

## Tufts Medical Center - FY2010

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### Community Benefits Mission Statement

Tufts Medical Center's community health and benefits mission is to define the role and responsibility of Tufts Medical Center in supporting and sustaining the health and well-being of residents in communities that have historic or developing relationships with Tufts Medical Center; and to provide leadership, charity, and the highest standard of care and service to all in our community.

### Target Populations

Name of Target Population	Basis for Selection
Priority populations are residents of Chinatown, Dorchester, and South Boston neighborhoods of Boston	Historical relationships as well as identified health needs

### Publication of Target Populations

Website

### Hospital/HMO Web Page Publicizing Target Pop.

Not Specified

### Key Accomplishments of Reporting Year

Key accomplishments include completion of two multi-year grant funded initiatives, the Asian and Dorchester Health Initiatives, the completion of a needs assessment that informed the selection of new services for both the Asian and Dorchester Health Initiatives, extended commitment and support for the Parent-to-Parent Initiative to reduce infant mortality and the incidence of low birth weights, the launch of new departmental efforts to educate, screen, diagnose and treat community members for diseases which have a higher incidence within certain community or ethnic groups, such as oral, head, neck cancers, nasopharyngeal cancer, and hepatitis B, continuation of important departmental programs to promote wellness and chronic disease management such as the physician home visiting program for Chinese seniors.

### Plans for Next Reporting Year

Plans for FY 2011 include the successful launch of new cycles of multi-year funding for community-based organizations to help promote diabetes and obesity prevention, tobacco use/smoking cessation and youth violence prevention through the Asian and Dorchester Health Initiatives, a third year of grant funding for the Parent-to-Parent Initiative, continued efforts to coordinate Parent-to-Parent efforts with other city-wide efforts to reduce low birth weights and infant mortality, expansion of departmental efforts to promote wellness, enhance efforts to help patients and community members with chronic disease management and efforts to reduce health disparities in specific sub-groups with our target populations as needed.

## Community Benefits Process

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### Select Community Benefits Process

#### Community Benefits Leadership/Team

Leadership for the community health mission is provided by the Medical Center's Board of Governors, many of whom are community leaders, its standing Committee for Community Outreach, the Senior Vice-President for Strategic Services and the Director of the Community Health Improvement Programs.

The Board of Governors' Community Outreach Committee meets regularly and functions as the Medical Center's community benefits advisory group providing governance for the community benefits planning process and institutional oversight for the implementation of the community benefits plan.

The Senior Vice President for Strategic Services has oversight responsibilities for the community benefits program and along with the Director of Community Health Improvement Programs, works to coordinate the Medical Center's medical providers and resources for the implementation of the community benefits plan. They report to the Medical Center's Chief Executive Officer, the Board of Trustees and the Board of Governors' Community Outreach Committee to ensure that all community benefits programming are shared with the Medical Center's senior leadership.

Day-to-day management of the community benefits plan is the responsibility of the office of Community Health Improvement Programs (CHIP). CHIP was established in 1992 by the Board of Governors to help the Medical Center meet the emerging health needs of an ever increasing and diverse patient population and to develop, implement and coordinate strategies to address public health concerns and disease prevention within the Medical Center's service communities. Its Director and the Senior Vice President for Strategic Services are the senior management and leadership team which establishes relationships and collaborations within the Medical Center and with the respective communities and collegial organizations to maintain or improve the health of community members and patients, especially from the communities that the Medical Center has had long standing relationships with or who are unable to effectively access healthcare due to cultural, linguistic, economic, or health reasons.

### **Community Benefits Team Meetings**

The Board of Governors' Community Outreach Committee which functions as the Medical Center's community benefits advisory group providing governance for the community benefits planning process and institutional oversight for the implementation of the community benefits plan meets quarterly. The senior management team (Senior Vice President of Strategic Services and Director of the Office of Community Health Improvement Programs) meet weekly. Community advisors for each of the grant funded initiatives include neighborhood residents, community leaders, agency administrators and advocates. These advisors meet with the senior management team semi-annually.

### **Community Partners**

The many community-based non-profit service providers with which the Medical Center collaborates with to assess community needs as well for the implementation of efforts to address the health needs of the community include:

Asian American Civic Association  
Asian Spectrum  
Asian Task Force Against Domestic Violence  
Bird Street Community Center  
Boston Asian: Youth Essential Service  
Boston Chinatown Neighborhood Center  
Boston Health Care for the Homeless Program  
Codman Square Health Center  
Dorchester House Multi-Service Center  
Greater Boston Chinese Golden Age Center  
Harbor Health Services/Neponset Health Center  
Kit Clark Senior Services  
La Alianza Hispana  
Manet Health Center  
Project R.I.G.H.T.  
The Chinatown Coalition  
Uphams Corner Health Center  
Vietnamese American Civic Association  
Wang YMCA

### **Community Health Needs Assessment**

#### **Date Last Assessment Completed and Current Status**

The most recent community health needs assessment was completed in the spring of 2010 to identify new, emerging, or continuing health issues to inform Tufts Medical Center's community benefits programming for FY 2011 and its multi-year grant funded initiatives.

The priorities identified by the needs assessment were incorporated into Requests for Proposals issued in spring and summer for the Dorchester and Asian Health Initiatives. The community needs assessment document is currently being prepared for distribution to the Medical Center community.

The needs assessment which determined the priorities for programming in FY 2010 was completed in 2007 and identified the priorities for grant applicants for the three year cycles ending in FY 2010.

### Consultants/Other Organizations

The community needs assessment was facilitated by Beverly Wing and Associates, and assisted by Eswaran Selvarajah of the Boston Studies Group and Nethra Madurai, a CTSI intern from Tufts University.

### Data Sources

MassCHIP, Other - Health of Boston 2010 and various neighborhood health reports from the Boston Public Health Commission, U.S. Census, and Boston Redevelopment Authority

## Select Community Benefits Programs

### Asian Health Initiative: Asian American Civic Association

**Brief Description or Objective** A bi-weekly bilingual health column in the Sampan Newspaper that provides interactive dialogue with readers about health issues.

**Program Type** Community Education, Grant/Donation/Foundation/Scholarship, Healthy Communities Partnership, Outreach to Underserved, Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Greater
- **Health Indicator:** All
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**  
**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To provide health education to 6000 readers on a variety of health topics to promote wellness.	Goal accomplished

### Partners

Partner Name, Description	Partner Web Address
Asian American Civic Association	<a href="http://www.aaca-boston.org">www.aaca-boston.org</a>

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description** Not Specified

### Asian Health Initiative: Asian Spectrum

**Brief Description or Objective** A cable access program series developed to help the Asian community understand mental health issues affecting different age groups.

**Program Type** Community Education, Outreach to Underserved

**Target Population**

- **Regions Served:** Boston, Boston-Greater, Cambridge, Malden

- **Health Indicator:** Mental Health
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** Chinese , English

**Goals**

**Statewide Priority:** Address Unmet Health Needs of the Uninsured, Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

To design and broadcast a series on mental health issues to improve the access to all behavioral health services.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description**

Asian Spectrum

**Partner Web Address**

www.asianspectrum.net

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Asian Health Initiative: Asian Task Force Against Domestic Violence****Brief Description or Objective**

Provides comprehensive education and prevention programs for Asian American youth on teen dating violence and related topics.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Prevention,School/Health Center Partnership

**Target Population**

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Malden, Quincy
- **Health Indicator:** Injury and Violence, Mental Health, Other: Cultural Competency, Other: Domestic Violence, Other: Education/Learning Issues
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Young, Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** Chinese , English , Vietnamese

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

Recruit and enroll youth into the Youth Empowerment Program and train as peer leaders.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description**

Asian Task Force Against Domestic Violence

**Partner Web Address**

www.atask.org

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Asian Health Initiative: Boston Asian: Youth Essential Service****Brief Description or Objective**

A program to reduce youth violence and foster new skills, knowledge, and relationship with supportive adults and peers to increase self-confidence and a connection to the community.

**Program Type**

Community Education,Direct Services,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Malden
- **Health Indicator:** Injury and Violence, Mental Health, Other: Cultural Competency, Other: Safety
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Young, Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** Asian
- **Language:** All , Chinese , English , Vietnamese

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

To enroll 30 youth in a violence prevention program that includes skills building and alternatives to risky behaviors.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description** **Partner Web Address**

Boston Asian: Youth Essential Service [www.bostonasianyes.org](http://www.bostonasianyes.org)

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description**

Not Specified

**Asian Health Initiative: Boston Chinatown Neighborhood Center****Brief Description or Objective**

A program to support parents, youth and children in developing healthy family life in the community, the skills and knowledge to support child and youth development and healthy family dynamics.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Outreach to Underserved,Support Group

**Target Population**

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Malden, Quincy
- **Health Indicator:** Other: Education/Learning Issues, Other: Gambling, Other: Parenting Skills
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Young
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

To increase parents' knowledge and help them build skills that will improve and strengthen healthy family relations and psychosocial health.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description** **Partner Web Address**

Boston Chinatown Neighborhood Center [www.bcnc.net](http://www.bcnc.net)

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

<b>Detailed Description</b>	Not Specified
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### Asian Health Initiative: Greater Boston Chinese Golden Age Center

<b>Brief Description or Objective</b>	An evidence-based, Chronic Disease Self-Management Program (CDSMP), to help older adults manage their chronic illnesses.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Chinatown, Boston-Greater</li> <li>• <b>Health Indicator:</b> Mental Health, Other: Arthritis, Other: Cancer, Other: Cardiac Disease, Other: Cultural Competency, Other: Elder Care, Other: Hypertension, Other: Nutrition, Other: Osteoporosis/Menopause, Other: Safety, Other: Stroke, Physical Activity</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult-Elder</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese</li> </ul>
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**Goals**  
**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To enroll and train 60 senior participants in an evidence based chronic disease management program.	Goal accomplished

### Partners

Partner Name, Description	Partner Web Address
Greater Boston Chinese Golden Age Center	www.gbcgac.org

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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### Asian Health Initiative: Wang YMCA

<b>Brief Description or Objective</b>	A program which addresses the social, health, and fitness needs of Chinatown's elderly and restaurant workers.
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<b>Program Type</b>	Community Education,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Chinatown, Boston-Greater</li> <li>• <b>Health Indicator:</b> Other: Nutrition, Physical Activity</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult, Adult-Elder</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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**Goals**  
**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To recruit and enroll 100 participants in to the Healthy Habits program during the program year and help them to achieve individual health benchmarks.	Goal accomplished

### Partners

Partner Name, Description	Partner Web Address
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Wang YMCA [www.ymcaboston.org/wang](http://www.ymcaboston.org/wang)

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description** Not Specified

### Clinical and Translational Science Institute: Aligning Researchers with Communities 1

**Brief Description or Objective** A capacity-building training program for community based organizations and health centers to conduct health research and advocacy.

**Program Type** Community Education,Community Participation/Capacity Building Initiative

**Target Population**

- **Regions Served:** Boston-Chinatown, Boston-Dorchester, Boston-Greater
- **Health Indicator:** Access to Health Care
- **Sex:** Female, Male
- **Age Group:** Adult
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English

#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To offer two opportunities for community based organizations and their staffs to be trained in research methodology and advocacy.	Goal accomplished

#### Partners

Partner Name, Description	Partner Web Address
Not Specified	

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description** Not Specified

### Clinical and Translational Science Institute: Aligning Researchers with Communities 2

**Brief Description or Objective** A capacity-building training program for community based organizations and health centers to conduct health research and advocacy. (Second cohort)

**Program Type** Community Education,Community Participation/Capacity Building Initiative,Healthy Communities Partnership

**Target Population**

- **Regions Served:** Boston-Chinatown, Boston-Dorchester
- **Health Indicator:** Access to Health Care
- **Sex:** Female, Male
- **Age Group:** Adult
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English

#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To offer two opportunities for community based organizations and their staffs to be trained in research methodology and advocacy.	Goal accomplished

#### Partners

Partner Name, Description	Partner Web Address
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Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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### Community Health Improvement Programs: Dorchester Health Initiative

<b>Brief Description or Objective</b>	Focus of workshops was on mental illness and related topics such as youth development, mental illness/disorders, case conferenceing and avoiding staff burn-out.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Health Professional/Staff Training
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Chinatown, Boston-Dorchester</li> <li>• <b>Health Indicator:</b> Mental Health, Other: Education/Learning Issues</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, Hispanic/Latino, White</li> <li>• <b>Language:</b> English</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To train youth outreach workers on mental health issues common to youth in violent settings.	Goal accomplished

#### Partners

Partner Name, Description	Partner Web Address
Not Specified	

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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### Community Health Improvement Programs: Quincy August Moon Festival

<b>Brief Description or Objective</b>	Community outreach event to provide education on OB/GYN (and the importance of early pre-natal care), asthma prevention, and smoking cessation. Blood pressure screenings were also conducted.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Other: Asthma/Allergies, Other: Cancer - Cervical, Other: Cultural Competency, Other: Hypertension, Other: Smoking/Tobacco, Tobacco Use</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> All</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To disperse a variety of health information and engage 400 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical	Goal accomplished



providers.

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Community Health Improvement Programs: National Night Out, Chinatown

### Brief Description or Objective

Community outreach event in Chinatown to provide blood pressure screenings and to promote smoking cessation and awareness of high blood pressure and its consequences.

### Program Type

Community Education,Community Health Needs Assessment,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Healthy Communities Partnership,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Access to Health Care, Other: Cultural Competency, Other: Diabetes, Other: Smoking/Tobacco, Tobacco Use
- **Sex:** All
- **Age Group:** Adult, Adult-Elder, Adult-Young
- **Ethnic Group:** Asian
- **Language:** Chinese

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To disperse a variety of health information and engage 200 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.

### Goal Status

Goal accomplished

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Community Health Improvement Programs: Chinatown August Moon Festival

### Brief Description or Objective

Community outreach event in Chinatown to provide blood pressure screenings, promote early pre-natal care, OB/GYN screening for cancer, asthma prevention, smoking cessation and the availability of linguistically accessible services and providers.

### Program Type

Community Education,Community Health Needs Assessment,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Healthy Communities Partnership,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Access to Health Care, Other: Asthma/Allergies, Other: Cultural Competency, Other: Diabetes, Other: Family Planning, Other: Hypertension, Other: Pregnancy, Other: Smoking/Tobacco, Tobacco Use
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Elder, Adult-Young
- **Ethnic Group:** Asian
- **Language:** Chinese

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity**Goal Description**

To disperse a variety of health information and engage 400 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Community Health Improvement Programs: Oak Street Fair, Chinatown****Brief Description or Objective**

Community outreach event in Chinatown to provide blood pressure screenings, promote early pre-natal care, OB/GYN screening for cancer, asthma prevention, smoking cessation and the availability of linguistically accessible services and providers.

**Program Type**

Community Benefits Planning Process,Community Education,Community Health Needs Assessment,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Healthy Communities Partnership,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Access to Health Care, Other: Cultural Competency, Other: Family Planning, Other: Hypertension, Other: Pregnancy, Other: Smoking/Tobacco, Tobacco Use
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity**Goal Description**

To disperse a variety of health information and engage 200 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Community Health Improvement Programs: YMCA Healthy Kids Fair****Brief Description or Objective**

Community outreach event in Chinatown to provide blood pressure screenings, asthma prevention, smoking cessation, and pediatric safety information.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Prevention

**Target Population**

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Access to Health Care, Other: Asthma/Allergies, Other: Cultural Competency, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Sports, Other: Smoking/Tobacco, Tobacco Use
- **Sex:** All
- **Age Group:** All Adults, All Children
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

To disperse a variety of health information and engage 200 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Dorchester Health Initiative: Bird Street Community Center****Brief Description or Objective**

A program that offers case management services for youth participating in Bird Street's youth violence prevention program.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Dorchester, Boston-Greater
- **Health Indicator:** Injury and Violence, Mental Health, Other: Domestic Violence, Other: Education/Learning Issues, Responsible Sexual Behavior
- **Sex:** Female, Male
- **Age Group:** Adult-Young, All Children
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino
- **Language:** English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

A program designed to provide a wide spectrum of activities as an alternative to risky and violent behaviors. The program works with at-risk and or court involved youth and young adults to promote positive non-violent choices.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Bird Street Community Center [www.birdstreet.org](http://www.birdstreet.org)

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

<b>Detailed Description</b>	Not Specified
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### Dorchester Health Initiative: Neponset Health Center

<b>Brief Description or Objective</b>	A youth violence prevention project that includes a business association and summer employment.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Mentorship/Career Training/Internship,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester</li> <li>• <b>Health Indicator:</b> Injury and Violence, Other: Domestic Violence, Other: Safety</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult-Young, Child-Preteen, Child-Primary School, Child-Teen</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, Hispanic/Latino, White</li> <li>• <b>Language:</b> English , Spanish , Vietnamese</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To achieve a 10% reduction in the number of crimes against local businesses.	Needs to be evaluated
To enroll 270 of youth in a skills building and employment program.	Goal accomplished

#### Partners

Partner Name, Description	Partner Web Address
Harbor Health Services, Inc.	<a href="http://www.hhsi.us/metro-boston/neponset-health-center">www.hhsi.us/metro-boston/neponset-health-center</a>

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, <a href="mailto:sdong@tuftsmedicalcenter.org">sdong@tuftsmedicalcenter.org</a>
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<b>Detailed Description</b>	Not Specified
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### Dorchester Health Initiative: Kit Clark Senior Services

<b>Brief Description or Objective</b>	The Fit-for-Life Project is designed to help seniors improve their health and more effectively manage their chronic illnesses and confidently enjoy a higher quality of life and activities through nutritional counseling, personal training programs, strength training, and exercise circuits.
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<b>Program Type</b>	Community Education,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Boston-Greater</li> <li>• <b>Health Indicator:</b> Other: Arthritis, Other: Cardiac Disease, Other: Diabetes, Other: Nutrition, Other: Pulmonary Disease/Tuberculosis, Other: Stroke, Overweight and Obesity, Physical Activity</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, Hispanic/Latino, White</li> <li>• <b>Language:</b> English</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To engage 100 participants annually in nutrition counseling and personal training to achieve individual health benchmarks and improve management of their chronic illnesses.	Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Kit Clark Senior Services      www.kitclark.org

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Dorchester Health Initiative: Project R.I.G.H.T.****Brief Description or Objective**

A program reduce violence in the Grove Hall Neighborhood through prevention activities and by raising awareness about health risks caused by violence.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Prevention,Support Group

**Target Population**

- **Regions Served:** Boston, Boston-Dorchester, Boston-Greater, Boston-South Boston, Lowell, Quincy
- **Health Indicator:** Injury and Violence, Mental Health, Other: Domestic Violence, Other: Safety, Responsible Sexual Behavior
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English , Haitian Creole

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

To reduce violence in the community through prevention activities and increasing awareness about health risks caused by violence among youth.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Project R.I.G.H.T.      www.projectright.org

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Dorchester Health Initiative: Vietnamese-American Initiative Civic Association****Brief Description or Objective**

A program to reduce youth violence in the Boston Vietnamese community through community workshops, youth intervention training, and general information campaigns.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Outreach to Underserved,Prevention,School/Health Center Partnership

**Target Population**

- **Regions Served:** Boston, Boston-Dorchester, Boston-South Boston, Lowell, Malden, Quincy
- **Health Indicator:** Injury and Violence, Other: Domestic Violence, Other: Safety, Other: Stress Management
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Young, All Children
- **Ethnic Group:** Asian
- **Language:** English , Vietnamese

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

Program had multiple goals,

**Goal Status**

Approximately 50% of goals

including workshops at Boston Public Middle schools, community workshops, and participation by youth in after school and youth leadership programs. were achieved in the course of the grant year.

## Partners

### Partner Name, Description Partner Web Address

Vietnamese-American Initiative www.vacaboston.org  
Civic Association

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Gastroenterology: Best Practices in HBV Screening

### Brief Description or Objective

Three phase project to identify and implement best practices among greater Boston physicians to better screen Asian American patients who experience a disproportionately high incidence of Hepatitis B.

### Program Type

Community Education,Community Participation/Capacity Building Initiative,Health Professional/Staff Training,Outreach to Underserved

### Target Population

- **Regions Served:** All Massachusetts
- **Health Indicator:** Other: Hepatitis
- **Sex:** Female, Male
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** English

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To improve Hepatitis B screening rates for the Greater Boston Asian community.

### Goal Status

The project is ongoing

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## General Pediatrics: Asian Clinic, General Pediatrics Division

### Brief Description or Objective

A number of workshops and health consultations for various community organizations within Boston Chinatown.

### Program Type

Direct Services,Health Screening,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Lowell, Malden, Quincy
- **Health Indicator:** Access to Health Care, Immunization, Injury and Violence, Mental Health, Other: Asthma/Allergies, Other: Bereavement, Other: Cancer, Other: Cultural Competency, Other: Dental Health, Other: Education/Learning Issues, Other: Lead Poisoning, Other: Nutrition, Other: Parenting Skills, Other: Safety - Home
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** All , Chinese , English

**Goals**

**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

Services are designed to be linguistically and culturally accessible and appropriate to pediatric Asian patients and their families. There are no specific numerical goals, however the capacity is in excess of 2000 unique patients.

**Goal Status**

The program is ongoing

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**General Pediatrics: Asthma Prevention and Management Initiative (APMI)****Brief Description or Objective**

The initiative works to improve the quality of life of school and clinic patients and their families who live, work, or attend school in the Chinatown area of Boston. This is accomplished through systems improvement for care coordination, delivering accessible bilingual educational materials and resources, and programs focused on self-management skills.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Outreach to Underserved,Prevention,School/Health Center Partnership

**Target Population**

- **Regions Served:** Boston, Boston-Charlestown, Boston-Chinatown, Boston-Dorchester, Boston-Downtown, Boston-East Boston, Boston-Hyde Park, Boston-Jamaica Plain, Boston-Mattapan, Boston-Roslindale, Boston-Roxbury, Boston-South Boston, Boston-South End, Boston-West Roxbury
- **Health Indicator:** Access to Health Care, Environmental Quality, Other: Asthma/Allergies
- **Sex:** Female, Male
- **Age Group:** All Children
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** Chinese , English , Spanish

**Goals**

**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

**Goal Description**

Reducing the incidence of asthma in Asian children in the Boston Public schools in particular the Josiah Quincy Elementary school.

**Goal Status**

The program is ongoing

Providing supports to parents and students for better asthma management.

The program is ongoing

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street,



#116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description** Not Specified**General Pediatrics: HUD - Asthma Home Visit****Brief Description or Objective** A pilot home visiting program for Boston school pupils with poorly controlled asthma. Includes home environment and self management education.**Program Type** Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Professional/Staff Training,Outreach to Underserved,Prevention,School/Health Center Partnership**Target Population**

- **Regions Served:** Boston, Boston-Chinatown
- **Health Indicator:** Environmental Quality, Other: Asthma/Allergies, Other: Cultural Competency
- **Sex:** Female, Male
- **Age Group:** All Adults, Child-Preschool, Child-Preteen, Child-Primary School, Child-Teen, Child-Toddler
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**  
**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
Reducing the incidence of asthma in Asian children in the greater Boston area by conducting home visits to access environmental factors and encourage asthma management.	Program is ongoing

**Partners**

Partner Name, Description	Partner Web Address
Not Specified	

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org**Detailed Description** Not Specified**General Pediatrics: Center for Youth Wellness****Brief Description or Objective** Program provides non-judgmental, enjoyable, affordable, and effective multidisciplinary preventative care and treatment to empower obese youth to achieve weight loss, embrace healthful eating and physical activity habits.**Program Type** Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention,Support Group**Target Population**

- **Regions Served:** Boston-Chinatown, Lowell, Malden, Other-Metrowest
- **Health Indicator:** Access to Health Care, Other: Nutrition, Physical Activity
- **Sex:** Female, Male
- **Age Group:** Adult-Young, Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English

**Goals**  
**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To serve a minimum of 30 patients with an array of services to promote weight loss and healthy nutritional	The program is ongoing



habits.

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Internal Medicine: General Medical Associates - Home Care

### Brief Description or Objective

A program for home bound Chinese seniors which includes physician house calls.

### Program Type

Direct Services,Health Screening,Prevention

### Target Population

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Access to Health Care, All, Other: Elder Care
- **Sex:** Female, Male
- **Age Group:** Adult-Elder
- **Ethnic Group:** Asian
- **Language:** Chinese

## Goals

**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To serve 15 elderly home bound patients each year.

### Goal Status

Goal accomplished

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Interpreter Services- Community Health Improvement Programs

### Brief Description or Objective

Interpreters facilitate communication between patients, their family members, and the providers. Interpretation and translation services are available to all patients, 7 days a week, 24 hours a day.

### Program Type

Direct Services

### Target Population

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Lowell, Malden, Quincy
- **Health Indicator:** Access to Health Care
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

### Goal Description

To respond to all patient requests for interpreter services and to maintain the capacity to serve approximately 14000 unique

### Goal Status

Goal accomplished

patients a year.

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Nephrology: National Kidney Foundation (NKF) Kidney Early Evaluation Program (KEEP)

### Brief Description or Objective

A screening and education event to anyone 18 years and older with high blood pressure, diabetes, or a family history of kidney disease.

### Program Type

Community Education,Health Screening,Prevention

### Target Population

- **Regions Served:** All Massachusetts
- **Health Indicator:** Other: Diabetes, Other: Hypertension, Other: Stroke, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Black/African American, Hispanic/Latino, White
- **Language:** English

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To educate and screen 75 people regarding kidney disease.

### Goal Status

Goal accomplished

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Nephrology: National Night Out, Boston

### Brief Description or Objective

A community outreach and education event where blood pressure screenings were offered to Chinatown residents.

### Program Type

Community Education,Direct Services,Health Screening,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Other: Cultural Competency, Other: Diabetes, Other: Hypertension, Other: Stroke, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Asian, White
- **Language:** Chinese , English

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To educate and screen 100 people regarding kidney disease.

### Goal Status

Goal accomplished

## Partners

**Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Nephrology: Organ Donation - New England Program for Kidney Exchange (NEPKE)****Brief Description or Objective**

A seminar to encourage greater awareness of the need for kidney transplants and the importance of kidney health.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative

**Target Population**

- **Regions Served:** Boston
- **Health Indicator:** Other: Diabetes, Other: Hypertension, Other: Stroke, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Black/African American, Hispanic/Latino, White
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To provide an informational seminar for 30 patients to learn about the New England Program for Kidney Exchange.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Nephrology: Polycystic Kidney Disease (PKD) Through the Stages****Brief Description or Objective**

An educational forum for patients to increase awareness and advocacy for Polycystic Kidney Disease and its cure.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative

**Target Population**

- **Regions Served:** Boston-Greater
- **Health Indicator:** Other: Diabetes, Other: Stroke, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** White
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To provide support and education for 100 patients with Polycystic Kidney Disease (PKD) to increase knowledge about the disease and the ability to advocate for resources to find a cure.

**Goal Status**

Goal accomplished

**Partners**

**Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Obstetrics and Gynecology: Tufts Women's Care at Community Health Centers**

<b>Brief Description or Objective</b>	This program expands OB/GYN capacity and services at community health centers.
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<b>Program Type</b>	Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Boston-South Boston, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Cancer - Breast, Other: Cancer - Cervical, Other: Family Planning, Other: Pregnancy, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> All</li> <li>• <b>Language:</b> Chinese , English , Other , Spanish , Vietnamese</li> </ul>
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**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

<b>Goal Description</b>	<b>Goal Status</b>
To support and enhance OB/GYN services at three community health centers.	Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Obstetrics and Gynecology: Asian Access Women's Health Clinic**

<b>Brief Description or Objective</b>	A program designed to provide high quality obstetrics and gynecology care to patients of Asian descent. A full range of OB/GYN services is provided and bilingual clinical providers are available.
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<b>Program Type</b>	Community Education,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Other: Cancer - Breast, Other: Cancer - Cervical, Other: Cancer - Ovarian, Other: Cultural Competency, Other: Family Planning, Other: Hepatitis, Other: HIV/AIDS, Other: Pregnancy, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese , English , Vietnamese</li> </ul>
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**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

<b>Goal Description</b>	<b>Goal Status</b>
To provide OB/GYN services to Asian patients who prefer bi-lingual bi-cultural medical providers.	No numerical goals are established for this program. The clinic capacity is able to enroll 250 patients annually.

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Ophthalmology: New England Eye Center****Brief Description or Objective**

Provides eye screenings in multiple community settings to identify or prevent eye disease.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Chinatown, Quincy
- **Health Indicator:** Other: Vision
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** Chinese , English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity**Goal Description**

To provide 350 eye screenings in the Boston and Quincy communities.

**Goal Status**

Goal reached

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Orthopaedics: Patient/Family Total Joint Workshop****Brief Description or Objective**

Monthly workshops to provide total surgical patients and their families with a better understanding of their surgery and rehabilitation process to improve outcomes and recovery.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Support Group

**Target Population**

- **Regions Served:** Boston, Boston-Greater
- **Health Indicator:** Other: Chronic Pain , Other: Safety - Home, Physical Activity
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To provide total joint surgical patients and their families an overview of their upcoming surgery and hospital stay.

**Goal Status**

Goal accomplished

**Partners**

**Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Otolaryngology: Nasopharyngeal Carcinoma Screening**

<b>Brief Description or Objective</b>	Screenings are offered to those at high risk for Nasopharyngeal Carcinoma.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Chinatown, Quincy</li> <li>• <b>Health Indicator:</b> Other: Cancer - Other</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult, Adult-Elder</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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**Goals**

<b>Statewide Priority:</b> Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
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<b>Goal Description</b>	<b>Goal Status</b>
To increase awareness of early detection and treatment of nasopharyngeal carcinoma within high risk populations.	Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Otolaryngology: Oral, Head and Neck Cancer Awareness Week Screening**

<b>Brief Description or Objective</b>	A screening and education program for those at high risk for oral, head, and neck cancer.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston</li> <li>• <b>Health Indicator:</b> Other: Alcohol and Substance Abuse, Other: Cancer, Other: Cancer - Other, Other: Smoking/Tobacco, Tobacco Use</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, White</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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**Goals**

<b>Statewide Priority:</b> Promoting Wellness of Vulnerable Populations, Reducing Health Disparity
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<b>Goal Description</b>	<b>Goal Status</b>
To screen a minimum of 12 people for oral, head, and neck cancer.	Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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### Pathology and Laboratory Medicine/Stern Nutrition Center: See, Test and Treat Program

<b>Brief Description or Objective</b>	A program to increase awareness of and compliance for cervical and breast cancer screenings, to increase the number of high risk women receiving needed follow-up care, increase early detection and treatments of cancers, and improve survival rates for participating women.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Chinatown, Malden, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Other: Cancer - Breast, Other: Cancer - Cervical</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> Asian, Hispanic/Latino</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

#### Goal Description

To reduce barriers to screening and to increase early interventions for breast and cervical cancers in women.

#### Goal Status

37 women were successfully screened.

#### Partners

##### Partner Name, Description Partner Web Address

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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### Pediatric Developmental Behavior: Boston Chinatown +A70 Neighborhood Center (BCNC) Parenting Education - Behavior Problems in Children

<b>Brief Description or Objective</b>	A parenting education series for Chinese families to support child development and healthy family dynamics and wellness.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Health Professional/Staff Training,Support Group
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Chinatown</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Child Care, Other: Parenting Skills</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> Adult</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

#### Goal Description

To facilitate one workshop in a series that supports families in the Boston Asian community with a range of issues affecting their children and promoting healthy family

#### Goal Status

Goal accomplished. 19 parents participated in the workshop.



dynamics. This workshop was focused on behavior problems and strategies to modify behaviors.

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Psychiatry: South Boston Behavioral Health Clinic

### Brief Description or Objective

South Boston Behavioral Health Clinic services the residents of South Boston and other communities who are in need of outpatient mental health and substance abuse services.

### Program Type

Direct Services,Outreach to Underserved

### Target Population

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Lowell, Malden, Quincy
- **Health Indicator:** Mental Health, Other: Alcohol and Substance Abuse
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To provide behavioral health services to as many as 1300 in the greater Boston area.

### Goal Status

Goal accomplished

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Psychiatry: Asian Access Program

### Brief Description or Objective

The program provides culturally competent services to Chinese speaking adults in the Greater Boston area.

### Program Type

Direct Services

### Target Population

- **Regions Served:** Boston
- **Health Indicator:** Access to Health Care, Mental Health, Other: Cultural Competency
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Asian
- **Language:** Chinese

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To provide linguistically and culturally appropriate mental health services to 30 Chinese

### Goal Status

Goal accomplished



patients.

## Partners

### Partner Name, Description Partner Web Address

Not Specified

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Parent-to-Parent Program: Boston Asian: Youth Essential Service

### Brief Description or Objective

A program to reduce infant mortality and the incidence of low-birth weight through early prenatal care, post-partum care and pediatric care.

### Program Type

Community Education,Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston, Boston-Chinatown, Boston-Dorchester, Boston-South Boston, Quincy
- **Health Indicator:** Access to Health Care, Mental Health, Other: Cultural Competency, Other: Domestic Violence, Other: Family Planning, Other: Homelessness, Other: Pregnancy, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Young, Child-Teen
- **Ethnic Group:** Asian
- **Language:** Chinese , English

## Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

### Goal Description

To prevent pregnancies, reduce infant mortality, and incidence of low birth weight by providing educational counseling services and access to early pre-natal care.

### Goal Status

Goal accomplished. Program achieved its numerical goals.

## Partners

### Partner Name, Description Partner Web Address

Boston Asian: Youth Essential Service [www.bostonasianyees.org](http://www.bostonasianyees.org)

### Contact Information

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

### Detailed Description

Not Specified

## Parent-to-Parent Program: Boston Health Care for the Homeless

### Brief Description or Objective

A program to improve birth outcomes and reduce disparities in birth outcomes among Black pregnant women who are homeless.

### Program Type

Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention

### Target Population

- **Regions Served:** Boston, Boston-Dorchester, Malden, Quincy
- **Health Indicator:** Mental Health
- **Sex:** Female
- **Age Group:** Adult, Adult-Young, Child-Teen
- **Ethnic Group:** Black/African American, Hispanic/Latino
- **Language:** English , Haitian Creole

## Goals

**Statewide Priority: Promoting Wellness of Vulnerable Populations, Reducing Health Disparity****Goal Description**

To reduce infant mortality and low birth rates by improving access to pre-natal, post-pardum, and pediatric care for pregnant women and their children.

**Goal Status**

Goal accomplished. Program acheived its numerical goals.

**Partners****Partner Name, Description**

Boston Health Care for the Homeless

**Partner Web Address**

[www.bhchp.org](http://www.bhchp.org)

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description**

Not Specified

**Parent-to-Parent Program: Codman Square Health Center****Brief Description or Objective**

A program to reduce teenage pregnancies, enroll pregnant women into care early in their pregnancies, and support women and their babies to remain connected to services until their baby is 2 years of age.

**Program Type**

Community Education, Direct Services, Health Coverage Subsidies or Enrollment, Health Screening, Outreach to Underserved, Prevention, Support Group

**Target Population**

- **Regions Served:** Boston, Boston-Dorchester, Quincy
- **Health Indicator:** Access to Health Care, Mental Health, Other: Child Care, Other: Domestic Violence, Other: Family Planning, Other: Homelessness, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Home, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior
- **Sex:** Female
- **Age Group:** Adult, Adult-Young, Child-Teen
- **Ethnic Group:** Black/African American, Hispanic/Latino
- **Language:** English , Haitian Creole

**Goals****Statewide Priority: Promoting Wellness of Vulnerable Populations, Reducing Health Disparity****Goal Description**

To reduce infant mortality and low birth rates by improving access to pre-natal, post-pardum, and pediatric care for pregnant women and their children.

**Goal Status**

Goal accomplished. Program acheived its numerical goals.

**Partners****Partner Name, Description**

Codman Square Health Center

**Partner Web Address**

[www.codman.org](http://www.codman.org)

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, [sdong@tuftsmedicalcenter.org](mailto:sdong@tuftsmedicalcenter.org)

**Detailed Description**

Not Specified

**Parent-to-Parent Program: Dorchester House Multi-Service Center****Brief Description or Objective**

A program to reduce infant mortality and improve birth weights of babies, increase the number of healthy babies, reduce teen pregnancy, reduce barriers to behavioral health services, improve access to primary care and establishment of a medical home for pregnant and mothering Vietnamese women in the community.

<b>Program Type</b>	Community Education,Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Boston-South Boston, Malden, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Family Planning, Other: Homelessness, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Home, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> Adult, Adult-Young, Child-Teen</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, Hispanic/Latino, White</li> <li>• <b>Language:</b> Chinese , English , Haitian Creole</li> </ul>

**Goals**  
**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To reduce infant mortality and low birth rates by improving access to pre-natal, post-pardum, and pediatric care for pregnant women and their children.	Goal accomplished. Program acheived its numerical goals.

#### Partners

Partner Name, Description	Partner Web Address
Dorchester House Multi-Service Center	www.dorchesterhouse.org

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description** Not Specified

#### Parent-to-Parent Program: Neponset Health Center

<b>Brief Description or Objective</b>	A program to ensure a healthy pregnancy, delivery of a healthy baby, a healthy mother with post-partum care and well-baby care until the infant is over 2 years old.
<b>Program Type</b>	Community Education,Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention,Support Group
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Boston-South Boston, Malden, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Family Planning, Other: Homelessness, Other: Lead Poisoning, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Home, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Adult, Adult-Young, Child-Teen</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> English , Vietnamese</li> </ul>

**Goals**  
**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To reduce infant mortality and low birth rates by improving access to pre-natal, post-pardum, and pediatric care for pregnant women and their children.	Goal accomplished. Program acheived its numerical goals.

#### Partners

Partner Name, Description	Partner Web Address
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Harbor Health Services, Inc. [www.harborhealthservices.org](http://www.harborhealthservices.org)

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, <a href="mailto:sdong@tuftsmedicalcenter.org">sdong@tuftsmedicalcenter.org</a>
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<b>Detailed Description</b>	Not Specified
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### Parent-to-Parent Program: La Alianza Hispana

<b>Brief Description or Objective</b>	A program to reduce racial disparities in prenatal health and decrease poor birth outcomes by increasing access to culturally and linguistically competent care to Boston's Black Latino, Cape Verdean and African-American communities.
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<b>Program Type</b>	Community Education,Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention,Support Group
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Boston-South Boston</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Family Planning, Other: Homelessness, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Home, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> Adult, Adult-Young, Child-Teen</li> <li>• <b>Ethnic Group:</b> Black/African American, Hispanic/Latino</li> <li>• <b>Language:</b> English , Haitian Creole , Spanish</li> </ul>
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### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To reduce infant mortality and low birth rates by improving access to pre-natal, post-partum, and pediatric care for pregnant women and their children.	Goal accomplished

### Partners

Partner Name, Description	Partner Web Address
La Alianza Hispana	<a href="http://www.laalianza.org">www.laalianza.org</a>

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, <a href="mailto:sdong@tuftsmedicalcenter.org">sdong@tuftsmedicalcenter.org</a>
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<b>Detailed Description</b>	Not Specified
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### Parent-to-Parent Program: Uphams Corner Health Center

<b>Brief Description or Objective</b>	A program to reduce infant mortality and the incidence of low-birth weight through early prenatal care, post-partum care and pediatric care.
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<b>Program Type</b>	Community Education,Direct Services,Health Coverage Subsidies or Enrollment,Health Screening,Outreach to Underserved,Prevention,Support Group
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston, Boston-Dorchester, Lowell, Malden, Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Mental Health, Other: Family Planning, Other: Homelessness, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Safety - Auto/Passenger, Other: Safety - Home, Other: Sexually Transmitted Diseases, Other: Uninsured/Underinsured, Responsible Sexual Behavior</li> <li>• <b>Sex:</b> Female</li> <li>• <b>Age Group:</b> Adult, Adult-Young, Child-Teen</li> <li>• <b>Ethnic Group:</b> Asian, Black/African American, Hispanic/Latino, White</li> <li>• <b>Language:</b> Chinese , English , Haitian Creole , Spanish</li> </ul>
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### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
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To reduce infant mortality and low birth rates by improving access to pre-natal, post-pardum, and pediatric care for pregnant women and their children.

Goal accomplished. Program acheived its numerical goals.

## Partners

Partner Name, Description	Partner Web Address
Uphams Corner Health Center	www.uphamscornerhealthctr.com

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description** Not Specified

## Social Services: Asian Access Program

**Brief Description or Objective** A program that helps non-English speaking Asians to understand the healthcare system and enroll in appropriate health insurance plans.

**Program Type** Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Coverage Subsidies or Enrollment,Outreach to Underserved

**Target Population**

- **Regions Served:** Boston, Boston-Greater
- **Health Indicator:** Access to Health Care
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**  
**Statewide Priority:** Address Unmet Health Needs of the Uninsured, Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description	Goal Status
To respond to community members need for assistance in understanding and navigating the health care system. Annually the program serves an excess of 12000 people in individual and group situations.	Goal exceeded 12000.

## Partners

Partner Name, Description	Partner Web Address
Not Specified	

**Contact Information** Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description** Not Specified

## Stern Nutrition Center: Nutrition from the Ground Up

**Brief Description or Objective** An interactive educational event to help employees and patients with good nutrition, diet, and weight.

**Program Type** Community Education,Community Participation/Capacity Building Initiative,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston
- **Health Indicator:** Other: Nutrition
- **Sex:** Female, Male

- **Age Group:** Adult
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

To provide nutritional information and counseling to 100 people.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Stern Nutrition Center: Oak Street Fair, Chinatown****Brief Description or Objective**

An educational event where culturally oriented healthy foods were presented to the public in a fun and interactive way to promote good nutrition and prevent obesity.

**Program Type**

Community Education,Community Participation/Capacity Building Initiative,Prevention

**Target Population**

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Other: Cultural Competency, Other: Nutrition, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** Asian
- **Language:** Chinese , English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

To reach as many community members as possible. 135 adults and children were engaged in conversations and demonstrations with the nutritionist.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Trauma: Falls Prevention Program****Brief Description or Objective**

The program engages older adults through community health presentations to prevent falls and support seniors wellness and safety.

**Program Type**

Community Education,Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Chinatown
- **Health Indicator:** Other: Elder Care, Other: Safety, Other: Safety - Home, Other: Safety - Sports
- **Sex:** Female, Male
- **Age Group:** All Adults, All Children

- **Ethnic Group:** Asian, Hispanic/Latino, White
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To engage 300 older adults in a series of presentations to promote fall prevention and the consequences of falls.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Kiwanis Pediatric Trauma Institute: Early Education Pediatric Injury Prevention****Brief Description or Objective**

Special events designed for new patients, to promote pediatric safety. Issues include car seats, burn injury, shaken baby syndrome, and home safety.

**Program Type**

Community Education,Prevention

**Target Population**

- **Regions Served:** Boston-Greater
- **Health Indicator:** Other: Safety, Other: Safety - Home
- **Sex:** Female, Male
- **Age Group:** All Children
- **Ethnic Group:** All
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To reach as many children as possible through multiple events to prevent injuries.

**Goal Status**

Goal achieved; number served 4600

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Kiwanis Pediatric Trauma Institute: Family Day Bike Rodeo****Brief Description or Objective**

The program teaches bicycle safety/injury prevention and proper riding skills to children.

**Program Type**

Community Education,Prevention

**Target Population**

- **Regions Served:** Boston-Greater, Lowell, Malden
- **Health Indicator:** Injury and Violence, Other: Safety
- **Sex:** Female, Male
- **Age Group:** Child-Preschool, Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** All
- **Language:** English

**Goals**



**Statewide Priority: Promoting Wellness of Vulnerable Populations**

Goal Description	Goal Status
To reach as many children as possible through multiple events to prevent injuries and promote bike safety.	Goal achieved; number served 6025

**Partners****Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Kiwanis Pediatric Trauma Institute: Project Belts**

<b>Brief Description or Objective</b>	A seat belt safety program geared towards second grade students.
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<b>Program Type</b>	Community Education,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Greater</li> <li>• <b>Health Indicator:</b> Injury and Violence, Other: Safety, Other: Safety - Auto/Passenger</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Child-Infant, Child-Preschool, Child-Preteen, Child-Primary School, Child-Teen, Child-Toddler</li> <li>• <b>Ethnic Group:</b> All</li> <li>• <b>Language:</b> English</li> </ul>
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**Goals****Statewide Priority: Promoting Wellness of Vulnerable Populations**

Goal Description	Goal Status
To reach as many children as possible through multiple events to prevent injuries and promote seat belt safety.	Goal achieved; number served 4100

**Partners****Partner Name, Description Partner Web Address**

Not Specified

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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**Kiwanis Pediatric Trauma Institute: Safe On My Bike**

<b>Brief Description or Objective</b>	A program based on classroom curriculum dealing with bicycle safety.
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<b>Program Type</b>	Community Education,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Greater</li> <li>• <b>Health Indicator:</b> Other: Safety, Other: Safety - Auto/Passenger</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> Child-Preschool, Child-Preteen, Child-Primary School, Child-Teen, Child-Toddler</li> <li>• <b>Ethnic Group:</b> All</li> <li>• <b>Language:</b> English</li> </ul>
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**Goals****Statewide Priority: Promoting Wellness of Vulnerable Populations**



<b>Goal Description</b>	<b>Goal Status</b>
To reach as many children as possible through multiple events to prevent injuries and promote bike safety.	Goal achieved; number served 1000

#### Partners

<b>Partner Name, Description</b>	<b>Partner Web Address</b>
Not Specified	

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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#### Board of Governors Community Outreach: Asian Community Health Fair

<b>Brief Description or Objective</b>	Health fair offered vision, dental, blood pressure, and glucose screenings and health information. Cancer, cardiovascular, pediatric safety, and Asian Access program information were dispersed to the public.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Chinatown</li> <li>• <b>Health Indicator:</b> Access to Health Care, Other: Cancer, Other: Cardiac Disease, Other: Cultural Competency, Other: Dental Health, Other: Diabetes, Other: Hypertension, Other: Safety, Other: Vision</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> All Adults</li> <li>• <b>Ethnic Group:</b> Asian</li> <li>• <b>Language:</b> Chinese , English</li> </ul>
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#### Goals

**Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

<b>Goal Description</b>	<b>Goal Status</b>
To disperse a variety of health information and engage 140 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.	Goal accomplished

#### Partners

<b>Partner Name, Description</b>	<b>Partner Web Address</b>
Not Specified	

<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org
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<b>Detailed Description</b>	Not Specified
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#### Board of Governors Community Outreach: Quincy Community Health Fair

<b>Brief Description or Objective</b>	Health fair offered vision, dental, blood pressure, cholesterol, tuberculosis and glucose screenings and health information. Cancer, cardiovascular, pediatric safety, and Asian Access program information were dispersed to the public.
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<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention
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<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Quincy</li> <li>• <b>Health Indicator:</b> Access to Health Care, Other: Cancer, Other: Cardiac Disease, Other: Cultural Competency, Other: Dental Health, Other: Diabetes, Other: HIV/AIDS, Other:</li> </ul>
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Hypertension, Other: Safety, Other: Vision

- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Asian, Black/African American, White
- **Language:** Chinese , English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations, Reducing Health Disparity**Goal Description**

To disperse a variety of health information and engage 300 attendees in a dialogue with healthcare providers about upcoming screening and the availability of bilingual medical providers.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Dermatology: Psoriasis Patient Education****Brief Description or Objective**

Patient education in psoriasis and psoriatic arthritis in partnership with the National Psoriasis Foundation.

**Program Type**

Community Education

**Target Population**

- **Regions Served:** Boston-Greater
- **Health Indicator:** Other: Arthritis
- **Sex:** Female, Male
- **Age Group:** Adult, Adult-Elder, Adult-Young, Child-Teen
- **Ethnic Group:** Asian, Black/African American, White
- **Language:** English

**Goals****Statewide Priority:** Promoting Wellness of Vulnerable Populations**Goal Description**

To reach 25 patients in an information session to increase awareness about psoriasis and the relationship to psoriatic arthritis.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Cancer Center: National Marrow Donor Program- Be the Match Registry****Brief Description or Objective**

A bone marrow drive to increase donors from the underrepresented Asian population.

**Program Type**

Community Education, Outreach to Underserved

**Target Population**

- **Regions Served:** Boston-Chinatown
- **Health Indicator:** Other: Cancer
- **Sex:** Female, Male
- **Age Group:** All Adults
- **Ethnic Group:** Asian, Black/African American, Hispanic/Latino, White
- **Language:** Chinese , English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

To encourage more Asians in the Boston community to become bone marrow donors.

**Goal Status**

The event succeeded in recruiting 23 of donors; however only 2 Asian donors were identified. Efforts need to continue to increase the number of Asian bone marrow donors.

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Pediatrics: Opioid Dependence Treatment Program****Brief Description or Objective**

A program that serves 16-24 year old clients who abuse prescription narcotics with a combination of outpatient medical therapy, individual counseling and psychiatric consultation for mental health comorbidity.

**Program Type**

Direct Services,Health Screening

**Target Population**

- **Regions Served:** Boston-South Boston
- **Health Indicator:** Mental Health, Other: Alcohol and Substance Abuse
- **Sex:** Female, Male
- **Age Group:** Adult-Young, Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** White
- **Language:** English

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

To help 110 youth and young adults recover from substance abuse.

**Goal Status**

Goal accomplished

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000, sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Health Center Support: Manet Community Health Center, Inc****Brief Description or Objective**

The focus of the health center support is chronic disease management. Specialty nurses are assigned to all Manet sites to provide individual counseling to patients to improve chronic disease management.

**Program Type**

Direct Services,Health Screening,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston-Dorchester, Boston-Greater, Quincy
- **Health Indicator:** Access to Health Care, Mental Health, Other: Alzheimer Disease, Other: Asthma/Allergies, Other: Cancer, Other: Cardiac Disease, Other: Diabetes, Other: Hypertension, Other: Nutrition, Other: Pulmonary Disease/Tuberculosis, Overweight and Obesity
- **Sex:** Female, Male
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** English

**Goals**

**Statewide Priority:** Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

**Goal Description**

To provide nursing support and counseling to improve chronic disease management.

**Goal Status**

Goal accomplished; number served 800

**Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Health Center Support: Neponset Health Center: Infant Mortality Reduction/Perinatal Care****Brief Description or Objective**

A program that provides linguistically and culturally appropriate counseling, screenings, pre-natal health education and care, and breast feeding support to pregnant women.

**Program Type**

Direct Services,Health Screening,Outreach to Underserved,Prevention

**Target Population**

- **Regions Served:** Boston, Boston-Dorchester, Boston-South Boston, Malden, Quincy
- **Health Indicator:** Access to Health Care, Mental Health, Other: Nutrition, Other: Parenting Skills, Other: Pregnancy, Other: Safety, Other: Uninsured/Underinsured
- **Sex:** Female
- **Age Group:** Adult, Adult-Young, Child-Teen
- **Ethnic Group:** All
- **Language:** English , Spanish , Vietnamese

**Goals**

**Statewide Priority:** Promoting Wellness of Vulnerable Populations

**Goal Description**

The program is coordinated and integrated with the Parent-to-Parent program. Please refer to Parent-to-Parent program for additional information.

**Goal Status****Partners****Partner Name, Description Partner Web Address**

Not Specified

**Contact Information**

Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org

**Detailed Description**

Not Specified

**Health Center Support: South Boston Community Health Center****Brief Description or Objective**

The health center support focuses on two health issues: pediatric asthma and the creation of a registry and addressing substance abuse.

<b>Program Type</b>	Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Outreach to Underserved,Prevention	
<b>Target Population</b>	<ul style="list-style-type: none"> <li>• <b>Regions Served:</b> Boston-Greater, Boston-South Boston</li> <li>• <b>Health Indicator:</b> Access to Health Care, Environmental Quality, Mental Health, Other: Alcohol and Substance Abuse, Other: Asthma/Allergies, Substance Abuse</li> <li>• <b>Sex:</b> Female, Male</li> <li>• <b>Age Group:</b> All</li> <li>• <b>Ethnic Group:</b> All</li> <li>• <b>Language:</b> English</li> </ul>	
<b>Goals</b>		
<b>Statewide Priority:</b> Promoting Wellness of Vulnerable Populations, Reducing Health Disparity		
<b>Goal Description</b>	<b>Goal Status</b>	
To engage 14000 patients and to provide specialize care for those in need of asthma care and substance abuse treatment.	Goal accomplished	
<b>Partners</b>		
<b>Partner Name, Description</b>	<b>Partner Web Address</b>	
Not Specified		
<b>Contact Information</b>	Community Health Improvement Programs, Tufts Medical Center, 800 Washington Street, #116 Boston, MA 02111, 617-636-5000 , sdong@tuftsmedicalcenter.org	
<b>Detailed Description</b>	Not Specified	

## Expenditures

Program Type	Estimated Total Expenditures for FY2010	Approved Program Budget for 2010
<a href="#">Community Benefits Programs</a>	<a href="#">Direct Expenses</a> \$4,572,979 <a href="#">Associated Expenses</a> \$0 <a href="#">Determination of Need Expenditures</a> \$83,106 <a href="#">Employee Volunteerism</a> \$158,974 <a href="#">Other Leveraged Resources</a> \$380,899	\$1,413,000  *Excluding expenditures that cannot be projected at the time of the report.
<a href="#">Net Charity Care</a>	<a href="#">HSN Assessment</a> \$7,383,498 <a href="#">HSN Denied Claims</a> \$20,885 <a href="#">Free/Discount Care</a> \$2,128,764 <a href="#">Total Net Charity Care</a> \$9,533,147	
<a href="#">Corporate Sponsorships</a>	\$183,455	
	<b>Total Expenditures</b> \$5,379,413	
<b>Total Patient Care-Related Expenses for FY2010</b>		<b>\$577,929,530</b>
<b>Comments:</b> None		

**Optional Information**

Expenditures	Amount	
<a href="#">Community Service Programs</a>	<a href="#">Direct Expenses</a>	\$93,930
	<a href="#">Associated Expenses</a>	\$0
	<a href="#">Determination of Need Expenditures</a>	\$0
	<a href="#">Employee Volunteerism</a>	\$18,908
	<a href="#">Other Leveraged Resources</a>	\$529,812
<b>Total Community Service Programs</b>	\$642,650	
<b>Bad Debt:</b>	Not Specified    Not Specified	
<b>IRS 990:</b>	Not Specified	