

South Shore Hospital - FY2015

Community Benefits Mission Statement

South Shore Hospital's community benefits program will advance the hospital's charitable mission of promoting good health, healing, caring and comforting by focusing on initiatives that support the principles of Massachusetts health care reform, improve the management of chronic diseases, reduce disparities in the provision of care, promote wellness in vulnerable populations, and sustain access to vital health services.

Target Populations

Name of Target Population	Basis for Selection
Those at risk of developing or who have chronic disease	Community health needs assessment, statewide health priority
Particularly vulnerable population: elderly and at-risk youth	Community health needs assessment, statewide health priority
Those at risk of experiencing disparities in care due to income, education, disabilities, race, ethnicity, language or other criteria	Statewide health priority
Those requiring assistance obtaining health insurance or guidance in navigating health system	Statewide health priority

Publication of Target Populations

Marketing Collateral, Annual Report, Website

Hospital/HMO Web Page Publicizing Target Pop.

<http://www.southshorehospital.org/communitybenefits>

Key Accomplishments of Reporting Year

Several accomplishments represent highlights of fulfilling our 2015 Community Benefits Plan. Among these highlights are:

1) The expansion and further success of the South Shore Moves! program. South Shore Moves! is an 8-week workplace wellness challenge created in 2013 to engage people in actively improving their health through a structured friendly competition. In 2015 636 people, from 17 companies, participated in a South Shore Moves challenge. As a result, almost 2,000 people from more than 30 organizations across the South Shore, have increased their engagement in their own wellness through our 8 SSM challenges.

2) Creating the Health

Compass website -- in collaboration with our three regional CHNAs -- to provide interactive health data useful for

tracking and addressing community health challenges.

3) Undertaking and supporting a variety of initiatives to address the regional substance abuse dilemma, including: supplying first responders with Narcan, establishing deeper collaborations with community partners to improve care and referrals for patients in the emergency room, and facilitating support groups such as "Tough Love".
Strengthening the internal coordination and planning process of our Community Benefits programs through the creation of a Community Benefits Advisory Group. This group established a more regular structure for meetings and communication among leaders from various clinical areas engaged in community activities.

4) Beginning a new Community Health Needs Assessment that will reassess the priority health needs in our communities and serve as a guide for the planning of a comprehensive strategy for programs and services that will connect patients and families to resources that address these challenges.

Plans for Next Reporting Year

Major initiatives for 2015 include:

- 1) Completing our 2016 Community Health Needs Assessment.
- 2) Using the findings of the needs assessment as a central resource for the planning of system-wide programs to address the identified community needs and to establish these coordinated community programs as a core component of progressing toward the system's vision for population health management.

Community Benefits Process

Select Community Benefits Process

Community Benefits Leadership/Team

Cathy Moore
Charles Arienti
Deborah Pentecost
Donna Chase
Eugene Duffy

James green
Jann Ahern
Jennifer Logan
Jim Doyle
Karen LaFond
Karen Vinciguera
Katrina Dwyer
Kimberly Noble
Kristopher Young
Lisa Rabideau
Lisa Raymond
Lynn Cornelius
Marcia Smith
Maria Parisi
Marie McCarthy
Mary Higgins
Patricia Smith
Peg Holda
Sarah Darcy
Steven Nikolsky
Susan Noyes
AnneMarie Firestone
Alan Macdonald
Jesslyn Lenox
Cheryl Coveney
Barbara Wahlstrom
Katie Howard
Jackie Kilrain
Joan Cooper-Zack
Benjamin Asfaw
Andrea Collins
Mark Manfeldt
Faye Weir
Susan Medici
Timothy Quigley
Jennifer Croes
Heather Dwyer
Thomas Carroll
Rose DiPietro
Joseph Cahill
Kathleen Powers
Christine Just
Diane Holmes
Lisa Gouthro
Marian Gilmore
Marlene Sullivan
Julie Kembel

Community Benefits Team Meetings

The Community Benefits Workgroup meets approximately three times per year.

Regular email updates are sent to the CB group to provide information on upcoming community outreach events and programs, share information regarding opportunities in the community, and to coordinate system participation in relevant community activities.

Community Partners

Manet Community Health Center
Quincy Asian Resources, Inc.
Health Care For All
South Shore Chamber of Commerce
Town of Weymouth
Town of Braintree
City of Quincy
Massachusetts Hospital Association
South Shore YMCA
Blue Hills Community Health Network Area
(CHNA 20)
Greater Brockton Health Alliance (CHNA 22)
South Shore Community Partners in
Prevention (CHNA 23)
Congressman William Keating
Plymouth County District Attorney
Norfolk County District Attorney
MA Department of Public Health
A Healthy Balance, Inc.
Healthy Communities Institute -- Xerox,
Inc.

Community Health Needs Assessment

Date Last Assessment Completed and Current Status

Last completed needs assessment - Summer
2013
New Community Health Needs Assessment is
currently underway and will be completed -
along with a related community benefits
implementation strategy -- in the summer
of 2016.

Consultants/Other Organizations

Healthy Communities Institute, Xerox, Inc.

Data Sources

Not Specified

Select Community Benefits Programs

Chronic Disease Management: South Shore Moves! Workplace Wellness Challenge

Brief Description or Objective South Shore Moves! is an 8-week workforce wellness challenge to engage people in taking an active role in their health and to help them build wellness activities into their busy lives. The program leverages an environment of friendly competition to illustrate that everyone can take steps to accomplish meaningful improvements in their health regardless of where they start. Through coaching and collective support participants become committed to making wellness a recurring aspect of their daily routine or find new ways to keep at it.

Program Type Community Education,Community Participation/Capacity Building Initiative,Direct Services,Health Screening,Prevention

Target Population

- **Regions Served:** Other-Southeastern MA

- **Health Indicator:** Other: Cardiac Disease, Other: Diabetes, Other: Hypertension, Other: Stress Management, Overweight and Obesity
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations

Goal Description	Goal Status
South Shore Moves! is designed to provide an accessible and fun forum to introduce people to building engagement in their own wellness. Utilizing a structure of friendly competition between and among businesses, South Shore Moves promotes manageable ways for people build wellness into their busy lives.	Nearly 700 people, from 10 companies, participated in SSM Challenges during 2015. This brings the total to just under 2,000 Movers from 30 companies during the seven challenges.

Partners

Partner Name, Description	Partner Web Address
South Shore Moves!	http://southshoremoves.com/
A Healthy Balance, Inc., corporate wellness company	http://www.ahhealthybalanceinc.com/

Contact Information fiogf49gjkf0dAlan Macdonald, South Shore Hospital, (781) 624-8564, alan_macdonald@sshosp.org

Detailed Description [Download/View Attachment](#)(448.98 KB)
File Name: South Shore Moves! Spring 2014.pdf

Chronic Disease Management: Cardiovascular Community Outreach Program

Brief Description or Objective South Shore Hospital's Cardiovascular Center is dedicated to the prevention – as well as the treatment – of heart disease, stroke, and peripheral vascular conditions. In addition to the core clinical services, our Cardiovascular Center provides free health education, workshops, and screenings to help reduce the incidence and severity of cardiovascular disease. In FY2015, the Center's community benefits initiatives to address cardiovascular disease included:

- o Hosting free community health education programs, to familiarize participants with cardiovascular disease and stroke prevention and management techniques. These include visits to community centers, information and screening tables at community health fairs, and regular heart health lectures.
- o Hosting free support groups for those who have experienced a stroke and for those with cardiovascular disease.
- o Partnering with the South Shore YMCA to offer a cardiac rehabilitation maintenance exercise program for individuals with stable heart disease (e.g., following bypass surgery, angioplasty, previous MI, stable angina) who have completed a course of cardiac rehabilitation. Participants will have the opportunity to exercise in a supervised outpatient group setting.
- o Offering a pulmonary rehabilitation maintenance program for individuals with stable pulmonary disease who have completed a course in pulmonary rehabilitation.
- o Supporting activities that promote building heart health such as the Friends of South Shore Hospital Road Race and a new community mall walking group.

Program Type Community Education, Direct Services, Health Screening, Prevention

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Other: Cardiac Disease, Other: Diabetes, Other: Hypertension, Other: Stress Management, Other: Stroke, Overweight and Obesity, Physical Activity

- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations

Goal Description	Goal Status
The Mall Walkers program at the South Shore Plaza and Hanover Mall provides a recurring forum for seniors to engage in moderate exercise, hear presentations on wellness topics, and socialize with peers.	An average of 30-40 adults participate in weekly and monthly mall walking programs
The Friends of South Shore Hospital Road Race provides a fun, accessible activity for families to engage in exercise in a friendly competitive environment and serves as a target goal for many cardiac rehab patients.	Approximately 250 runners and walkers participated in the 2015 Road Race.
Participation in community health and wellness fairs provides an opportunity to provide educational information and promote patient awareness and engagement in wellness issues.	South Shore Hospital representatives provided information to several thousand residents of the South Shore through regular participation in community wellness events across the region.

Partners

Partner Name, Description	Partner Web Address
American Heart Association	www.heart.org
American Stroke Association	www.strokeassociation.org
Weymouth Health Department	www.weymouth.ma.us/health/index.asp
Friends of South Shore Hospital	http://www.southshorehospital.org/friends
Braintree Department of Elder Affairs	www.townofbraintreegov.org/coa/index.html
South Shore YMCA	www.ssymca.org
South Shore plaza	http://www.simon.com/mall/south-shore-plaza

Contact Information fiogf49gikf0dKaren LaFond, RN, Nurse Manager, Cardiac and Pulmonary Rehab Dept, South Shore Hospital, (781) 624-8903, karen_lafond@sshosp.org

Detailed Description [Download/View Attachment](#)(52.37 KB)
File Name: Walk to Wellness Poster rev.1.pdf

Chronic Disease Management: Diabetes Community Outreach Program

Brief Description or Objective Our Diabetes Center provides specialized programs for health assessment, education, and

motivation for those newly diagnosed with diabetes and for those who have been managing the condition for years. The program assists people who may have concerns about diabetes or want assistance making healthy lifestyle changes. Our Diabetes Community Outreach program: o Coordinated a Diabetes Expo o provided free community health education to familiarize attendees with diabetes prevention and management techniques, using physician lectures, screenings, and workshops o hosted free support groups for those with Type I diabetes, Type II diabetes, and who use insulin pumps, and o enhanced the availability of information about diabetes prevention and management on our website and at community events.

Program Type Community Education, Direct Services, Health Screening, Outreach to Underserved, Support Group

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Other: Diabetes, Other: Nutrition, Overweight and Obesity
- **Sex:** All
- **Age Group:** All
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
The major event of the year is the Diabetes Expo which offers prevention and management information through a full day event that provides physician lectures, various screenings, interactive workshops, and vendor presentations.	Approximately 200 people participated in the very successful 2015 Diabetes Expo

Partners

Partner Name, Description	Partner Web Address
American Diabetes Association	www.diabetes.org
Diabetes Coalition of Massachusetts	www.diabetescoalitionma.org
South Shore YMCA	www.ssymca.org
Weymouth Health Department	www.weymouth.ma.us/health/index.html

Contact Information fiogf49gjkf0dAnne-Marie Firestone, Diabetes Outpatient Program Coordinator, South Shore Hospital, (781) 624-4163, annemarie_firestone@sshosp.org

Detailed Description [Download/View Attachment](#)(235.79 KB)
File Name: SSH Diabetes Expo 11-8-14.pdf

Chronic Disease Management: Cancer Care Community Outreach Program

Brief Description or Objective South Shore Hospital has a clinical affiliation with Dana-Farber Cancer Institute and Brigham and Women's Hospital to bring world-leading cancer care and treatment to the people of our region. Our Cancer Care Community Outreach Program involves 1) hosting free health education programs for anyone in the community to familiarize participants with cancer prevention as well as early detection and management techniques, such as "Beating Cancer with a Fork," (2) hosting free skin, prostate, and oral/neck/mouth screenings to support early cancer detection, (3) hosting free support groups for anyone in the community who is coping with breast cancer or prostate cancer, and (4) staffing a cancer resource center for anyone in the community who would benefit from free access to its books, brochures, computers, and other resources.

Program Type Community Education, Community Health Needs Assessment, Direct Services, Health Screening, Outreach to Underserved, Prevention, Support Group

- Target Population**
- **Regions Served:** Other-Southeastern MA
 - **Health Indicator:** Other: Cancer
 - **Sex:** All
 - **Age Group:** Adult
 - **Ethnic Group:** All
 - **Language:** English

Goals

Statewide Priority: Chronic Disease Management in Disadvantage Populations, Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
The Cancer Program at South Shore Hospital utilizes education and support programs as a core aspect of comprehensive community health care. Management and emotional support is seen as a central aspect of the healing process.	Hundreds of people participated in educational programs and support groups offered around specific aspects of cancer.

Partners

Partner Name, Description	Partner Web Address
American Cancer Society	www.cancer.org
Dana-Farber/Brigham and Women's Cancer Center	www.dfbwcc.org
Friends of Mel	www.friendsofmel.org

Contact Information fiogf49gikf0dJennifer Croes, Executive Director, Cancer Care Administration,(781) 624-8548, jennifer_croes@sshosp.org

Detailed Description Not Specified

At-Risk Youth: Youth Health Connection

Brief Description or Objective South Shore Hospital’s Youth Health Connection is committed to building and sustaining community connections through healthy dialogue and sharing knowledge to keep our youth safe today and moving forward. The program advances positive youth health outcomes through knowledge-sharing, risk prevention, respect, collaboration, connection, communication, and coalition building to collectively reduce risk and increase resiliency among children and teens. YHC was founded in 1994, primarily as a suicide prevention program, and continues to grow and develop its mission and reach. Among several signature programs within the YHC, several stand out as particularly effective in supporting youth wellness and constructive parenting, including, "How Not to Keep a Secret," "Typical or Troubled," and "South Shore FACTS: Families, Adolescents, and Communities Against Substances." Other signature programs and services of the YHC include: 5th Annual Prevention of Underage Drinking and Substance Use Conference was held in September 2015 with 266 people in attendance from 31 local communities. The keynote presenters: Marisa Silveri, PhD and Kevin Hill, MD were video taped for the event and that video is now available on the South Shore Hospital Youth Health Connection- Resources & Links page. The Safe and Substance Free 2016 Parent's Resource Guide for Helping Your Teen Stay Safe this Prom and Graduation Season is now posted and available on the South Shore Hospital Youth Health Connection-Publications Page. YHC has collaborated with the Josh Anderson Foundation this past year to pilot "The Wellness Initiative," to raise awareness about the importance of mental wellness and reduce the stigma surrounding mental health issues in school communities through student-led engagement in the design of a one -week campaign, "Breath Out 2 Calm In." Five local high schools have participated in this pilot. The goal is to create a faculty advisor manual that will allow this initiative to be easily replicated in schools throughout our region. YHC publishes a weekly 4 page electronic newsletter, filled with information on physical health and mental well-being for families, school personnel and more, it is sent to over 1350 recipients and posted on social media.

Program Type Community Education,Community Participation/Capacity Building Initiative,Direct

Services, Grant/Donation/Foundation/Scholarship, Health Professional/Staff Training, Health Screening, Mentorship/Career Training/Internship, Outreach to Underserved, Prevention, School/Health Center Partnership, Support Group

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Injury and Violence, Mental Health, Other: Alcohol and Substance Abuse, Other: Drunk Driving, Other: Parenting Skills, Other: Smoking/Tobacco, Other: Stress Management, Physical Activity, Responsible Sexual Behavior, Substance Abuse, Tobacco Use
- **Sex:** All
- **Age Group:** All Adults, Child-Preteen, Child-Teen
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
<p>To develop connected relationships for children with trusted adults. To promote positive mental health and resiliency. To reduce the risk of adolescent suicide through education about depression, destigmatizing, asking for help, increasing connection to a trusted adult. To support healthy lifestyles. To encourage positive decision-making. To provide education and awareness of bullying and cyberbullying and models for addressing it in both schools and the community. To provide education about the effects of alcohol, tobacco, and other substances and assist in developing new social norms that do not accept teen substance use.</p>	<p>Finishing its 21st year, the Youth Health Connection impacts the lives of hundreds of families from across the region in fulfillment of the program's mission.</p>

Partners

Partner Name, Description	Partner Web Address
Braintree Public Schools	http://www.braintreeschools.org
Abington Public Schools	http://www.abingtonps.org
Weymouth Public schools	http://weymouthschools.org
Hingham Public Schools	http://hinghamschools.org
Cohasset Public Schools	http://cohassetk12.org
Quincy Public Schools	http://quincypublicschools.com/

Scituate Public Schools	www.scituate.k12.ma.us
Norwell Public Schools	www.norwellschools.org
Norfolk County District Attorney	http://www.mass.gov/da/norfolk/
Plymouth County District Attorney	http://www.mass.gov/da/plymouth/
Massachusetts DPH-Suicide Prevention Program	http://www.mass.gov/eohhs/gov/departments/dph/programs/community-health/dvip/injury-prevention/suicide-prevention/
South Shore Community Action Council	http://www.sscac.org/
Mass Coalition for Suicide Prevention	www.masspreventssuicide.org
Youth Health Connection	http://www.southshorehospital.org/yhc
Scituate FACTS	http://scituatefacts.org/

Contact Information fiogf49gikf0dKim Noble, RN, BS, MBA, program coordinator South Shore Hospital's Youth Health Connection, c/o South Shore VNA, 30 Reservoir Park Drive, Rockland, MA (781)794-7415, kimberly_noble@sshosp.org

Detailed Description [Download/View Attachment](#)(609.69 KB)
File Name: yhc_th_07-17-2014.pdf

At-Risk Youth: Head Smart

Brief Description or Objective HeadSmart™ is a recovery protocol developed by physicians and school nurses to facilitate a student’s healthy return to school and sports following a concussion. The protocol is designed to engage students — as well as their families, friends, health care providers, teachers and coaches — in the recovery process. HeadSmart is the outcome of a unique collaboration among Scituate Pediatrics, Scituate High School and three South Shore Hospital programs: Sports Concussion Clinic, Youth Health Connection, and Reading Partnership. HeadSmart outlines four color-coded stages of recovery that students experience after a concussion. The four stages help to create a common language and understanding among students, family members, friends, educators and health professionals throughout the recuperation process. The HeadSmart handbook is an easy-to-use guide for middle, high school and college age students who have experienced a concussion. It is recommended that students review the handbook with family members, teachers, coaches and school health professionals. Handbook users will find: • Information about concussions • Descriptions of the four color-coded stages of recovery • Resources, programs and additional readings for students, families and teachers The handbook also includes a helpful tool called the Recovery Action Plan that can serve as a valuable checkpoint through each stage of recovery.

Program Type Community Education,Direct Services,Health Professional/Staff Training,Health Screening,Mentorship/Career Training/Internship

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Injury and Violence, Mental Health, Other: Safety - Sports

- **Sex:** All
- **Age Group:** Child-Preteen, Child-Primary School, Child-Teen
- **Ethnic Group:** All
- **Language:** Not Specified

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To teach concussion prevention and recovery protocols to students, parents, teachers, and coaches.	Conducted educational programs attended by several hundred members of target population. Also updated and re-published the HeadSmart Handbook for distribution through doctor's offices and sports programs.

Partners

Partner Name, Description	Partner Web Address
South Shore Hospital Concussion Clinic	http://www.southshorehospital.org/concussion
Youth Health Connection	http://www.southshorehospital.org/yhc
Scituate Pediatrics	http://www.healthcaresouth.com/pages/scituate.htm
Scituate Public Schools	www.scituate.k12.ma.us

Contact Information flogf49gjkf0dJanet Kent, MD, medical director, concussion management program, South SHore Hospital Center for Orthopedics, Sports, and Spine Medicine, Two Pond Park, Hingham, MA (781) 624-8162, janet_kent_MD@sshosp.org

Detailed Description [Download/View Attachment](#)(28.67 KB)
File Name: Link to HeadSmart Program and Handbook.doc

At-Risk Seniors: Healthy Aging

Brief Description or Objective South Shore Hospital recognizes that those over 60 are vulnerable to injury, illness and preventable complications caused by chronic diseases. According to the Massachusetts Department of Public Health Community Health Information Profile, older adults in our region exhibit many behavioral risk factors, including alcohol consumption, smoking, and physical inactivity. There also is prevalence among older adults in our region to be overweight, have oral health problems, and mental health conditions. Our Healthy Aging Initiative offers many programs, including: (1) providing injury-prevention information in the community, with a focus on strategies to avoid traumatic injuries from falls – a leading cause of death among those ages 65 and older - through the Matter of Balnce Program, (2) offering an exercise program for individuals with osteoporosis or osteopenia to help maintain bone density and improve posture, (3) offering a senior conditioning program for any individual with a chronic medical condition to help improve cardiovascular condition and muscular strength, (4) offering a therapeutic pool program to any individual with arthritis to increase motion and strength, (5) encouraging membership in Healthy Values Friends, a senior membership program that provides access to a wide variety of programs to help enhance social interaction and overall health and well-being, and (6) offering anyone age 62 and older discounted meals in our dining room on Mondays-Fridays between 3:30-5 p.m.

Program Type Community Education,Direct Services,Health Professional/Staff Training,Health Screening,Prevention,Support Group

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Other: Alcohol and Substance Abuse, Other: Arthritis, Other: Cancer, Other: Chronic Pain , Other: Diabetes, Other: Elder Care, Other: Hypertension, Other: Nutrition, Other: Osteoporosis/Menopause, Other: Stress Management, Other: Stroke
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** Not Specified

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
A particular goal in 2015 was to strengthen our performance in connecting at risk seniors to community resources to prevent injury.	In 2015 we leveraged DPH funding throught the Prevention & Wellness Trust Fund, along with internal resources, to enhance referral practices of at-risk seniors to fall prevention programs in the community such as A Matter of Balance and Tai-Chi.

Partners

Partner Name, Description	Partner Web Address
South Shore Senior News	http://southshoresenior.com
Braintree Council on Aging	www.townofbraintreegov.org/coa/index.html
Marshfield Council on Aging	www.townofmarshfield.org/public_documents/marshfieldma_aging/index
Hingham Department of Elder Services	www.hingham-ma.gov/elder/index.html
Rockland Council on Aging	http://rockland-ma.gov/departments/depts_coa.asp
Weymouth Elder Services Division	www.weymouth.ma.us/elder/index.asp?id=1183
Scituate Council on Aging	www.town.scituate.ma.us/coa/index.html
South Shore Elder Services Prevention and	www.sselder.org

Wellness
Trust Fund

Contact Information fiogf49gjkf0dAlan Macdonald, Community Benefits Officer, South Shore Hospital, (781) 624-8564, alan_macdonald@sshosp.org

Detailed Description [Download/View Attachment](#)(725.49 KB)
File Name: SSH Matter of Balance 9-30-14.pdf

At-Risk Populations: Musculoskeletal Education

Brief Description or Objective A series of programs were developed and offered in 2015 to provide education on musculoskeletal wellness. Musculoskeletal injuries -- particularly in seniors -- often limit physical activity for both short and long term, leading to a meaningful decline in general wellness. These educational programs were offered to prevent and help recovery from these injuries so that people can remain active and as healthy as possible. The programs include: o Foot Injury Prevention and Care Thomas Lyons,DPM o Prevention and Treatment of Running Injuries Michael Rowland, MD o Matter of Balance (geriatric fall prevention (2 flights of a 10 week program) o Foot Care Options (including diabetic concerns) Christopher Lock DPM o Current Treatment of Osteoarthritis Michael O'Reilly, MD o Osteoarthritis of the Knee Michel O'Reilly, MD o Prevention and Treatment of Foot Injuries Thomas Lyons,MD o Treatment Options for the Arthtic Knee Michael Ayers, MD o Lower Back Pain, Treatment Options Janet Limke, MD

Program Type Community Education

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Injury and Violence, Physical Activity
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** English

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description	Goal Status
To educate people -- particularly seniors -- in key aspects of musculoskeletal issues in order to promote physical activity and overall wellness.	Several hundred people participated in one or more of these programs.

Partners

Partner Name, Description	Partner Web Address
South Shore Orthopedics	http://www.southshoreorthopedics.com/
South Shore Hospital Home Care Division	http://www.southshorehospital.org/home-health-care

Contact Information fiogf49gjkf0dJames Green, executive Director, Orthopedic, Sports, and Spine Medicine, south shore Hospital, james_green@sshosp.org

Detailed Description [Download/View Attachment](#)(342.76 KB)
File Name: SSH Foot Care 3-3-15.pdf

Supporting MA Health Reform/ Enhancing Access to Care: Insurance Coverage and System Navigation Assistance

Brief Description or Objective The 2006 Massachusetts Health Care Reform Law has produced an important outcome: 98 percent of residents now have health insurance. The success is due, in part, to organizations such as South Shore Hospital which have taken responsibility for helping people obtain coverage and navigate the health care system. South Shore Hospital's commitment to supporting the community has continued through the introduction of the Affordable Care Act. The process of applying for

insurance benefits can be challenging, particularly among those who have low health literacy and in light of the many changes taking place in the system. Our Certified Application Counselors continued to help anyone in our community apply for health insurance, advocating on their behalf with state, Federal, and private insurers to secure coverage and financial assistance for which they may be eligible. Guidance is also given directly to patients for appropriate resources to provide care, whether at South Shore Hospital or through other providers.

Program Type

Direct Services

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** Access to Health Care
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Supporting Healthcare Reform

Goal Description	Goal Status
Educate and support anyone in our region who needs assistance applying for health insurance and accessing appropriate care providers.	Our counselors worked with 2,475 people in need of assistance in obtaining insurance coverage and/or guidance to appropriate care. 1,084 of these individuals were not patients of South Shore Hospital.

Partners

Partner Name, Description	Partner Web Address
Not Specified	

Contact Information	fiogf49gjkf0dCheryl Coveney, Director, Patient Access Services, South Shore Hospital, (781) 624-4054, , cheryl_coveney@sshosp.org
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Detailed Description	Not Specified
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Building Healthy Communities Program

Brief Description or Objective	A “Healthy Community” is where people come together to make their community better for themselves, their families, their friends, their neighbors, and others. A Healthy Community creates ongoing dialogue, generates leadership opportunities for all, embraces diversity, connects people and resources, fosters a sense of community, and shapes its future. South Shore Hospital is actively involved in building healthier communities. Our Building Healthier Communities Program includes (1) playing a leadership role in the South Shore Partners in Emergency Planning, which brings together officials from area towns to plan and simulate how to work together in the event of a man-made or natural disaster, pandemic or other catastrophic event, (2) Using both a hospital-based and a mobile simulation lab, our experts provide realistic emergency services training and certification for regional first responders, (3) collaboration with our home community of Weymouth through several public health initiatives such as medical direction for the Weymouth Health Department, participation in Weymouth’s ‘Mass in Motion’ grant program, and sponsoring the “Healthy Wey” initiative to promote healthy living and working environments, (4) addressing the critical community challenge of substance abuse through the provision of Narcan to first responders in order to save the lives of patients experiencing a life threatening overdose and by providing financial support to the Weymouth Fire Department to create the FAST (Family Addiction Support Team) Program – a resource information program for the families of substance abuse patients, (5) providing more than 1,000 free flu shots to colleagues and members of the community, (6) offering Hospital facilities free of charge and other resources to community groups such as the Weymouth Historical Society, the Friends of Fogg Library, and more than 20 support groups, (7) providing free courtesy coach transportation for patients who have exhausted other options and need a ride to South Shore Hospital services, and (8) working with our regional CHNA network -- including the Blue Hills Community Health Alliance (CHNA 20), the Greater
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Brockton Community Health Alliance (CHNA 22) and the South Shore Community Partners in Prevention (CHNA 23) – to expand the impact of these groups as a leading voice and resource to improve the region’s health and well-being.

Program Type

Community Education,Community Participation/Capacity Building Initiative,Direct Services,Grant/Donation/Foundation/Scholarship,Health Professional/Staff Training,Prevention

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** All
- **Sex:** All
- **Age Group:** Adult
- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations, Reducing Health Disparity

Goal Description

South SHore Hospital recognizes the need to be seen not just as an acute medical provider, but as a community resource for lifelong wellness and community engagement.

Goal Status

The programs listed and community engagement activities on a daily basis continue to strengthen SouthSHore Hospital's position as a leading force for community wellness and vitality.

Partners

Partner Name, Description

Partner Web Address

Town of Weymouth
Blue Hills Community Helath Alliance (CHNA 20)
Greater Brockton Health Alliance (CHNA 22)
South SHore Community Partners in Prevention (CHNA 23)

www.weymouth.ma.us
<http://www.bluehillscha.org>
<http://chna22.org/>
<http://chna23.org/>

Contact Information

fiogf49gjkf0dAlan Macdonald, CommunityBenefits Officer, South Shore Hospital, (781) 624-8564, alan_macdonald@sshosp.org

Detailed Description

Not Specified

Community Support & Community Engagement

Brief Description or Objective

As a large provider of health care and a major employer in our region, it is important for South Shore Hospital to be engaged in our larger community and to support efforts to make our region a healthier, safer, and more vibrant place to live and work. In an effort to fulfill this objective we provide financial sponsorship and direct personal participation is many organizations and initiatives committed to the same goal. Among the financial and personal resources that we commit to strengthening our community are the following organizations: o Health Care For All o Manet Community Health Center o Massachusetts Health Council o The Town of Weymouth through a voluntary Payment In Lieu Of Taxes (PILOT) in the amount of \$752,244 in 2015. o South Shore Chamber of Commerce o Weymouth Rotary Club o Weymouth Columbian Square Business Association o Massachusetts Taxpayers Foundation

Program Type

Community Education,Community Participation/Capacity Building Initiative,Grant/Donation/Foundation/Scholarship,Prevention

Target Population

- **Regions Served:** Other-Southeastern MA
- **Health Indicator:** All
- **Sex:** All
- **Age Group:** All

- **Ethnic Group:** All
- **Language:** All

Goals

Statewide Priority: Promoting Wellness of Vulnerable Populations

Goal Description **Goal Status**
 Not Specified

Partners

Partner Name, Description **Partner Web Address**

Health Care For All	www.hcfama.org
Manet Community Health Center	http://www.manetchc.org/
Town of Weymouth	http://www.weymouth.ma.us/
South Shore Chamber of Commerce	http://www.southshorechamber.org/
Weymouth Rotary Club	http://portal.clubrunner.ca/5381
Weymouth Columbian Square Business Association	http://columbiansquare.com/
Massachusetts Taxpayers Foundation	http://www.masstaxpayers.org/
South Shore Workforce Investment Board	http://southshorewib.org/

Contact Information fiogf49gjkf0dAlan Macdonald,Community Benefits Officer,South Shore Hospital,(781)624-8564 , alan_macdonald@sshosp.org

Detailed Description Not Specified

Expenditures

Program Type	Estimated Total Expenditures for FY2015	Approved Program Budget for 2015
Community Benefits Programs	Direct Expenses \$3,250,782 Associated Expenses Not Specified Determination of Need Expenditures \$440,000 Employee Volunteerism Not Specified Other Leveraged Resources \$168,000	\$8,200,000 *Excluding expenditures that cannot be projected at the time of the report.
Net Charity Care	HSN Assessment \$3,093,026 HSN Denied Claims Not Specified Free/Discount Care \$953,782 Total Net Charity Care \$4,046,808	
Corporate Sponsorships	Not Specified	
	Total Expenditures \$7,905,590	
Total Patient Care-Related Expenses for FY2015		\$444,571,528
Comments: None		

Optional Information

Expenditures	Amount	
Community Service Programs	Direct Expenses Not Specified Associated Expenses Not Specified Determination of Need Expenditures Not Specified Employee Volunteerism Not Specified Other Leveraged Resources Not Specified	
Total Community Service Programs	Not Specified	
Bad Debt:	\$12,246,072 Certified	
IRS 990:	Not Specified	