

McLean Hospital - FY2008

Summary Narratives

Community Benefits Mission Statement

McLean Hospital is committed to:

- Providing a full range of high-quality, cost-effective mental health services to individuals of all backgrounds, their families and the community
- Supporting basic and clinical research into the causes, treatments and prevention of mental illness
- Training future generations of mental health professionals

Program Organization and Management

Virtually all McLean physicians, health care professionals and staff conduct community work in some capacity as part of their work. As a prerequisite of their positions, McLean physicians are required to dedicate hours to teaching, research or community service.

Key Collaborations and Partnerships

Alcoholics Anonymous

AlAnon

Alzheimer's Association

American Red Cross - The McLean Department of Human Resources held two blood drives in 2008 in support of the American Red Cross.

Boston Marathon

Caritas Good Samaritan Medical Center

Central Massachusetts Substance Abuse Providers Association

Depression and Bipolar Support Alliance (housed at McLean)

Friends of McLean Hospital - This hospital committee of volunteers is involved in supporting projects that directly benefit patients, fighting the stigma of mental illness and educating the larger community about mental illness and mental health. In 2008, the Friends supported such initiatives as the Priscilla Aikenhead Lecture, the purchase and wrapping of holiday gifts for all McLean inpatients and residential patients and the funding of scholarships for two graduating students of McLean's Arlington School. The Friends also donated more than \$10,500 to a number of hospital programs to enhance the life of patients through the purchase of DVDs, art work, tools, supplies, educational material, and other goods.

Jordan Hospital

Massachusetts Association of Behavioral Health Systems

Massachusetts Department of Children and Families

Massachusetts Department of Mental Health

Multi-Service Eating Disorder Association

Narcotics Anonymous

NarAnon

National Alliance for the Mentally Ill/Massachusetts (NAMI/Mass.) – McLean served as a corporate sponsor of NAMI/Mass.'s mental illness awareness walk.

New England Council of Child and Adolescent Psychiatry

New England Personality Disorder Association

New England Society for Behavior Therapy

North Central Dual Diagnosis Task Force

Obsessive-Compulsive and Related Disorders Support Network

SMART (Self Management and Recovery Training)

South Shore Mental Health

Winchester Hospital

[Community Health Needs Assessment](#)

Psychiatric illness affects an estimated one in five families in the United States. As a specialty hospital serving individuals with psychiatric illnesses, McLean serves a broad base of patients locally, regionally, nationally and internationally. Knowledge of mental health issues and the demographics of adjacent and broader communities served inform McLean's assessment of community needs.

Community Benefits Plan

McLean's fundamental mission is to provide programs and services to improve the health of the community. Financial and other key resources are dedicated to community outreach and improving access to mental health services.

Key Accomplishments of Reporting Year

This year, McLean expanded 3East, a residence for adolescents and young women exhibiting self-endangering and emerging borderline personality traits, adding a step-down component and a coeducational day program. McLean also began a joint effort with Massachusetts General Hospital and Spaulding Rehabilitation Hospital that is hoped to result in an autism research, clinical care and advocacy project.

In FY2008, McLean continued its collaboration with South Shore Mental Health and maintained its affiliations with Jordan Hospital in Plymouth, Caritas Good Samaritan Medical Center in Brockton and Winchester Hospital in Winchester, providing behavioral health evaluations to patients seeking emergency care. McLean continues to provide care through programs situated directly in the community: Waverley Place in Belmont, McLean SouthEast in Brockton, McLean at Naukeag in Ashburnham and The McLean Center at Fernside in Princeton.

Plans for Next Reporting Year

During the current year, McLean will continue its commitment to outreach and access for members of the local and broader mental health community. Existing programs will be continued and in some cases, expanded it is anticipated that a consistent level of resources will be available for community programs.

Select Community Benefits Programs

RALLY

Brief Description or Objective	Innovative model of educational and mental health early intervention at public schools and after-school sites around the country.
Program Type	Health Professional/Staff Training
Target Population	<ul style="list-style-type: none"> • Regions Served: Boston, Cambridge • Health Indicator: Mental Health • Sex: All • Age Group: Child-Primary School, Child-Teen • Ethnic Group: Not Specified • Language: Not Specified
Partners	<ul style="list-style-type: none"> • After-school counselors and educators • Harvard Graduate School of Education • Public school systems
Contact Information	Gil Noam, Dipl. Psych., EdD gil_noam@hms.harvard.edu
Detailed Description	Download/View Attachment (98.911 KB)

Camp New Connections

Brief Description or Objective	Four-week, summer day camp for children, ages 7 through 17, who have Asperger's Syndrome, autism spectrum disorders, pervasive developmental disorders and non-verbal learning disabilities.
Program Type	Not Specified
Target Population	<ul style="list-style-type: none"> • Regions Served:All Massachusetts • Health Indicator:Mental Health, Other: Education/Learning Issues • Sex:All • Age Group:Child-Primary School, Child-Teen • Ethnic Group:Not Specified • Language:Not Specified
Partners	<ul style="list-style-type: none"> • Local schools and education professionals
Contact Information	Roya Ostovar, PhD rostovar@partners.org
Detailed Description	Download/View Attachment (98.911 KB)

Massachusetts Child Psychiatry Access Program

Brief Description or Objective	Statewide model of care by which enrolled pediatricians are provided access to child psychiatrists, social workers, and care coordinators for consultation on their patients' mental health issues - typically, within 30 minutes.
Program Type	Not Specified
Target Population	<ul style="list-style-type: none"> • Regions Served:Other-Southeastern MA • Health Indicator:Mental Health • Sex:All • Age Group:All Children • Ethnic Group:Not Specified • Language:Not Specified
Partners	<ul style="list-style-type: none"> • Massachusetts Behavioral Health Partnership (MBHP) • Massachusetts Department of Mental Health (DMH)
Contact Information	Joseph Gold, MD jgold1@partners.org
Detailed Description	Download/View Attachment (98.911 KB)

Health Screenings

Brief Description or Objective	Community health education and screenings for depression, memory disorders, and alcohol use disorders.
Program Type	Direct Services, Health Screening, Prevention
Target Population	<ul style="list-style-type: none"> • Regions Served:All Massachusetts • Health Indicator:Mental Health • Sex:All • Age Group:All Adults • Ethnic Group:Not Specified • Language:Not Specified
Partners	<ul style="list-style-type: none"> • Alzheimer's Association • American Psychiatric Association

- National Institute on Alcohol Abuse and Alcoholism
- National Mental Illness Screening Project, Inc.

Contact Information

Adriana Bobinchock
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Detailed Description

[Download/View Attachment](#) (98.911 KB)

Program Type	Estimated Total Expenditures for FY2008		Approved Program Budget for 2009
Community Benefits Programs	Direct Expenses	Not Specified	Not Specified * Excluding expenditures that cannot be projected at the time of the report.
	Associated Expenses	Not Specified	
	Determination of Need Expenditures	Not Specified	
	Employee Volunteerism	Not Specified	
	Other Leveraged Resources	Not Specified	
Community Service Programs	Direct Expenses	Not Specified	
	Associated Expenses	Not Specified	
	Determination of Need Expenditures	Not Specified	
	Employee Volunteerism	Not Specified	
	Other Leveraged Resources	Not Specified	
Net Charity Care		Not Specified	
Corporate Sponsorships		Not Specified	
	Total Expenditures	Not Specified	

Total Patient Care-Related Expenses for FY2008

\$85,300,000

Comments: 1. All numbers are rounded except for the Net Charity Care figure, which, as required, is reported as the actual amount.
 2. Where Not Specified is reported, it should be noted that although amounts are not available for reporting, Partners hospitals, health centers, and physicians provide substantial contributions.
 3. Health Safety Net amounts reported in hospital summaries are as reported by the Division of Health Care Finance and Policy (DHCFP). In the full text reports of the hospitals, Health Safety Net amounts are also as reported from the hospitals' financial systems.
 4. Corporate Sponsorships: Partners hospitals make a number of donations to community organizations.
 5. Total Patient Care-Related Expenses for FY2008: These are as reported to the Division of Health Care Finance and Policy (DHCFP) on Schedule 18 of the 403 Cost Report. When community benefit spending is expressed as a percent of total patient care-related expenses, doctors' community benefit spending is removed, since their expenses are not included in the 403 patient care-related expenses. As of February, 2009, final 403 reports for FY2008 had not been filed by the hospitals, so amounts were estimated by inflating FY2007 numbers by 4.7%.
 6. Approved Program Budget for FY2009: Resources allocated to community benefit programs will be commensurate with the previous years.
 7. Prior to FY2006, amounts for Grants for Community Health Centers (included in Direct Expenses) represented only certain types of grants to health centers.