased from 2012 throughout St. Elizabeth's service area. In 2014, Massachusetts experienced a mortality rate of 16.5 people per 100,000 due to opioids. This is a 63% increase from 2013. St. Elizabeth's has also experienced a dramatic increase in Neonatal Abstinence Syndrome (NAS) cases with the onslaught of the opioid crisis. In Massachusetts, 17.5 infants per 1,000 births are born with NAS.

It was also revealed that both Waltham and Newton have a higher percentage of deaths due to heart disease than the US as a whole. Newton and Brookline have a higher percentage of deaths due to cancer than the US as a whole. Additionally, chronic disease is an area of major concern because afflicted patients are more susceptible to issues resulting from fragmentation of care.

The hospital will conduct another needs assessment in three years.

Consultants/Other Organizations

Not Specified

Data Sources

Community Focus Groups, Hospital, Interviews, MassCHIP, Surveys, CHNA

Select Community Benefits Programs

Diabetes Support Group

Brief Description or Objective	The free diabetes support group meetings are open to all individuals with diabetes in the community and serve as a forum where people can discuss their feelings about living with diabetes, share ideas, and receive information on living healthy with this condition.
Program Type	Support Group
Target Population	<ul style="list-style-type: none"> • Regions Served: All Massachusetts • Health Indicator: Other: Diabetes • Sex: All • Age Group: All • Ethnic Group: All • Language: All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations

Goal Description	Goal Status
Provide opportunities for those with diabetes to come together to learn about the disease.	Ongoing; held monthly in 2016

Partners

Partner Name, Description	Partner Web Address
Steward Health Care System, Diabetes Education Program	www.stewardhealth.org

Contact Information Betsy Ramsey, Diabetes Program Coordinator for Steward Health Care, St. Elizabeth's Medical Center, 736 Cambridge St., Brighton, MA 02135, Betsy.Ramsey@steward.org

Detailed Description [Download/View Attachment](#)(49.15 KB)

Community Heart Health Screenings

Brief Description or Objective Increases community awareness of cardiovascular disease by screening and identifying those at risk so that individuals with or at risk for heart disease learn to make behavior changes in order to better manage their disease.

Program Type Community Education, Direct Services, Health Screening, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** Boston-Allston, Boston-Back Bay, Boston-Brighton, Boston-Jamaica Plain, Boston-Roxbury, Boston-West Roxbury, Brookline, Newton, Waltham, Watertown
- **Health Indicator:** Other: Cardiac Disease
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations

Goal Description	Goal Status
Provide free screenings and education.	Ongoing; screened approximately 100 individuals at 10 events in 2016.

Partners

Partner Name, Description	Partner Web Address
The Presentation School Foundation	http://psf-inc.org/
Oak Square Farmers Market	http://ymcaboston.org/oaksquare
Allston Brighton Health Collaborative	http://abhealthcollaborative.org/

Contact Information Nikkie Mulkern, St. Elizabeth's Medical Center, 736 Cambridge St., Brighton, MA 02135, nicole.mulkern@steward.org

Detailed Description Not Specified

Teens Empowerment, Exercise, Education, Nutrition (TEEN) Program

Brief Description or Objective TEEN is a pediatrician-led program designed for adolescents ages 10-20 who are prone to be overweight or who are overweight. The program incorporates exercise, education, and empowerment tools aimed at promoting a healthy lifestyle and includes nutritional lectures and exercise programs with an exercise physiologist.

Program Type Community Education, Direct Services, Health Screening, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** Boston-Allston, Boston-Back Bay, Boston-Brighton, Boston-West Roxbury, Brookline, Newton, Waltham, Watertown
- **Health Indicator:** Other: Diabetes, Other: Nutrition, Overweight and Obesity, Physical Activity
- **Sex:** All
- **Age Group:** Child-Preteen, Child-Teen
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Promoting a healthy lifestyle.	Ongoing
Providing education and information around nutrition	Ongoing

information around nutrition
and physical activity.

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information	Shirley Gonzalez, MD, Pediatrician, Newton Pediatrics, 32 Union Street, Ste. 1, Newton, MA 02459, shirleyg2008@gmail.com
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Detailed Description	Download/View Attachment (76.13 KB) File Name: Brochure 2016.pdf
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Allston Brighton Substance Abuse Task Force

Brief Description or Objective	A community task force dedicated to the education of members of the local school community and the community at large on the dangers of underage drinking, prescription drug use, and narcotics.
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Program Type	Community Education,Community Participation/Capacity Building Initiative,Direct Services,School/Health Center Partnership,Support Group
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Target Population	<ul style="list-style-type: none">• Regions Served: Boston-Allston, Boston-Brighton• Health Indicator: Other: Alcohol and Substance Abuse, Other: Smoking/Tobacco, Substance Abuse, Tobacco Use• Sex: All• Age Group: All Adults, Child-Teen• Ethnic Group: All• Language: All
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Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Provide education on the risks associated with substance abuse.	Ongoing

Partners

Partner Name, Description	Partner Web Address
Granada House Brighton, MA 02135	
Boston Police - District 14	http://www.cityofboston.gov/police/d14.asp
Joseph M. Smith Community Health Center	http://www.jmschc.org
Brighton District Court	http://www.mass.gov/courts/courtsandjudges/courts/brightondistrictmain.html
Brighton High School	http://www.boston.k12.ma.us/brighton/
Boston College	www.bc.edu
Boston University	www.bu.edu
Boston	http://www.bc.edu/centers/neighborhood/

College
Neighborhood
Center

Addiction Treatment
Center of New
England <http://www.atcne.net/>

Mayor's Office of
Neighborhood
Services <http://www.cityofboston.gov/ons/>

Greater Boston Center for
Healthy
Communities <http://www.masspreventioncenter.org/>

Massachusetts Organization
for Addiction
Recovery <http://www.neaar.org/moar/>

Brighton Main Streets <http://www.brightonmainstreets.org/>

Hope House www.hopehouseboston.org

Department of Public Health -
MA Bureau of
Substance
Abuse
Services [ma.gov/dph/bsas](http://www.mass.gov/dph/bsas)

Oak Square YMCA <http://ymcaboston.org/oaksquare>

State Representative
Kevin Honan <http://www.mass.gov/legis/member/kgh1.htm>

Allston
Brighton
Health
Collaborative

Contact Information

Helen Connolly, Program Director, 77 Warren St., Brighton, MA 02135,
helen.connolly@steward.org

Detailed Description

[Download/View Attachment](#)(602.12 KB)
File Name: abdrugfree guide.pdf

Cancer Screening Series

Brief Description or Objective

Cancer screenings aimed at reducing the incidence of cancer in St. E's communities. Throughout the year, the hospital offers breast and skin cancer screenings at no cost to the community. we also hosted awareness events for colon cancer, lung cancer and prostate cancer.

Program Type

Community Education,Direct Services,Health Professional/Staff Training,Outreach to Underserved,Prevention

Target Population

- **Regions Served:** Boston-Allston, Boston-Back Bay, Boston-Brighton, Boston-West Roxbury, Newton, Waltham, Watertown
- **Health Indicator:** Other: Cancer, Other: Cancer - Breast, Other: Cancer - Skin
- **Sex:** All
- **Age Group:** All Adults
- **Ethnic Group:** All
- **Language:** All

Goals**Statewide Priority:** Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Reduce the incidence of cancer in our communities.	Ongoing
Provide a free skin screening annually.	Completed May 2016.
Provide a breast cancer screening and mammogram event annually.	Completed October 2016.
Provide a mammogram event for employees.	Completed in October 2016

Partners

Partner Name, Description	Partner Web Address
American Cancer Society	http://www.cancer.org/

Contact Information Nikkie Mulkern, St. Elizabeth's Medical Center, 736 Cambridge St., Brighton, MA 02135, Nicole.mulhern@steward.org

Detailed Description Not Specified

Farmers Market Voucher Program

Brief Description or Objective The Farmers Market Voucher Program provided diabetic patients from the SEMC community with vouchers that can be used at local farmers markets to buy fresh fruits and vegetables. Participants were enrolled through the SEMC Diabetes Education Program, where they had one-on-one sessions with the diabetes center nurse and dietician as well as group sessions that provided instruction in healthy eating and portion control. Participants' health outcomes were monitored by the diabetes center to hopefully demonstrate improvements in health as a result of participation in the Steward Farmers Market Program.

Program Type Community Education, Direct Services, Prevention

Target Population

- **Regions Served:** Arlington, Boston, Brookline, Cambridge, County-Suffolk, Malden, Medford, Melrose, Newton, Waltham, Watertown
- **Health Indicator:** Other: Diabetes, Other: Nutrition, Overweight and Obesity
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Provide nutrition information at the farmers market.	Attended the market monthly with nutritional materials.
Increase access to healthy fruits and vegetables and knowledge of healthy eating in the community.	\$28,690 in vouchers provided to St. Mary's Center in Dorchester to operate a voucher program.
Provide farmers market vouchers for diabetic patients to purchase fruits and vegetables.	Enrolled 80 patients and their families.

Partners

Partner Name, Description	Partner Web Address
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Description

Federation of MA Farmers <http://www.massfarmersmarkets.org/>
Markets

St. Mary's Center <http://www.stmaryscenterma.org/>

Oak Square Farmers
Market

Contact Information Nikkie Mulkern, St. Elizabeth’s Medical Center, 736 Cambridge St., Brighton, MA 02135,
nicole.mulkern@steward.org

Detailed Description Not Specified

Allston Brighton Health Collaborative

Brief Description or Objective The Allston Brighton Health Collaborative is a collaboration of organizations devoted to working together to promote and improve the health and wellbeing of the communities of Allston and Brighton. We achieve this by working in partnership and by engaging the residents of Allston and Brighton in order to identify the needs of the community and to create programming to address those needs.

Program Type Community Education,Community Health Needs Assessment,Community Participation/Capacity Building Initiative,Grant/Donation/Foundation/Scholarship,Health Screening,Outreach to Underserved,Prevention

- Target Population**
- **Regions Served:** Boston-Allston, Boston-Brighton
 - **Health Indicator:** All
 - **Sex:** All
 - **Age Group:** All
 - **Ethnic Group:** All
 - **Language:** All

Goals

Statewide Priority: Address Unmet Health Needs of the Uninsured, Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
Increase awareness and understanding of steps that can be taken to live a healthier lifestyle.	Ongoing
Improve health indicators for the Allston Brighton community.	Ongoing
Improve access to and utilization of resources.	Ongoing

Partners

Partner Name, Description	Partner Web Address
Allston Brighton Community Development Corp.	http://allstonbrightoncdc.org/
Oak Square YMCA	http://www.ymcaboston.org/oaksquare
Allston Village Main Streets	http://www.allstonvillage.com/
Allston Brighton Substance Abuse Task Force	http://www.abdrugfree.org/
The Presentation School Foundation Community Center	http://psf-inc.org/

Charlesview, Inc <http://charlesviewcommunity.org/>
Charles River <http://www.charlesriverhealth.org/>
Community Health
Center

Contact Information Nikkie Mulkern, 736 Cambridge St., Brighton, MA 02135, nicole.mulkern@steward.org

Detailed Description Not Specified

Behavioral Health Navigator

Brief Description or Objective The Behavioral Health Navigator (BHN) works with teams comprised of corporate and hospital staff to create structures and processes to support the successful integration of newly-insured behavioral health patients with primary care and outpatient services to alleviate gaps in care and provide a continuum of quality services to improve overall patient health.

Program Type Direct Services, Health Screening, Outreach to Underserved

Target Population

- **Regions Served:** All Massachusetts
- **Health Indicator:** Access to Health Care, Mental Health, Other: Alcohol and Substance Abuse, Other: Homelessness, Other: Uninsured/Underinsured, Substance Abuse
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Provide direct services to psychiatric patients of all ages in a hospital emergency department setting including evaluations and level of care assessments.	Ongoing
Conduct appropriate assessments of patients and provide any psychosocial intervention as needed.	Ongoing
Accept referrals from outpatient areas, refer to community agencies as necessary, and provide education/consultation to clinical staff to ensure achievement of quality outcomes.	Ongoing
Provide early detection, brief intervention and referral for patients with behavioral health problems (e.g., mental health and alcohol & drug related health problems).	Over 300 patients served in 2016.

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information Ryan Boxill, PhD MBA, Vice President of Behavioral Health, Steward Health Care, 500 Boylston Street, 5th Floor Boston, MA 02116, ryan.boxill@steward.org

Detailed Description Not Specified

Farmers Market

Brief Description or Objective St. Elizabeth's is the core funder of the Oak Square Farmers Market, which is located in front of the Presentation School Foundation in Brighton. The market is open on Wednesdays from May-October and is near to several local bus routes and the green line

Program Type Community Participation/Capacity Building Initiative, Health Screening, Prevention

Target Population

- **Regions Served:** Boston-Allston, Boston-Brighton
- **Health Indicator:** Other: Diabetes, Other: Nutrition
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
Providing fresh, healthy foods to local residents.	Ongoing
Providing free nutrition information at the market monthly.	Attended monthly.

Partners

Partner Name, Description	Partner Web Address
The Presentation School Foundation	http://psf-inc.org/
Allston Brighton Health Collaborative	http://abhealthcollaborative.org/

Contact Information Nikkie Mulkern, Director of Community Health, St. Elizabeth's Medical Center, 736 Cambridge St., Brighton, MA 02135, nicole.mulkern@steward.org

Detailed Description Not Specified

Medical Legal Partnership

Brief Description or Objective Medical Legal Partnership (MLPB) provides an upstream dose of legal support to reach a high-risk population in the Allston/Brighton community through a partnership with SEMC Maternal Medicine department.

Program Type Direct Services, Health Professional/Staff Training, Outreach to Underserved, Prevention

Target Population

- **Regions Served:** Boston-Allston, Boston-Brighton
- **Health Indicator:** Other: Pregnancy, Other: Uninsured/Underinsured, Substance Abuse
- **Sex:** All
- **Age Group:** Adult, Child-Infant
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
Provide trainings for Care Coordination Department.	MLPB conducted 6 one-hour legal trainings.
Provide legal consults to Care Coordination team.	26 unique legal subjects raised through consults.

Partners

Partner Name, Description	Partner Web Address
Medical Legal Partnership Boston	http://www.mlpboston.org/
Contact Information	Nikkie Mulkern, St. Elizabeth's Medical Center, 736 Cambridge St., Brighton, MA 02135 , Nicole.mulkern@steward.org
Detailed Description	Not Specified

Expenditures

Program Type	Estimated Total Expenditures for FY2016	Approved Program Budget for 2016
Community Benefits Programs	Direct Expenses \$6,036,469 Associated Expenses \$0 Determination of Need Expenditures \$427,128 Employee Volunteerism \$0 Other Leveraged Resources \$71,250	\$694,698 *Excluding expenditures that cannot be projected at the time of the report.
Net Charity Care	HSN Assessment \$1,399,753 HSN Denied Claims \$977,023 Free/Discount Care \$1,204,620 Total Net Charity Care \$3,581,396	
Corporate Sponsorships	\$98,823	
	Total Expenditures \$10,215,066	
Total Patient Care-Related Expenses for FY2016		\$317,904,802
Comments: In 2016, SEMC reported the following amount on unreimbursed Medicaid- \$7,354,268		

Optional Information

Expenditures	Amount
Community Service Programs	Direct Expenses \$2,055,575 Associated Expenses Not Specified Determination of Need Expenditures Not Specified Employee Volunteerism Not Specified Other Leveraged Resources Not Specified
Total Community Service Programs	\$2,055,575

Bad Debt:	Not Specified	Not Specified
IRS 990:	Not Specified	